



MARRIOTT
STUTTGART
SINDELFINGEN

WELCOME

TO THE STUTTGART MARRIOTT HOTEL SINDELFINGEN

YOUR HOME AWAY FROM HOME!

T+49 7031.696.901

Mahdentalstr. 68, 71065 Sindelfingen

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WELCOME TO STUTTGART

Stuttgart is located in the state of Baden-Württemberg in the southwest of Germany. It is the fourth largest metropolis in the country, with a population of more than 2,8 million in the city and its surrounding area. It is a thriving major German urban centre with a wide range of industry and tourism. The annual Cannstatter Volksfest is the second largest festival in the world after the Oktoberfest. More than 20,000 U.S. military personnel, U.S. federal agencies, civilians and family members make up the garrison community at the Panzer Barracks, Patch Barracks, Kelley Barracks, Robinson Barracks and Stuttgart Army Airfield.

Stuttgart is a great place to work and live, with a dynamic joint military community spread across five installations. The operational environment, coupled with all the off-duty activities the greater Stuttgart area has to offer, makes this a professionally and personally rewarding assignment.

1. STUTTGART MARRIOTT HOTEL SINDELFINGEN

With sophisticated accommodations and modern amenities, the Stuttgart Marriott Hotel Sindelfingen sets the tone for a restful visit to Germany. You will be delighted with our convenient location, just minutes from both the centre of Stuttgart and the airport and next to the base. Our spacious and modern rooms and suites are beautifully designed and full of helpful amenities, including soundproof windows, large HDTVs and high-speed Wi-Fi. Other hotel amenities include an indoor pool, on-site fitness centre and sauna. Start your morning here in Sindelfingen with breakfast in our buffet restaurant, sip a cocktail in our bar & restaurant The Local or enjoy a perfectly grilled USDA certified steak in our steakhouse restaurant.



1.1. OPENING HOURS

Reception: (Level 0)	24h
Fitness Center: (Level -1)	24h
Pool: (Level -1)	7:00 a.m.- 11:00 p.m.
Sauna: (Level -1)	5:00 p.m. - 10:00 p.m.
The Local Bar & Restaurant: (Level 0)	Mo-Sun 11:00 a.m. - 1:00 a.m. (<i>Kitchen until 11:00 p.m.</i>)
Steakhouse Restaurant: (Level 0)	Mo-Sun 5:30 p.m. - 10:00 p.m.
Executive Lounge: (Level 7)	6:00 a.m. - 12:00 p.m. <i>Non-alcoholic beverages</i> 11:30 a.m. - 10:00 p.m. <i>Alcoholic beverages & dinner options</i> 5:30 p.m. - 9:00 p.m.

1.2. BREAKFAST, LUNCH & DINING OPTIONS

BREAKFAST - OPTION 1:

„All American“ Breakfast Buffet

Where?	The Local Bar & Restaurant	
When?	Mo - Fri:	6:00 a.m. - 11:00 a.m.
	Sat:	7:00 a.m. - 11:00 a.m.
	So:	7:00 a.m. - 14:00 p.m.
Price?	Included in your PCS-rate	
Offer?	Breakfast buffet with a variety of breakfast delicacies, crispy rolls, delicious croissants, the local sausage, cheese, and fish specialties, fresh egg dishes from our live cooking station and vegetables, juicy fruits, various types of curd and yogurt, delicious bircher cereals and much more.	

BREAKFAST - OPTION 2:

In-Room - Breakfast

Where? You will find the QR code on the sideboard
in your room with our In Room dining service.



<https://guest.iris.net/ZPZDE/>

When? Daily: 7:00 a.m. - 11:00 p.m.

How? Scan the QR code and choose from room service
breakfast options or order by phone by pressing the
„At your service“ button.

Price? Room service breakfast is not included in your PCS-rate -
please choose from the options in the In Room dining service.

LUNCH & DINING OPTIONS IN-ROOM DINING

When? Daily: 7:00 a.m. - 11:00 p.m.

How? You will find the QR Code
with the roomservice menu on the
sideboard in your room or you call call us
under the „At your Service“ (by pressing
the AYS button on your phone). To receive PCS-Discout,
inform the staff about your PCS-status before you will provide
the order.



<https://guest.iris.net/ZPZDE/>

Time? Usually roomservice orders will be delivered to your room
within 30 minutes. Please note that delivery times might be
longer during especially busy periods.



STEAKHOUSE RESTAURANT

Discover the best steaks in town!

When? Daily: 5:30 p.m. - 10:00 p.m.

