

DAY PACKAGES

REFRESH & RENEW 3 hours · \$375
80-minute Destress Massage · 80-minute Pro-Collagen Definition Lift & Contour Facial

FORRESTAL SPA RITUAL 5 hours · \$430
80-minute Destress Massage · Signature Marine Dream Facial · Signature Forrestal Spa Manicure · Signature Forrestal Spa Pedicure

SCENIC SPA ESCAPE 6 hours · \$535
80-minute Destress Massage · Signature Marine Dream Facial · Intensely Cleansing Salt Scrub · Signature Forrestal Spa Manicure · Signature Forrestal Spa Pedicure · Spa Lunch

FULL FOREST RETREAT 7 hours · \$605
80-minute Destress Massage · Signature Marine Dream Facial · Body Nectar Nourishing Wrap · Signature Forrestal Spa Manicure · Signature Forrestal Spa Pedicure · Spa Lunch

OVERNIGHT PACKAGES

SPA ESCAPE OVERNIGHT
Starting at \$279 · 1 guest for 1 night
Includes guest room for 1 night and \$120 spa credit.

Starting at \$359 · 2 guests for 1 night
Includes guest room for 1 night and \$200 spa credit.

*To book an overnight spa package, visit PrincetonMarriott.com or call 800.943.6709. Overnight packages based on hotel availability.

SPA LUNCH

SPA LUNCH \$36 per person
Enjoy lunch while relaxing in your spa robe.
Served poolside dining or outside patio.

Please call the spa in advance to schedule your appointment. Plan to arrive at least 30 minutes prior to your reservation. Late arrivals are subject to shortened appointment times at the same rate. A 48-hour notice is required to avoid cancellation charges; no-shows or cancellations with less than 48 hours' notice will be charged 100% of the appointment charge. Credit cards or gift certificates will be charged for outstanding balances. Please visit our website for a complete list of FAQs. Spa credit is valid on full-price spa services only and cannot be combined with any other discounts or promotions. Spa credit cannot be applied to your room rate or redeemed for cash. No substitutions please. Services and packages are based on availability.

Prices do not reflect New Jersey state tax, 18% gratuity and 2% mandatory house charge. Prices and service list are always subject to change.
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Princeton Marriott
100 College Road East
Princeton, NJ 08540
609.897.7520

ForrestalSpa.com

HOURS OF OPERATION
Thursday - Sunday
9am to 6pm

HOURS ARE SUBJECT TO CHANGE.

ADVANCE RESERVATIONS
RECOMMENDED.

relax
renew
refresh

MASSAGES

SIGNATURE DESTRESS MASSAGE 50 mins · \$120
80 mins · \$175

Awakening the senses through a customized touch and aroma. This deeply relaxing synergy soothes the mind, melts tensions and harmonizes the body with hand-selected pure essential oils.

MUSCLEASE DEEP TISSUE MASSAGE 50 mins · \$135
80 mins · \$190

Using a warming blend of Rosemary and Maritime Pine to alleviate stress, ease aching muscles and revive the senses with this powerful customized massage to target individual needs and reduce specific stress and muscle tension.

HEATED STONE MASSAGE 50 mins · \$150
80 mins · \$205

Warmed basalt stones bathed in fragrant oils are worked deep into the muscles, alleviating areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

PEACEFUL PREGNANCY MASSAGE 50 mins · \$120
80 mins · \$175

A complete, hydrating body massage, using specific techniques to ensure relaxation and comfort for Mommy-to-be and growing baby.

This service can only be performed after the first trimester.

COUPLES DESTRESS MASSAGE 50 mins · \$260
80 mins · \$370

Experience this spa journey with your friend or loved one, shared in our couples suite side-by-side.

SOOTHE YOUR SOLES/REFLEXOLOGY 25 mins · \$95
50 mins · \$135

A time-honored, therapeutic technique of relieving stress in the body by stimulating reflex points, promoting rejuvenation and an overall sense of well-being. Add this treatment to extend your massage or facial for the ultimate experience.

MASSAGE ENHANCEMENTS

\$30 each

No additional time added

- Hand or Foot Scrub Refresher
- Moroccanoil® Scalp Treatment
- Warm Stone Muscle Melt
- Therapeutic Muscle Balm

ESTHETICS

SIGNATURE MARINE DREAM 50 mins · \$140

Tackle fine lines and wrinkles with clinically proven age-defying benefits of marine-charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger-looking skin.

