



SHERATON

Fuerteventura Beach
Golf & Spa Resort



La
Veranda
RESTAURANT A LA CARTE

SOUPS AND CREAMS

Sheraton vegetable cream soup with Canarian goat cheese 8.00

Creamy cold tomato soup with quail egg and dried tuna 9.50

Fish and seafood soup 10.00

SALADS

Sheraton 12.50

Mix of lettuce, tuna belly, tomato, cucumber, piquillo pepper, corn, asparagus, black olives, carrots, onion, avocado and quail eggs.

Caesar 14.00

Mix of lettuce, crispy chicken, parmesan, anchovies, cherry tomato and garlic bread with Caesar dressing.

Canaria Tropical 14.00

Avocado, mango, papaya, banana, coconut, with a ginger, mint, lime juice and extra virgin olive oil vinaigrette.

La Veranda 16.50

Lettuce hearts, smoked salmon, piquillo pepper with anchovies, prawns and Iberian ham.

STARTERS

Canarian Potatoes with coriander and pepper sauces 9.00

Focaccia bread with mozzarella and tomato with pesto 9.00

Humus and tzatziki with crudites 10.00

Russian salad with belly filet of tuna and red mullet roe 11.00

Chicken wings with fruit chutney 11.00

Focaccia with Iberian ham, roasted tomato & Canarian goat cheese 12.00

Garlic prawns 12.00

Grilled vegetables with salt and olive oil 12.00

Homemade ham croquettes with fried quail egg 12.50

Assortment of Canarian cheese 15.00

MEAT

Chicken breast with rice and grilled vegetables 14.50

Grilled pork tenderloin with BBQ sauce and baked potatoes 19.00

Veal tenderloin with French fries and green asparagus 25.50

FISH

Battered fried squids with garlic sauce 14.00

Fish and Chips 16.00

Grilled octopus with grilled tomatoes and avocado sauce 18.50

Grilled fish of the day (sea bass, sea bream, gilthead) 23.50

Roasted hake with tomato salad and asparagus 24.00

PIZZAS

Margarita 12.00

Tomato, mozzarella, oregano.

Vegetarian 13.00

Fresh vegetables.

Prosciutto 13.00

Tomato, mozzarella, gouda cheese, ham and oregano.

Iberian 15.00

Iberian ham, Iberian chorizo, fresh cheese, black olives and mozzarella.

Fuerteventura 15.00

Fresh tomato, Canarian goat cheese and arugula.

4 Cheeses 15.00

Blue, Canarian cheese, parmesan and mozzarella.

Seafood 15.00

Prawns with garlic and roasted onion.

SANDWICHES

Triple-Decker 11.00
Cheese and ham on three levels.

Vegetable 13.00
Lettuce, tomato, asparagus, cucumber, avocado, hard-boiled egg and mayonnaise.

Chicken 13.00
Chicken, Grilled chicken breast, with melted cheese, tomato and arugula.

Roastbeef 14.50
Roastbeef with honey and mustard sauce with Canarian tomato.

Sheraton Club 15.00
Lettuce, tomato, chicken with mayonnaise, bacon, ham, fried egg and cheese.

Served with French fries.

HAMBURGERS

Vegetarian 14.00
Tofu and cabbage with candied onion.

La Veranda 14.00
Chicken, lettuce, tomato, onion, turkey, fresh cheese.

Sheraton 15.00
Beef, lettuce, tomato, onion, bacon, cheddar.

Served with French fries.

PASTA

Spaghettis or Pennes with a sauce to choose from: tomato, Bolognese, carbonara 13.00

Bolognese Lasagna 13.50

Vegetable Lasagna 13.50

Ricotta cheese and spinach raviolis with fresh cream and fresh tomato with Parmesan cheese 14.00

KID'S MENÚ

Hot Dog 6.00
Hot dog bun, 100 gr. chicken sausage.

Vegetable cream soup 6.50

Tomato salad with fresh cheese 7.50

Kid's sandwich 8.00
Ham, cheese, fried onion rings and French fries.

Kid's hamburger 8.00
Beef, lettuce, tomato, cheese, French fries and fried onion rings.

Spaghetti Bolognese 9.00

Macaroni Bolognese 9.00

Grilled veal fillet with French fries 9.00

Chicken nuggets with French fries 9.00

Grilled fish fillet with French fries and fried onion rings 9.00

Pizza Mickey Mouse 12.00
Tomato, mozzarella, ham, sausage, chicken.

DESSERTS

Ice cream (2 scoops) 6.00

Fresh fruit cocktail with green apple ice cream 8.50

Catalan Cream 8.50

Brownie with chocolate ice cream 8.50



Prices in Euros, VAT included. Please inform your order taker of any allergy or special dietary requirements that we should be made aware of when preparing your menu request.

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