Where? Lobby Level or First floor / Ground floor (Level 0)

What? Enjoy hand-cut, perfectly grilled USDA certified prime beef, Crisp salads and fresh seafood, delicious desserts, and fine wines enhance the experience.

Our tip: We highly recommend you to try our Ribeye Steak and Spare ribs „Cajun Style“ or just ask our server for daily specials!

Dry Aged
Steak: Prime beef matures in our dry aging room for 30 days to develop unparalleled maturity and flavor.

For more details, menu, and special offers - scan the QR code or visit
www.steakhouse-sindelfingen.de/en/



<https://www.steakhouse-sindelfingen.de/en/>

We recommend to make a reservation at the Front Desk or via QR Code.



THE LOCAL BAR & RESTAURANT

Modern. Regional. Swabian.

When? Mo-Sun 11:00 a.m. - 1:00 a.m.
(Kitchen until 11:00 p.m.)

Where? Lobby Level or First floor / Ground floor (Level 0)

What? A place where culinary worlds come together: This is our The Local Bar & Restaurant.
Here you can enjoy a variety of options for lunch and dinner.
At our bar we offer modern interpretations of signature drinks, regional specialties and international classics.

Our tip: Approach our bartenders for our The Local specials
or inquire for the local Dry Gin B° No. 1!

For more details, menu, and special offers -
scan the QR code or visit
www.the-local-sindelfingen.de/en/



<https://www.the-local-sindelfingen.de/en/>

we recommend to make a reservation at the Front Desk or via QR Code.

1.3. EXECUTIVE LOUNGE

Our executive lounge offers Marriott's guests an open working space to meet, eat, work and relax.

Where? Up on the 7th floor.

Who? Access will be granted to all guests who have booked a PSC rate and to our Bonvoy Platinum and higher Elite members.

When? General opening hours: 6:00 a.m. - 12:00 p.m.
Non-alcoholic beverages: 11:30 a.m. - 10:00 p.m.
Alcoholic beverages & dinner options: 5:30 p.m. - 9:00 p.m.

What should you know before visiting our Executive Lounge?

1. We would love you to help us by remembering to close the lounge door properly when you're entering and exiting the lounge, so that everyone can enjoy the space and feel comfortable.
2. Please be considerate and enjoy your food and drinks inside the Executive Lounge.
3. It is not permitted to bring your own food or drinks into the Executive Lounge
4. Children under the age of 15 must always be accompanied by an adult.
5. Dress appropriately when visiting our Executive Lounge. Flip-flops, bikinis and swimwear are not permitted when entering the Executive Lounge.
6. While visiting our Executive Lounge, we kindly ask you to leave any pets in the hotel rooms.



1.4. PCS LOUNGE

All our PCS and TDY guests who have booked a PCS or TDY package are invited to use our exclusive PCS Lounge. The PCS Lounge is located in the „Hamburg“ room on the first floor. The PCS Lounge offers a comfortable sofa and TV area, a desk with printer, computer and microwave. There is also a washing machine and dryer for your convenience. Please bring your own detergent or buy it in our recharge shop at the reception. There is also a notice board with the latest information on local events - so make sure you check it regularly! Finally, our younger guests will find a children's play corner.

1.5. VAT-FORM

What is a VAT-form?

A VAT-form is a document that can be used to exempt your room bill from German VAT. These normally cover a maximum invoice amount of €2500 excluding VAT.

How can I use a VAT-form?

In our property you can use the VAT form for charges such as accommodation, garage parking, food and drink and other incidentals. Only tips and gratuities cannot be deducted.

Where to get a VAT-Form?

VAT forms can be purchased from the Tax Relief Office at the Panzerkaserne in Böblingen for small fee each.

When do I need to pay with a VAT-Form?

We recommend to use the maximum of the VAT-Form, being 2500€ exclusive VAT. Based upon your rate, this should correspond to a 10-15 day timeframe for accommodation only.



