

Come workout with us!

Enjoy one of our fitness classes on the Ocean Terrace, included with your resort fee.

Sunday: 10am to 11am

Monday: 6pm to 7pm:

Tuesday: 9am to 10am:

Wednesday: 9am to 10am:

Thursday: 6pm to 7pm:

Friday: 9am to 10am:

Saturday: 10am-11am:

Sculpt & Chisel

HIIT

Mat Pilates

Beach Power Yoga

Boot Camp

Beach Power Yoga

Cardio Kickboxing

Marriott Stanton South Beach
161 Ocean Drive, Miami Beach, FL 33139
305-536-7700 | www.marriottstantonsouthbeach.com

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