



## THE SPA AT WENTWORTH BY THE SEA

*Relax To Renew*

### THE WENTWORTH SPA EXPERIENCE

#### RESERVATIONS

In order to have the most treatment choices and options, we encourage you to schedule appointments at least two weeks in advance. Prices and spa hours are subject to change without notice.

#### ARRIVAL

Please check in at The Spa reception desk 15 to 20 minutes prior to your first scheduled appointment. This will allow you to relax and set your mind to a peaceful and tranquil mood. Please remember that each service is scheduled precisely and will end on time so that the next guest is not delayed. Arriving late may result in a shortened service.

#### CANCELLATIONS

Cancellations, changes and reschedule requests must be made 24 hours prior to appointment time to avoid being charged in full.

#### COMMUNICATION

All aspects of your treatment can be modified to your taste: amount of pressure, light, music, temperature, and whether or not you choose to have a conversation or enjoy the treatment in silence. Conversation in the relaxation room and spa hallways should be kept at a low volume.

#### GRATUITY

A service charge of 20% is automatically added to your service as a convenience. Additional gratuities for superior service are always appreciated.

#### MEDICAL CONDITIONS

If you have any type of medical condition, be sure to mention it to your therapist. Certain treatments may not be advisable for you.

#### GROUPS AND SPA PARTIES

It is our pleasure to host a private spa event. Please contact the Spa Director for details.

#### FOOD AND DRINK

It is advisable not to eat for at least an hour before a treatment. We recommend that you avoid the consumption of alcohol and drink plenty of water on the day of services.

#### THERAPIST PREFERENCE

If you prefer either a male or female therapist, please let the Spa Desk Agent know at the time of booking.

#### WHAT TO WEAR

We provide robe and sandals at The Spa. Treatment protocol allows modest draping throughout your services; however, for your comfort and privacy, you may wear a bathing suit or undergarment.

#### VALUABLES

In order to avoid all worries and stress, we advise leaving all jewelry and valuables at home or in your room safe.

#### CHILDREN

A spa is a great place to get a little alone time. Our spa facilities are limited to children ages 16 and over. Salon services are available for well-behaved youth of all ages when accompanied by an adult.

#### GIFT CARDS

Gift cards may be purchased through the hotel front desk.

#### RETAIL

Continue your Spa Experience at home; all spa products are available in our retail area. Shipping is available for your convenience.

#### RETURN POLICY

We will gladly exchange, replace or credit your retail purchase within 15 days of purchase. The merchandise must be in saleable condition with tags intact accompanied with the original receipt.

#### SUSTAINABILITY

As part of our Eco-Awareness efforts, we strive to conserve. We do not use animal-tested products. We recycle and use recycled, bulk and local products when possible so that we can not only enhance your appearance and health, but that of our earth. Being respectful of your environment is part of the spa experience. Using only the number of towels necessary during your visit helps us to achieve our goal.

*Mantra*

*"I am taking time  
to relax, renew and revive."*

proudly featuring

KERSTIN  
FLORIAN

CONTACT US FOR RESERVATIONS  
603-373-6580

THE SPA AT  
WENTWORTH BY THE SEA

588 Wentworth Road  
New Castle, NH 03854

LICENSE #2544



FACE

Personalized Beauty

NATURAL

THE CUSTOMIZED DEEP CLEANSE

60 MIN

\$165

Based on your unique complexion, this purifying treatment includes a skin-renewing peel, stimulating facial massage, personally-selected masque, and rejuvenating hand and nail treatment to leave skin radiant and refreshed.

THE MEN'S SKIN MANAGEMENT

60 MIN

\$165

A deep-cleansing, therapeutic facial designed for a man's specific skin care needs, including sensitivity and razor burn. Features a muscle-easing massage and refining masque.

CLEAN COSMECEUTICAL

THE ADVANCED BRIGHTEN + REPAIR

60/90 MIN

\$190/\$285

Experience visible results from this customized, treatment that includes deep-cleansing massage, exfoliation of face, neck, décolleté and hands, and intensive masque and serum to target specific skin concerns such as fine lines, hyperpigmentation, congestion and sensitivity.