1.6. HOTEL DO'S & DONT'S

- + FRONT DESK: The reception is occupied? Please be patient and wait a moment until one of our agents is free to help you.
- + CHARGE IT TO YOUR ROOM: When you're charging for your meal at a restaurant or a drink at a bar, please make sure you fill in the three open fields with your name, the room number and your signature.
- + PET IN THE ROOM: We kindly ask you to use the pet-door hanger on your door and let our housekeeping team know when you'll be taking your dog for a walk, so they can clean your room in the meantime.
- + CLEANING: We really want you to be comfortable, so please let the housekeeping team know if they can clean your room at least every three days.
- + KIDS SAFETY: We kindly ask you to keep an eye on your children and make sure they don't play unsupervised around the elevators or our revolving door.
- + DRESS TO IMPRESS: We just ask that you dress appropriately when you come to visit us at the Steakhouse restaurant, The Local bar & restaurant or executive lounge.
- + PCS LOUNGE: When the machine is finished, please help us to keep it nice and clean by removing your clothes. That way, another guest can use it when you are done.
- WALKING YOUR DOG: In Germany, there's a law that says you've got to pick up after your dog. Our front desk will be delighted to provide you with a city map and directions to appropriate parks and other walking areas for your furry family members.
- BREAKFAST BUFFET: Please be considerate and enjoy your food and drinks inside the breakfast area. Do not take any food from the breakfast buffet to your room.
- COOKING: For your own safety, please do not use any own cooking devices in the room. This includes microwaves and rice cookers.
- RESTAURANT: We kindly ask you to refrain from bringing your own food to the bar, executive lounge or restaurant. This also applies to the seating area at The Local.



2. HOUSEKEEPING

Our housekeeping team is here for you from 7 a.m. to 11 p.m. every day. If you need any help, just give our Front Office team a call, and they'll pass on your requests to our housekeepers. We offer a daily cleaning service, but let us know if you'd like something different. Just get in touch with reception, and we'll be happy to sort it out for you. Please keep in mind that we have to clean your rooms at least every three days due to health and safety requirements.

2.1. LAUNDRY SERVICE

We've got two options for you to do your laundry:

1) External professional dry cleaning

There is a laundry bag and a laundry slip with a price list for dry cleaning in your wardrobe. Please complete the form, place it in the bag and hand the bag to Reception. If you hand in your laundry before 9 am, you will get it back on the same day around 4 pm. Any request after 9 am but for same day delivery will incur a 50% express surcharge.

2) Washing machine and dryer in the PCS Lounge

In our PCS Lounge you will find a washing machine and dryer included in your PCS package.

2.2. WASTE RECYCLING & DISPOSAL

We kindly ask you to sort your garbage into the appropriate bins. In your room you will find 3 different types of bins: one for glass and cans, one for paper only and one for everything else. Thank you very much for your support in keeping our environment clean and eco-friendly.

Waste recycling

Our housekeeping team will empty your bins daily. If you have any extra garbage that you need removed from your room quickly, such as diapers or cat litter, please contact our Front Office Team. We kindly ask you not to leave anything outside your door as this may obstruct our emergency access routes.



3. GERMANY

3.1. GERMAN DO'S AND DONT'S

Every country has its own unique set of customs and etiquette, and it's important to be aware of them to avoid any awkward situations. While some customs may seem small, neglecting them could make you stand out in a foreign country. Germany is no exception, so let's dive in and learn more about our cultural etiquette together!

DO'S

TOASTING: It's so typical to raise your glass and say „Prost“ („cheers“) or „Zum Wohl“ („to good health“) before you drink. And at fancy dinner parties, people usually lift their glasses by the stem and nod to each other, making it feel like they're all part of something special.

GREETINGS: When you go into a shop, especially a smaller one, it's always a really nice thing to say „Guten Tag“ and „Auf Wiedersehen“ to everyone you see. The same goes for doctors' waiting rooms, too.

SHAKING HANDS: Germans are such warm, friendly people. They love to shake hands, both when they first meet you and when they say goodbye. It is common for a person joining a group to shake hands with everyone.

DONT'S

BE ON TIME: Germans really value being on time, even if it might seem like a bit of a funny thing to say about them! So, if you're ever planning to meet up with a German, it's always a good idea to be a bit early.

KEEP TO THE SIDEWALK: Just a friendly reminder to please stay off the bike lane. It's for your safety, and we don't want you to get hit by a bike.



3.2. DEPOSIT ON BOTTLES

When you buy drinks in Germany, you usually pay a deposit on the bottle. Most stores have a special area where you can get your deposit back, but it can be a bit different from one store to another.

Look for this symbol or the following indications:

- PFANDFLASCHE- Refund
- Mehrwertflasche" or "Mehrwegglas" - Refund
- PFANDFREI-No Refund



The deposit varies from bottle to bottle. The usual rates are € 0.08 for beer bottles, € 0.15 for beer bottles with swing tops and € 0.25 for cans and plastic bottles.

How can you get your refund?

Look for a special machine, which you will probably find near the entrance to a supermarket, although sometimes they are inside the supermarket itself. Put your bottles and cans into the round hole at the top of the machine. For faster recycling, make sure the barcode is facing up. Continue to put all your bottles in, one at a time, and then press the green button next to the other round hole. This will print your receipt.

Attention!

