

SWEET

Cheesecake with sweet biscuits & berry compote	95
Traditional malva pudding with crème anglaise	95
Chocolate volcano with vanilla ice cream	95
Apple-crumble with vanilla ice cream, honey and cinnamon	95
Chocolate velvet or carrot cake with sweet cream	80
Seasonal fruit salad with ice cream	85
Double decker chocolate mousse with ice cream	85
Bowl of ice cream Choose between Oreo or plain	50

ALLERGY DISCLAIMER
PLEASE NOTE:

Guests may consult with a chef or special diets trained Cast Member before placing an order. We use reasonable efforts in our sourcing, preparation and handling procedures to avoid the introduction of the named allergens into these menu choices. While we take steps to prevent cross-contact, we do not have separate allergy-friendly kitchens and are unable to guarantee that a menu item is completely free of allergens. Allergy-friendly offerings are reliant on supplier ingredient labels. We cannot guarantee the accuracy of the contents of each food item. Allergen advisory statements (e.g., "may contain") are not regulated and therefore not taken into consideration when developing allergy-friendly meals. It is ultimately our Guests' discretion to make an informed choice based upon their individual dietary needs

IMPORTANT NOTICE

Please note that while every effort is made to use fresh ingredients in the preparation of the food and beverages served on these premises, food and beverages including dairy products, ice cream, frozen desserts, proprietary sauces, juices, preserves, jams and preserved meats served, may contain permitted artificial colourants, flavourants and preservatives. Non-Halal and non-Kosher foods are also prepared and served on the premises. In addition, certain foodstuffs have been packaged and prepared on premises in which nuts and other food allergens may be present. If you have any concerns regarding food allergies, please alert your In-room dining Agent prior to ordering.

PROKARD EXPLORER

If you have a Prokard Explorer with dining benefits, you can claim a discount of up to 50% on the food portion of your bill, right here, right now. If you are not a Prokard member and would like to join, please enquire at reception or visit the Prokard website at www.prokardexplorer.com. Prokard dining discounts only apply when dining in the restaurant. Terms and conditions apply.

À LA CARTE MENU


PROTEA HOTEL®
MARRIOTT
Bloemfontein
Willow Lake

101 Henry Street
Willows

Bloemfontein

Tel: (051) 412 5400

TO START

Panko crusted camembert (v) cranberry compote & crostini	120
Chicken mayo pita pockets (3) with sweet chili drizzle	85
Traditional bobotie spring rolls (4) with spicy chutney dip	85
Sherry flambéed chicken livers cream, crispy onion rings, served on ciabatta	95
Springbok carpaccio balsamic reduction, parmesan, figs	105
Garlic snails cream sauce, mozzarella, served with ciabatta	105

VEGETARIAN

Meat free pita pockets (3)	85
Crumbed halloumi cheese (4) with sweet chilli sauce	85

Prices are inclusive of 15% VAT. All orders are charged in South African Rands.

FRESHLY CRAFTED SALAD

Greek salad (v) with dressing on the side	110
Salmon salad feta, greens, cucumber, onion, tomato, croutons, lemon wedge, light hollandaise dressing	160
Crumbed chicken salad with greens, cucumber, onion, tomato, sweetcorn, boiled egg, dressing on the side	145
Biltong salad greens, blue cheese, pears, balsamic reduction	160

ADD TO YOUR SALAD

Biltong 60g	50
Smoked salmon 40g	60
Crumbed chicken 100g	55
3 rashers of crispy bacon	25

SOUP

*All soups served with a slice of garlic ciabatta

Creamy butternut (v)	90
Curried cauliflower & bacon	95
Hearty tomato (v)	90
Chicken noodle	100