Independent Clinical Trials.

MEN'S HIGH-PERFORMANCE SKIN ENERGIZER 50 mins · \$140

A high-performance, restorative treatment designed specifically for men to meet all of their lifestyle demands. Targets aging, dehydrated and stressed skin by maximizing cell regeneration while providing deep relaxation and relief.

SUPERFOOD PRO-RADIANCE 50 mins · \$155

A nutritional boost rich in superfoods and essential minerals is designed to pack stressed, dull skin with energizing and detoxifying actives.

Clinically proven to leave skin plumper, luminously radiant, stress-free and full of good health. Independent Clinical Trials.

PEPTIDE 24/7 SKIN SYNC 50 mins · \$155

Delivering a powerful, botanical antidote to a tired complexion, rejuvenating the skin's natural circadian rhythms back to sync. Replenish your skin to a well-rested, radiance-restoring, energized glow.

DYNAMIC RESURFACING 50 mins · \$165

Clinically proven to target the signs of aging and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation for a bright, radiant renewal. A new start for smoother, younger-looking skin.

Independent Clinical Trials.

PRO-COLLAGEN DEFINITION LIFT & CONTOUR 80 mins · \$205

Powered by breakthrough technology, potent nutrients in plant actives help restore elasticity and the architecture of the skin by targeting saggy jowls, cheeks and jawlines. A deep muscle-toning massage is performed from the scalp to the décolleté, leaving the skin with a sculpted, revitalized, youthful appearance.

ESTHETIC ENHANCEMENTS

\$30 each

No additional time added

- Collagen Neck & Décolleté Treatment
- Collagen Lip Treatment
- Enzyme Treatment

WAXING

BROW	\$15+	CHEST	\$40+
FULL LEG	\$65+	UNDERARM	\$25+
LIP	\$12+	BIKINI	\$45+
BACK	\$55+	HALF LEG	\$40+
CHIN	\$12+	BIKINI HIGH	\$60+

Prices do not reflect New Jersey state tax, 18% gratuity and 2% mandatory house charge.

BODY RITUALS

INTENSELY CLEANSING SALT SCRUB 25 mins · \$95
50 mins · \$135

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the nourishing body oils and lotions.

BODY NECTAR NOURISHING WRAP 50 mins · \$160

The velvety texture of the Monoi Oil offers super hydration, quenching thirsty skin. You are cocooned and warm while the mood-balancing aromatics and oils do their work.

THOUSAND FLOWER DETOX WRAP 50 mins · \$160

This nutrient-rich detox wrap uses the deeply nourishing Amber balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you completely reinvigorated.

TARGETED TONING TIGHTENER 80 mins · \$195

Targets, tones and tightens hips, thighs, abdomen and back of arms with a powerful blend of massage techniques and detoxifying clay.

Clinically proven to reduce the appearance of cellulite after just one treatment. Independent Clinical Trials.

NAILS – HANDS & FEET

SIGNATURE FORRESTAL SPA MANICURE 45 mins · \$55

Hands and nails are truly pampered with a conditioning soak, nail shaping and buffing, cuticle work, exfoliation with massage, and a masque finished with a warm towel treatment. Hands are left completely revitalized and nourished with fragrant oils and lotions, completed with polish.

SHELLAC MANICURE 45 mins · \$65

Combine the ease of polish with the performance of gels. A true innovation in chip-free extended-wear nail color.

CLASSIC MANICURE 25 mins · \$40

The essential manicure with the basic necessities. Improves the condition, shape and appearance of your nails and cuticles, including polish of your choice to finish.

SIGNATURE FORRESTAL SPA PEDICURE 50 mins · \$85

A complete sensory escape delivering tension-relieved soles. Lower legs and feet are bathed in a hydrating foot soak, thoroughly exfoliated, groomed and massaged. Followed by a masque with a warm towel treatment to transport your legs and feet to a pampered retreat.

GEL REMOVAL 30+ mins · \$25

Removal service for any existing acrylic nails, gel or shellac polish.

CLASSIC PEDICURE 45 mins · \$55

The essential pedicure ideal for the person on the go. Improves the condition, shape and appearance of your nails and cuticles, including polish. Feet are left maintained, nourished, soft, and smooth.

NAIL ENHANCEMENTS

No additional time added

- French \$15
- Paraffin Treatment \$25
- Callus Treatment \$20

SPA
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