Dented cans and bottles with missing labels cannot be scanned. If the scanner cannot read the bottle, you may not get your refund. You don't have to buy anything to get your deposit back. Just take your ticket to customer service and you will get your refund. If you buy something in the shop, make sure you give the ticket to the cashier before you pay. The refund will be deducted from your total and any change will be given to you.

3.3. METRIC SYSTEM

If you're just starting out with the European metric system, you might find it a bit confusing, but the charts below should help you convert most of the common measurements. There's also a list of everyday measurements, like room temperature and driving speeds.

Volumes

1,000ml=1L

1 <u>tsp</u>	5 ml
1 <u>tbsp</u>	15 ml
1 <u>oz</u>	30 ml
1 <u>gl</u>	3.7 l

Weights

1,000g=1kg

1 <u>oz</u>	25 g
1/4 <u>lb</u>	112 g
1/2 <u>lb</u>	227 g
3/4 <u>lb</u>	340 g
1 <u>lb</u>	450 g
2.20 <u>lb</u>	1 kg

Length

10mm=1cm

100cm=1m

1,000m=1km

0.04 in	1 mm
1 in	2.54 cm
1 <u>ft</u>	0.30 m
1 yd	0.91 m
1 mi	1.61 km

Converting Temperatures

$C = (°F - 32) \div 1.8$

$°F = (°C \times 1.8) + 32$

F°	C°
14°	-10°
32°	0°
50°	10°
68°	20°
86°	30°
104°	40°
212°	100°

Speed

kph= 1.61 x mph

mph= kph / 1.61

mph	kmh
1 mph	1.61 kph
19 mph	30 kph
31 mph	50 kph
50 mph	80 kph
62 mph	100 kph
75 mph	120 kph
100 mph	160 kph

3.4. COMMUNITY QUIET HOURS

German states have laws concerning 'noise pollution,' and in Baden-Württemberg, 'quiet hours' generally apply from 10 p.m. to 6 a.m.; some towns and cities may also have local ordinances. Since specifics may vary, from town to town, a good general rule is to observe quiet hours nightly from around 9 p.m. until about 7 a.m. Monday through Saturday, and all day on Sunday and German holidays. During these times, keep loud noises to a minimum and do not engage in activities that inherently create loud noises, such as lawn mowing, using power tools or playing loud music.

Germany observes a quiet day on Sundays and public holidays. Most retailers, including grocery stores and many other shops, are closed on Sundays and holidays, with the exception of some at large train stations and airports. In larger cities and along the autobahn, fuel stations will often be open, though some may have limited hours. Most restaurants and culture/leisure activities such as museums and spas/swimming pools remain open. Heavy trucks are even banned from the autobahn on Sundays, with few exceptions.

3.5. CYCLING

Germany is ranked the fifth most bike-friendly nation in Europe by the European Cycling Federation (27 total nations ranked). Getting around by bike is safe and easy throughout Germany and makes a great way to stay fit as well. Cycling paths are abundant and well-marked. While Germany does not have a bicycle helmet law, most U.S. installations do have a mandatory helmet policy for cyclists. German law requires safety items such as lights, two brakes and reflectors.

RegioRadStuttgart is the official bike sharing program in the Stuttgart region, with 250 stations in more than 50 towns and cities. Both regular and pedelec (motor-assisted) bicycles are available, and rentals are charged by the time used.

Source: www.stuttgartcitizen.com

3.6. COMMON GERMAN WORDS

We know how important it is to be able to communicate in a new language, so we've put together a selection of basic German phrases for you to use in everyday conversations. We've also included some common words that you'll see on signs, to help you get around and feel more confident.

Yes	Ja	How are you?	Wie geht es Ihnen?
No	Nein	I am doing good	Mir geht es gut
Please	Bitte	Do you speak english	Sprechen Sie Englisch?
Thank you	Danke	I speak english	Ich spreche Englisch.
You're welcome	Gern geschehen	I don't understand	Ich verstehe nicht
Excuse me	Verzeihung	Will you please repeat that?	Können Sie das bitte wiederholen?
Sorry	Entschuldigung	I need some help	Ich brauche Hilfe.
Good	Gut	I need some information	Ich brauche eine Auskunft
Bad	Schlecht	That is very nice.	Das ist sehr net.
Large	Groß	What is your name?	Wie heissen Sie?
Middle / Medium	Mittel	My Name is...	Mein Name ist...
Small	Klein	Where are you from?	Woher kommen Sie?
Hello	Hallo	I'm from...	Ich komme aus ...
Goodbye	Auf Wiedersehen / Tschüss	Where do you serve breakfast?	Wo servieren Sie Frühstück?
Today	Heute	I need more towels.	Ich brauche mehr Handtücher.
Tomorrow	Morgen	Enjoy your meal	Guten Appetit
Yesterday	Gestern	The invoice please	Die Rechnung, bitte.
Now	Jetzt	How?	Wie?
Later	Später	Who?	Wer?
Earlier	Früher	Where?	Wo?
Good morning	Guten Morgen	Nice to meet you!	Schön dich zu treffen
Good afternoon	Guten Abend	I love you	Ich liebe dich