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MAIN COURSE

Lamb curry with basmati rice, garlic roti, carrots & green beans	220
Battered fish with rustic chips, side salad & tartare sauce	135
Traditional beef stew with basmati rice, spinach & butternut	170
Mala mogodu (tripe) with samp, creamed spinach and butternut	170
Chicken curry with basmati, garlic roti, carrots & green beans	170
Chicken schnitzel covered in mushroom sauce 170 with mashed potato, creamed spinach and butternut	
600g Marinated pork ribs 300 with rustic chips and onion rings	
6 Chicken wings (peri-peri or BBQ or lemon and herb) 210 with rustic chips and crispy slaw <i>*only one flavor per order</i>	

EXTRA SIDES

Spinach	30
Butternut	30
Carrots and green beans	35
Mashed potatoes	25
Sweet potato mash	25
Side chips	35
Side salad	35
Onion rings	30

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VEGETARIAN

Butternut and bean curry made with coconut milk with basmati rice (v)	160
Meat free schnitzel with spinach, butternut, mashed potato, mushroom sauce (v)	160
Meat free stir-fry tossed in honey and soy, vegetables, spaghetti (v)	160

PASTA

Your choice of penne, spaghetti or wheat-free pasta

Rosa onion, tomato, olives, pesto and parmesan (v) *** <i>contains nuts</i>	130
Italian beef bolognaise with rich tomato sauce, parmesan	140
Polo mushroom, chicken, cream, herbs and parmesan	140
Carbonara cream, bacon, mushroom, parmesan, herbs	160

OTHER

Dagwood & chips 180g beef patty, egg, bacon, tomato, gherkins, lettuce	160
Mince & cheese tramezzini	120
Chicken, feta, peppadew, mozzarella tramezzini	120
French pocket filled french toast with honey, bacon, onion, beef patty, cheese, rosti	160

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FROM THE GRILL

Pepper sauce steak 250g Sirloin steak, rustic chips, onion rings	200
The willow 250g Sirloin steak topped with peppadew, jalapeno & mozzarella, sweet potato mash	210
Escargot steak 250g Sirloin steak topped with creamy garlic snails, mashed potatoes	230
Traditional T-bone 350g T-bone steak, pap, fried cabbage & chakalaka	220
300g Lamb loin chops with mashed potato, spinach & butternut	240
250g Grilled chicken stack with peppadew, jalapeno & mozzarella filling, sweet potato mash, carrots & green beans	200
300g Beef fillet with mashed potato, carrots, green beans, onion rings, pepper sauce or mushroom sauce	250
Braai combo lamb chop, wors, chicken sosati, pap, chakalaka, house salad	285

BURGERS

Beef burger 180g patty, lettuce, tomato, gherkins, onion rings, cheddar, mayo with rustic chips	140
Double bacon & cheese burger 2 x 180g beef patties, lettuce, tomato, gherkins, mozzarella, cheddar, bacon, onion rings, mayo with rustic chips	185
Hawaiian chicken burger lettuce, tomato, onion rings, gherkins, pineapple, mayo with rustic chips	135

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Spicy chicken burger lettuce, tomato, gherkins, onion rings, bacon, jalapeños, mozzarella, mayo with rustic chips	145
Double rib burger (pork) 2 x boneless rib patties, lettuce, tomato, gherkins, cheddar, onion rings, mayo with rustic chips	155
Vegetarian burger plant based patty, lettuce, tomato,gherkins, onion rings, tomato “smoor”, halloumi with rustic chips	160
Homemade sauce selection classic black pepper mushroom creamy cheese chili tomato relish sheba creamy garlic	35

SOMETHING TOASTED

White / brown / whole-wheat / ciabatta / rye / all with rustic chips

Homemade chicken and mayonnaise	120
Three cheese - cheddar, mozzarella, feta (v)	105
Classic ham, cheese and tomato	115
Fried egg, grilled bacon and cheese	125
Cheddar, mozzarella and tomato	105
Bacon, camembert and cranberry compote	135
Basil pesto, feta and tomato (v) *** contains nuts	105

WRAPS

With rustic chips

Crumbed chicken, lettuce, tomato, cucumber, onion, sweet chilli & mayo	120
Scrambled egg, bacon and cheese	125

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