

SPA MENU



THE RITZ-CARLTON

SOUTH BEACH



THE RITZ-CARLTON, SOUTH BEACH

1 Lincoln Road, Miami Beach, FL, 33139 | +1 786-276-4090

License Number: MM14419



THE RITZ-CARLTON SPA, SOUTH BEACH

The Ritz-Carlton Spa, South Beach offers a serene sanctuary rooted in a mindful approach to wellness. Designed to inspire rest, relaxation, and rejuvenation, the spa features 11 tranquil treatment rooms, steam and sauna hydrotherapy facilities, a co-ed relaxation lounge, separate male and female lounges, locker rooms, a hair and nail salon, and a boutique featuring a wide variety of retail items. Spa treatments and services are performed and enhanced with aromatic ESPA products.

**FOR RESERVATIONS OR INQUIRIES, KINDLY CONTACT OUR SPA AT 786.276.4090
OR VISIT THE SPA, LOCATED ON THE 3RD FLOOR.**

MASSAGES

Deep Muscle Massage

50 OR 80 MINUTES | FROM \$235 OR \$335

Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress.

Stress Relief Massage

50 OR 80 MINUTES | FROM \$215 OR \$315

Revive tired and fatigued muscles with this traditional massage using light to moderate pressure.

Naturally Nurtured Massage

50 OR 80 MINUTES | FROM \$215 OR \$315

Nurture and nourish body and skin with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

Awakening Bamboo Massage

80 MINUTES | FROM \$395

A revitalizing and healing deep tissue massage that melts away deep-seated tension from head to toe using bamboo sticks to release stress and restore balance.

Hot Stone Massage

80 MINUTES | FROM \$335

A therapeutic and rejuvenating massage using warm volcanic stones and a moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

Sole Reviver Massage

50 MINUTES | FROM \$195

Concentrating on the reflex zones of the feet, this blissful treatment alleviates aches while relaxing and restoring the body and mind.

Couples Massage

50 OR 80 MINUTES | FROM \$460 OR \$660

Share any of our wonderful massage experiences side-by-side with a loved one or a friend in the couple's massage room for two.

Body Fortifying Massage

80 MINUTES | FROM \$395

Designed to target deep-seated muscular tension, combining active stretching with hot stones and a fortifying oil blend.



COUPLES JOURNEY

105 MINUTES | FROM \$1,100

Delve into a sensorial couple's journey designed to purify both mind and body. Begin with a bespoke, nourishing full-body massage in our private couple's suite to ground the mind and relax the body. Following your massages, retreat to a soothing salt soak in a jacuzzi infused with luxury rose soap and complemented by chilled prosecco. Inspired by ancient traditions, this restorative ritual harnesses the power of minerals and water to re-energize and renew — a perfect escape for two.

BODY TREATMENTS

Nourished Glow

50 OR 80 MINUTES | FROM \$215 OR \$315

Reveal your smoothest, softest skin with this body exfoliation finishing with a deeply nourishing oil and personalized back massage.

Hydrabody Back Treatment

50 MINUTES | FROM \$225

Deeply cleanse and detoxify the back using exfoliation and extraction to clear out clogged pores.

Signature Wellness Journey

105 MINUTES | FROM \$495

This indulgent ritual begins with a purifying scrub to cleanse and nourish the skin, followed by a personalized massage using a powerful anointing oil.

Seasonal Spa Retreat

105 MINUTES | FROM \$495

Envelop your mind and your body in a full-body experience that begins with a crème exfoliation using crushed coconut shells to revive the skin and prepare it for immersion. Next, indulge in a soak rich in Vitamin B and macadamia nut oil, designed to enhance the skin's firmness and elasticity. The retreat concludes with a customized full-body massage tailored to your unique needs.



FACIALS

**Performed with Skinceutical products.*

Custom Facial

50 OR 80 MINUTES | FROM \$215 OR \$315

Purify, hydrate, brighten, and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

Age-Defying Facial

50 OR 80 MINUTES | FROM \$225 OR \$325

Instantly combat the most visible signs of skin aging, smoothing fine lines and reviving youthful radiance to your complexion.

Ultimate Radiance & Renewal Facial

80 MINUTES | FROM \$315

Restore your skin's vitality and reveal a bright, smooth and youthful-looking complexion.

Brightening Facial*

50 OR 80 MINUTES | FROM \$250 OR \$350

This enhanced brightening treatment refines skin texture and restores radiance with the power of a potent antioxidant mask.

Natural Resilience Facial

80 MINUTES | FROM \$395

A comprehensive approach to skin health, harnessing advanced pre and probiotic technology alongside the detoxifying and invigorating effects of physical exercise. Inspired by the age-defying techniques of Japanese Kobido massage, the treatment incorporates cool, smooth jade rollers to stimulate lymphatic drainage, sculpt facial contours, and deeply relax.

Hydrafacial MD*

50 OR 80 MINUTES | FROM \$295 OR \$395

A non-invasive, non-surgical, and anti-aging procedure that delivers instant results. This gentle resurfacing procedure provides cleansing, exfoliation, extractions, and hydration leaving your skin nourished.



JETPEEL FACIAL

50 OR 80 MINUTES | FROM \$350 OR \$475

Achieve immediate, visible results with the JetPeel dermal infusion facial. JetPeel uses a fine, misty jet stream of liquid traveling at subsonic speed to stimulate circulation, exfoliate, and infuse bioactive nutrients deep into the skin with a touchless wand. This non-invasive treatment combines the benefits of dermabrasion, chemical peels, extractions, and needle-less micro-needling to deliver significant results without downtime or skin irritation.

SALON SERVICES

NAILS

**Choose a longer session for deeper rejuvenation and extended relaxation, or a shorter option for a refresh with essential care.*

Ultimate Manicure*

30 OR 50 MINUTES | FROM \$50 OR \$80

This indulgent treatment delivers lasting nourishment to repair and condition your nails.

Ultimate Pedicure*

50 OR 80 MINUTES | FROM \$75 OR \$115

This indulgent treatment delivers lasting nourishment to repair and condition your nails.

Gel Manicure*

50 OR 80 MINUTES | FROM \$80 OR \$115

Elevate your nail care ritual with a long-lasting polish, expertly applied and cured under UV lighting.

Gel Pedicure*

50 OR 80 MINUTES | FROM \$80 OR \$115

Elevate your nail care ritual with a long-lasting polish, expertly applied and cured under UV lighting.

Dazzle Dry Manicure

50 MINUTES | FROM \$75

Relax and refresh with Dazzle Dry's classic nail treatment — a quick-drying, non-toxic manicure that delivers gel-like results while nourishing natural nails.

Dazzle Dry Pedicure

80 MINUTES | FROM \$95

HAIR

Gentlemen's Haircut

FROM \$65

Ladies Haircut and Style

FROM \$125

Shampoo and Style

FROM \$95

Shampoo and Style with Extensions

FROM \$115

Special Occasion Updo

FROM \$85

Bridal Updo

FROM \$145

Style (No Shampoo)

FROM \$95





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