3.7. PUBLIC TRANSPORTATION, CAR RENTAL & THE AUTOBAHN

Public transport - The underground, overground and regional express rail and bus systems in Germany and across Europe are fantastic. With credit card-based mobile apps (VVS or SSB) available in English, you can easily book tickets to and from any address. You can also buy your ticket on the bus or from a ticket machine at the bus stop. The closest bus stations to the hotel are „Drosselweg“ and „Königsknoll“. The nearest train station is „Goldberg“ in Böblingen.

Taxi - You can catch a taxi right outside the hotel. If there are no taxis outside, simply inform our reception team and they will be happy to arrange one for you. Please note that only authorised taxi services are allowed to take you directly to the base. If you are in the city of Sindelfingen, we recommend the Schwarzenberg taxi company (Phone: +49 7031 801031).

Nearby car rental stations

Europcar:

Hauptstrasse 189 B, 70563 Stuttgart -Vaihingen

Phone: +49 711 4894490

Website: www.europcar.de

VAT Forms needed; U.S. military businesses only

Enterprise Rent-A-Car:

Hanns-Martin-Schleyer-Strasse 14, 71063 Sindelfingen

Phone: +49 7031 410760

Website: www.enterprise.de

Please note that there is an Enterprise Rent-A-Car station located directly at Panzer Base.

SIXT:

Tilsiter Str. 15, 71065 Sindelfingen

Located in the Breuningerland Sindelfingen

Phone: 089 66060060

Website: www.sixt.de



How to drive on the Autobahn

Germany is well known for its world-famous autobahn. The Autobahn is not a single road, but a network of roads very similar to the US Interstate Highway System. While speeds are typically much higher on the Autobahn, it is not the free-for-all raceway that many Americans imagine it to be.

Beware of the flash!

Another surprise for newcomers is the number of speed cameras, which will keep any smart driver within the posted speed limit. The average speed limit in the city and surrounding villages is 50km/h. That's only about 30 miles per hour. The police frequently set up mobile vehicles and speed cameras. Drivers will see a red flashing light and eventually receive a ticket in a letter addressed to the driver's supervisor. It's best to pay attention and keep an eye on the speedometer to avoid losing your driver's licence or getting a fee.

Driver's licence in Germany

The U.S. Army Europe (USAREUR) driver's license allows personnel stationed in Stuttgart to drive in Germany without going through the process of obtaining a local driver's license. It is also used as the basis for an International Driving Permit, which allows you to hit the road throughout Europe.

To get a USAREUR driver's license, personnel must take an online orientation class followed by a test about road-sign identification and a series of questions pertaining to German and European traffic laws on Joint Knowledge Online (JKO). The fee for the license is \$30, and applicants must possess a valid stateside (or national, if non-U.S.) driver's license to obtain a USAREUR license. Personnel are advised to have their valid stateside or non-U.S. driver's license, ID/CAC card, and USAREUR license when driving in Germany.



4. THE BARRACKS

PANZER KASERNE

Panzer Kaserne, located in Böblingen, has the garrison headquarters where most of the in-and-out-processing customer service is done. It is home Stuttgart and Patch Elementary Schools and Stuttgart High School. The garrison's main Exchange, the Panzer Hotel and a small commissary are located here. Panzer Kaserne is where incoming personnel pick up their personally owned vehicles, have them inspected and get them registered; additionally, the Family & Morale, Welfare and Recreation's Auto Skills Center and the Exchange Car Care are here.

PATCH BARRACKS

A short distance away along highway K1055, AKA "Frog Road" because of the signs warning drivers to be aware of migratory frogs crossing the road, is Patch Barracks in Stuttgart-Vaihingen. Patch is home to the U.S. European Command. The installation features Patch Middle School, the garrison's main commissary, a gas station and shoppette, movie theater and food court, car wash, Thrift Store and other services. Patch is one of the two main residential installations in Stuttgart.