LUXURY

THE MARINE ANTI-AGING

90 MIN

\$325

The ultimate ageless treatment for the face, hands and décolleté refines, lifts, firms and nourishes the skin with protein-rich caviar. Powerful antioxidants, gentle enzyme peel, unique peel-off masque and contouring Acu-Lift massage dramatically improve texture, tone and radiance.

FACIAL ENHANCEMENTS

ADVANCED AMPOULES

\$45

Concentrated serums, active ingredients, instant results.

Ampoule Selection	Key Benefits
Co-Enzyme Q10 _____	oxygenating, nourishing
Pure Vitamin C _____	protective, repairing
Intensive Repair _____	healing, anti-aging

GUA SHA

\$35

Unique detoxifying and beautifying facial massage using Jade stones to instantly smooth, firm and lift the skin.

INTENSIVE EYE TREATMENT

\$40

Specialized to target the delicate eye area, reducing puffiness, dark circles, fine lines and wrinkles up to 27%.

LIFT + CONTOUR

\$35-\$40

Soft-wave microcurrent technology from NuFACE improves facial contour, skin tone and neck area. Feel refreshed, renewed and uplifted.

BODY

Customized by Wellness Benefit

Key Concern	Organic Body Oil Selection
Pain Relief _____	Ginger
Slimming   Detox _____	Grapefruit Black Pepper
Sleep   Relax _____	Lavender
Nourish   Hydrate _____	Neroli Blossom

SCRUBS

THE BOTANICAL CRUSH

60 MIN

\$190

Mineral-rich salts combine with intuitively-selected aromatherapy for a customized, full-body exfoliation. Our signature-rinse technique means never leaving the serenity of your treatment space, and a luxurious application of organic oil calms the mind as it hydrates the body.

WRAPS

THE AROMA PARADISE

60 MIN

\$190

Luxuriate in a comforting, cocooning body wrap with a blend of intuitively-selected aromatherapy oil and mineral-rich detoxifying body crème as you are treated to a lifting 16-point facial massage. Emerge relaxed, rejuvenated and hydrated.

THE QUENCHING ALOE

60 MIN

\$190

The healing, moisturizing properties of organic aloe vera combine with the nourishing benefits of algae and the calming nature of chamomile in this deluxe hydrating body wrap. Includes a luxurious scalp and neck massage as well as an invigorating foot massage with cooling alpine foot balm.

JOURNEYS

THE SIGNATURE BLISS

90/120 MIN

\$265/\$350

Experience the calming wellness benefits of wild lavender in this complete rejuvenating treatment. Indulge in an invigorating, skin-smoothing body exfoliation, followed by a deeply relaxing full-body massage with organic lavender oil and warm healing stones to relieve any muscle tension. Then, nourish your senses and relax inside a warm cocoon as you enjoy a luxurious foot and pressure point scalp massage for head-to-toe rapture.

THE ESCAPE

120 MIN

\$350

Unwind and achieve a deep sense of wellness with a custom combination of stress-reducing massage techniques along with focused deep muscle relief. This head-to-toe treatment includes the Customized Deep Cleanse facial for an overall purifying, restorative experience.

THE REPLENISH

90 MIN

\$275

Magnesium is responsible for promoting energy levels, sleep, muscle function, and overall well-being. This nourishing, detoxifying experience helps replenish commonly deficient magnesium levels in the most luxurious fashion. An invigorating dry brush is followed by a therapeutic full-body massage, mineral-infused wrap, targeted acupressure rituals, and a take-home mineral bath to extend the benefits of your treatment.

THE REVITALIZE

90 MIN

\$275

This Spa favorite is a complete head-to-toe luxury experience. Enjoy a personalized massage designed to alleviate tightness and tension by blending stress-reducing techniques with focused deep muscle relief. A relaxing scalp massage along with a rejuvenating eucalyptus mineral salt foot scrub and acupressure foot massage complete this immersive wellness ritual.

