



# WARMLY WELCOME TO LE SPA STUTTGART

Experience pure relaxation at Le SPA Stuttgart and discover a range of treatments, soothing massages, and fragrant scrubs. Each treatment is tailored to your individual needs, making you feel as special as you are.





## LET GO, DIVE IN, + BE

- · Holistic treatments from head to toe
- Sauna area with 70°C and 90°C sauna, as well as a steam bath
- Infrared cabin, ice fountain, and heated loungers
- Pool (12 x 6 m) and Jacuzzi
- Large fitness area with cardio and strength equipment
- Outdoor area with loungers
- Light snacks and beverages from our Le SPA menu





#### CLASSIC MASSAGE

Our classic massages relieve tension and stiffness in the neck, shoulder, and back areas, providing soothing, holistic relaxation.

25 min. € 49 50 min. € 89 80 min. € 119

#### AROMATIC OIL MASSAGE

Valuable essential oils are used in our aromatic oil massage. We use essential oils of guaranteed pure and tested quality.

60 min. € 109





#### LYMPHATIC DRAINAGE

During lymphatic drainage, the lymphatic flow is stimulated with a gentle grip technique. The massage has a relaxing and calming effect that benefits well-being.

60 min. € 119

#### **OIL PEELING**

A sea salt scrub stimulates your senses, relaxes your body and creates smooth skin

40 min. € 59

#### **FOOT ZONE MASSAGE**

Foot reflexology directs impulses from the foot into the diseased organs. There, blockages and tensions are released, and the body's self-healing powers are set in motion.

45 min. € 69

#### **EXCLUSIVE - AYURVEDIC MASSAGE**

Abhyanga is an energetic form of massage. Gentle touches with predominantly long strokes provide holistic relaxation.

50 min. € 99 80 min. € 129

#### **EXKLUSTY- HOT STONE MASSAGE**

A massage technique that relaxes the whole body. The warm stones relieve tension and promote blood circulation..

50 min. € 99 80 min. € 129







### **DAY SPA**

49

Day Retreat Le SPA

Available from Monday to Friday

## LE SPA RELAX

€89

Day Retreat Le SPA

25-minute Partial Body Massage or €50 Credit for Food and Beverages at Le SPA





LE SPA RELAX & DINE

€109

Day Retreat Le SPA

Welcome Drink

2-Course Dinner at "Kleinschmeckerei" Restaurant **FOUNTAIN OF YOUTH** 

€ **119** 60 min.

€ **144** 80 min.

Day Retreat Le SPA

Full Body Scrub

30 or 50 min. Classic Full Body Massage LE SPA DELUXE

€159

Day Retreat Le SPA

60 min. Full Body Massage

Daily Special course at Le SPA

**SHORT GETAWAY** 

€169

Day Retreat Le SPA

Welcome Drink

Ayurvedic Full Body Massage 80 min.





# FIT AND VITAL THROUGHOUT THE DAY IN OUR FITNESS CENTER

Our high-quality amenities include treadmills, cross trainers, bicycles, free weights, a multi-gym station, as well as an abdominal trainer bench.

Open 24 hours daily.



#### **PREPARATION**

Please arrive wearing the bathrobe provided in your room or, as a day guest, you can obtain one from the Le SPA reception for a fee of  $\mathfrak E3$ . Towels are available at the SPA reception.

During the treatment, all intimate body parts will be covered with towels. We also offer disposable underwear upon request. We recommend avoiding shaving immediately before a body treatment or peel to prevent redness and irritation.

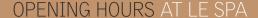
Please inform the Le SPA staff when booking your appointment if you are pregnant or have recently had surgery.

#### **CANCELLATION POLICY**

You can cancel free of charge up to 24 hours before the treatment. Please understand that cancellation fees of 100% will apply thereafter.

All prices are in Euro and include VAT.

Subject to change.





#### IN THE HEART OF THE CITY

Willy-Brandt-Str. 30 70173 Stuttgart

T +49 711 222 128 00 info@lespastuttgart.com lespa-stuttgart.de

#### **OPENING HOURS**

Monday to Friday: 10am - 10pm Saturday, Sunday, Public Holidays: 9am - 10pm

Family Time: Daily until 1pm

Fitness Studio: Daily, 24 hours