KELLEY BARRACKS

Kelley Barracks in Stuttgart-Möhringen is home to U.S. Africa Command, the Stuttgart Legal Assistance Office, the award-winning Kelley Theatre, a commissary, gas station, the Kelley Club and a child development center. The more than 1,300 housing units at Panzer Kaserne and Kelley Barracks combined hold approximately 40 percent of the family housing units, and 50 percent of the unaccompanied housing.

ROBINSON BARRACKS

Robinson Barracks, located in Stuttgart Bad-Cannstatt, is primarily a residential facility. Together with Patch Barracks, it provides about 60 percent of family housing and 50 per cent of unaccompanied housing. It includes the Robinson Barracks Elementary School, a commissary, a furniture store and broadcast studios for the American Forces Network Stuttgart.



AIRFIELD

Finally, Stuttgart Army Airfield at Filderstadt is home to the air forces of each of the major combatant commands, as well as the main platform for military cargo. It made history as one of the main bases for aircraft used during the Berlin Airlift of 1948.

Panzer Kaserne, Patch Barracks, Kelley Barracks and Airfield bases are all within a 5 to 15 minute drive from our hotel. Robinson Barracks 35 minutes drive.



5. LEISURE TIME ACTIVITIES

5.1 FAMILY FUN ACTIVITIES

SENSAPOLIS

The SENSAPOLIS Indoor Adventure Park is a unique combination of leisure park, science centre, action zone and top-quality gastronomy, offering fun for all ages: children, teenagers and adults.

- Sensadrom - electric go cart
- Pirate ship
- Flying Fox
- Climbing
- Fairy -Tale Castle
- 16 Mega Slides
- Outer Space Exhibition
- Fun Shooter

SENSAPOLIS GmbH
Melli-Beese Straße 1
71063 Sindelfingen
+49 7031 20 48 53 0

Opening Hours
Wednesday-Sunday: 12 p.m.-6.30 p.m.

Laserbase Sindelfingen
Nüssstraße 4
71065 Sindelfingen
+49 7031 925 3087

Opening Hours
Monday-Thursday: 5p.m.-11p.m.
Friday: 2 p.m.-11 p.m.
Saturday & Sunday: 10 a.m.-11 p.m.

LASERTAG

Lasertag is a leisure sport for young and old that is becoming increasingly popular in Germany. It is also completely safe and does not require any special protective clothing.

DREAM BOWL

Dream Bowl has 22 modern bowling alleys, billiards, various amusement machines, a spacious garden terrace, a bistro and a cosy 120-seat steakhouse. If you would like to visit Dream Bowl Bowling Centre, we recommend that you book in advance.

Dream Bowl Böblingen
Leibniz Straße 18
71032 Böblingen
+49 7031 419595

Opening Hours
Monday: Closed
Tuesday-Thursday: 3 p.m.-11 p.m.
Friday: 2 p.m.-2 a.m.
Saturday: 10 a.m.-2 p.m.
Sunday: 10 a.m.-10 p.m.

5.2 OPPORTUNITIES FOR RELAXATION

MINERALTHERME

Let the natural healing properties of the water work their magic in the pleasantly warm thermal pool. Soak up the atmosphere of tranquillity and relaxation in the extensive sauna landscape with themed saunas, a variety of steam baths and a refreshing sauna pool. You'll also find a first-class range of relaxation options in the wellness and massage area.

Mineraltherme Böblingen
Am Hexenbuckel 1
71032 Böblingen
+49 07031 8174890

Opening Hours
Monday - Sunday: 9 a.m.-10 p.m.

Badezentrum Sindelfingen
Hohenzollerern Straße 23
71067 Sindelfingen
+49 7031 860 216

Opening Hours
Monday-Friday: 7 a.m.- 9:30 p.m.
Saturday, Sunday: 8 a.m.-8 p.m.

BADEZENTRUM

The largest open-air swimming pool in the Stuttgart region offers 60,000 m² of sunbathing space, a second 50m sports pool, an outdoor pool, a 10m diving board, a 106m water slide, water play areas for toddlers, a children's adventure pool and many other attractions. The water park also has a Sauna Classic area. The spacious sauna area offers a wide range of services: hot air and dry saunas, a steam bath, experience showers, plunge pools, relaxation rooms, a sauna garden, solarium and a massage and wellness area.

TURKISH HAMMAM

Sindelfingen also has a Turkish Hammam, which offers an all-round carefree programme of massages, relaxing saunas and soothing bubble baths. It is recommended that you bring your own bathrobe and slippers, as the premises are only accessible with textile clothing. Towels can be hired from the spa.

Türkisch Hamam
Ausstraße 22
71069 Sindelfingen
+49 7031 7244 760

Opening Hours
Wednesday-Sunday: 11 a.m.-10 p.m.