MASSAGE

THE TRADITIONAL

60/90 MIN

\$165/\$215

Swedish massage, the most well-known and widely practiced form of classic massage, uses a light touch, flowing strokes, and gentle transitions designed to warm and relax muscles in preparation for such techniques as kneading and applying medium pressure. This treatment will relax, revitalize and renew your body. Benefits include increased blood and lymph circulation, eased tension and energetic revitalization.

THE ORGANIC AROMATHERAPY

60/90 MIN

\$200/\$250

Take a deep breath and indulge yourself with a renewed sense of wellbeing with this nurturing treatment experience. Our signature Calm Mind Ritual imparts comfort and serenity, while the organic aromatherapy of wild crafted blossoms, plants, roots and leaves deeply nourishes and relaxes. A guided selection from a variety of organic aromas to match your mood and needs for the day allows space for your own intuitive sense of what is best for personal wellness.

THE DEEP

60/90 MIN

\$180/\$250

This therapeutic treatment aims at the deeper tissue structures of the muscles and connective tissue. While using many of the same techniques as traditional Swedish, the pressure is more intense and focused as your therapist works to release chronic muscle tension and alleviate discomfort while addressing problematic joint and muscular areas with medium to firm pressure.

THE STONE

90 MIN

\$250

Enter a state of pure bliss as smooth warm basalt stones bring increased circulation and relief to sore, tense and aching muscles. Careful stone placement combined with soothing massage using these stones as therapeutic tools encourages a sense of deep peace and contentment.

THE PRENATAL

60/90 MIN

\$165/\$215

This gentle calming massage designed to promote a healthy pregnancy relaxes tense muscles, increases circulation and eases back pain. You must be beyond your first trimester to enjoy this service.

FOR COUPLES

All massage and body treatments can be performed as couples treatments.

BODY ENHANCEMENTS

HOT STONES

\$35

Melt tension and enhance relaxation by adding warm stones targeted to one area of the body.

HOT OIL HAIR & SCALP THERAPY

\$35

An aromatic combination of warm organic oil and deep conditioner is applied with massage-like technique to leave hair, scalp and spirit revived.

HEAD, NECK & SHOULDER

30 MIN

\$75

Express treatment targeting key areas of tension with acupressure and aromatherapy clears the mind, promotes relaxation, and eases stiffness.

ULTIMATE FOOT RITUAL

30 MIN

\$75

Invigorating eucalyptus-infused soak, exfoliation and stress-relieving pressure points relax your body and uplift your mood.

MANICURE/PEDICURE EXPERIENCES

THE SIGNATURE

MANI 50 MIN/PEDI 80 MIN

\$75/\$95

Begin your luxury ritual with a deliciously scented warm hand or foot bath to deeply condition and protect the skin against environmental stress. This exquisite Signature experience combines skin softening minerals, a gentle exfoliation, and a hydrating paraffin mask with rhythmic and relaxing massage, and, of course, perfection in shaping, cuticle attention and polished finish.

THE CLASSIC

MANI 45 MIN/PEDI 50 MIN

\$55/\$75

Select your scent and begin your journey! Your selected essence highlights soaking salts, followed by relaxing lotion application to intensify hydration, creating a memorable experience that leaves your fingers and toes beautifully harmonized.

THE CBD

MANI 50 MIN/PEDI 60 MIN

\$65/\$85

Help soothe and relax tired hands and feet with the ultimate CBD treatment. A lavender soak and exfoliating scrub are followed by a nourishing cuticle treatment, a lavender foot mask and a relaxing hand or foot massage.

MANICURE/PEDICURE ENHANCEMENTS

French\*

Express Polish Change (25 mins)

Gel Color Removal\*

Multi Acid Brightening Peel\*

Paraffin\*

\$16

\$25

\$20

\$15

\$20

\*Denotes additional time or charge.