Schwaben Quellen
Plieninger Str. 100
70567 Stuttgart
+49 711 725253

Opening Hours
Monday-Sunday: 10 a.m.-11.30 p.m.

SCHWABEN QUELLEN

Enjoy a holiday from everyday life, experience our exotic journey through the world of wellness and travel through 18 countries and cultures! Schwaben Quellen offers you an exquisite variety of different themes. Refreshing lagoons, whirlpools, saunas, steam baths, adventure showers and much more.



5.3. SHOPPING

BREUNINGERLAND SINDELFINGEN

You're going to love the Breuningerland Sindelfingen! It's arguably one of the best shopping malls in Baden-Württemberg, with so many opportunities to explore the latest fashion and pick the perfect accessories. And you can take as much time as you like to create your own look of the season. It's also a great space to meet up with friends, grab a cappuccino, arrange a lunch meeting or find some delicious food to try out in the kitchen yourself. With more than 120 specialty shops, we're sure you'll find everything you need, from press items to consumer electronics. And don't worry about parking, because it's completely free!

Mercaden Böblingen
Wolfgang-Brumme-Allee 27
71034 Böblingen
+49 7031 684 8814

Opening Hours
Monday-Saturday: 10 a.m.-8 p.m.

Breuningerland Sindelfingen
Tilsiter Straße 15
71063 Sindelfingen
+49 7031 7937460

Opening Hours
Monday-Saturday; 10 a.m. - 8 p.m.

MERCADEN BÖBLINGEN

If you're looking for something a little different, why not check out the Böblinger Mercaden Shopping Mall? It might be a bit smaller than the Breuningerland, but it's right by the train station, so it's super easy to get to. And you can't beat the selection of shops to take care of all your everyday needs!

OUTLETCITY METZINGEN

Outletcity Metzingen is a magnet for fashion lovers from all over the world. The true city of fashion attracts over 4 million visitors every year. The business unit of OUTLETCITY AG has been a trendsetter since its inception, being the pioneer of factory outlet centres in Europe. With the aim of fully digitalising its business, Outletcity launched its eponymous online shop in 2012, once again confirming its pioneering role.

The vision of offering every visitor the best shopping experience at every touchpoint is both inspiration and motivation, and is worked towards every day with passion and a spirit of innovation. Just as in the past, when the home of Hugo Boss was already known for its flourishing textile industry.

Outletcity Metzingen

Hugo-Boss-Platz 4

72555 Metzingen

+49 7123 1789978

Opening Hours

Monday- Friday: 10 a.m. - 8 p.m.

Saturday: 9 a.m. - 8 p.m.

SHOPPING FOR GROCERIES

When you're getting ready for your weekly shopping trip, don't forget to bring your own bags or baskets! German supermarkets don't provide these for free, but you can buy a paper bag for a small fee. Everyone bags their own groceries, which is great! Don't be shy about buying small quantities. Germans shop frequently for fresh food and often buy cheese and cold cuts in portions of 100 grams, which equals less than a quarter of a pound. And when it's time to return the shopping cart, it's as easy as inserting your coin into the slot by the handle. You'll get your money back, making it a convenient and hassle-free experience!

Kaufland

Schwertstraße. 7

71065 Sindelfingen

Opening Hours

Monday-Saturday: 7 a.m. – 10 p.m.

LIDL

Mahdentalstr. 45

71065 Sindelfingen

Opening Hours

Monday-Saturday: 7 a.m. – 9 p.m.

5.4. EXCURSIONS

WILHELMA

Welcome to Wilhelma, a truly amazing zoological-botanical garden in the beautiful city of Stuttgart! Nestled in the heart of the Bad Cannstatt District, Wilhelma is a must-visit destination. It's located on the grounds of a historic castle, adding to its enchanting atmosphere. With over 1,000 species of animals, Wilhelma is home to one of the most diverse collections in Germany and across the globe. And that's not all – the botanical gardens here boast an impressive 7,000 species and varieties of plants, making it a true botanical paradise. The best way to arrive is by public or private transport, and the white inner-city traffic signs will guide you to us if you follow the elephant symbol.

Wilhelma
Wilhelmapl. 13
70376 Stuttgart
+49711 54020

Opening Hours
Main Entrance: 8.15 a.m.-6:30 p.m.
(Neckartalstrasse)

Mercedes Benz Museum
Mercedes Straße 100
70372 Stuttgart
+49 711 1730 000

Opening Hours
Tuesday - Sunday: 9 a.m.-6 p.m.

MERCEDES BENZ MUSEUM

The incredible Mercedes-Benz Museum is the only museum in the world that can document in a single continuous timeline the more than 130 years of auto industry history, from its very beginnings to the present day. On nine levels and covering an impressive 16,500 square metres, the museum presents a remarkable 160 vehicles and over 1,500 exhibits. As a place of innovation, it also demonstrates that history can point the way ahead.



PORSCHE MUSEUM

A vision becomes reality! Right next to the headquarters of Dr. Ing. h.c. F. Porsche AG in Stuttgart-Zuffenhausen, you'll find one of the most spectacular car museums in the world. Be inspired by over 80 vehicles on their 5,600 square metre exhibition area.

Porsche Museum
Porscheplatz 1
70435 Stuttgart
0711 91120911

Opening Hours
Monday - Friday: 8 a.m. – 6 p.m.
Saturday 9 a.m. - 1 p.m.

Stuttgart City Tour
Königs Straße 1a
70173 Stuttgart

Opening Hours
Monday - Sunday: 10 a.m. - 5 p.m.

STUTTGART CITY TOUR

Get on board the incredible Mercedes-Benz open-top double-decker bus for an amazing tour of Stuttgart! Climb aboard and let the adventure begin as you explore the most exciting spots in the city. Feel free to hop on and off as often as you like, creating your very own personalised city tour. All buses depart directly from the fantastic Tourist Information Centre, so get ready for the best day ever!

Get in touch with the front desk today and they will be thrilled to tell you all about the amazing events and other attractions in the area!



5.5. IDEAS FOR WEEKEND TRIPS



STRASBOURG

In just 2.5 hours by car you can be in France and enjoy a lovely weekend getaway in the beautiful city of Strasbourg.

The capital of the Alsace region has one of the largest medieval districts in Europe. In Grand Île and Petite France, cobbled streets weave between creaking half-timbered houses that have survived for hundreds of years.

Strasbourg has been the subject of a centuries-long tug-of-war between France and Germany, which makes it all the more exciting and beautiful. We're left with a city that boasts beautiful turn-of-the-century districts built by the Germans and high-tech 17th-century fortifications designed by Vauban. The sense of cross-fertilisation continues in the cuisine and wine, and in the presence of international institutions such as the European Parliament.



NEUSCHWANSTEIN CASTLE

Neuschwanstein Castle: A Must-See Wonder in the heart of Germany, located in Bavaria, Germany, is a magnificent 19th-century palace renowned for its fairytale-like architecture and picturesque setting. Constructed by King Ludwig II of Bavaria, this iconic castle draws inspiration from medieval European castles and showcases breathtaking turrets, towers, and intricately designed interiors. Its idyllic location amidst the Bavarian Alps adds to its allure, making Neuschwanstein Castle a popular tourist destination and a symbol of German romanticism.

Neuschwanstein Castle is also known to have inspired Walt Disney, who used the castle to create the famous Disney Logo.

The castle is easily accessible by car. There are parking lots available in Hohenschwangau village.



LAKE CONSTANCE

Lake Constance (or Bodensee as the locals call it) is where Germany, Austria, and Switzerland collide in a symphony of breathtaking landscapes and vibrant culture. Picture medieval towns with cobblestone streets, vineyards cascading down hillsides, and the shimmering blue expanse of the lake itself. This region isn't just beautiful - it's alive with history, culture, and outdoor adventure.

Visiting Lake Constance? Sail across its crystal-clear waters, relax on the shores of Mainau Island, or explore the medieval streets of Meersburg. Cycle along the Lake Constance Bike Path, hike through the scenic Pfänder Mountain, or visit the stunning Birnau Basilica. For a cultural experience, tour the historic Lindau Old Town, explore the prehistoric Pile Dwellings Museum, or take in panoramic views from the Konstanz Cathedral. Whether you're here for water sports, outdoor adventures, or charming towns, Lake Constance has something for everyone.



EUROPA PARK

Europa-Park is a theme park in Rust, Baden-Württemberg, Germany. Covering a total area of 95 hectares, twenty themed areas offer around a hundred attractions, including shows and fourteen roller coasters. The park also includes six hotels, a camping site, a tepee village, a cinema and a conference center.

At Europa-Park, you can experience Europe in a single day, while at Rulantica, you can dive right in. With YULLBE, unique VR experiences await you and at the Eatrenalin fine dining experience, you embark on a multimedia culinary journey for all senses. Spend the night in one of the six themed hotels or Silver Lake City and get spoiled with culinary delights in the hotel restaurants, cafés and bars, perfectly rounded off with a soothing massage in the wellness and spa area.