



SHERATON

Fuerteventura Beach  
Golf & Spa Resort

Where the World  
Comes Together

HESPÉRIDES THALASSO SPA



Hespérides Thalasso Spa  
WELL-BEING AND HEALTH TREATMENTS

# Well-being and Health Treatments

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## HESPERIDES THALASSO SPA

Immerse yourself and connect with your mind, body and spirit in our Hespérides Thalasso Spa, a place designed to disconnect from the stress of daily life. Enjoy our complete Water Circuit with 1000 m<sup>2</sup>, where you can benefit from the properties of sea water.

With the magic of our Rituals we invite you to feel the experience of a journey to different places, from the Indian Sea, seeing the aurora borealis pass through your eyes, feeling the energy of the precious algae impregnated with gold from the Atlantic.

We suggest you to allow yourself to get advised by our professionals on our treatments, massages with different techniques and high-quality products created for your health in its entirety and well-being.

You are about to believe in Magic.

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- Treatments by appointment (minimum 3 days in advance).
  - Rates including local taxes.
  - Treatments not cancelled with a minimum of 12 hours prior to the appointment will be fully charged.
  - You are kindly requested to arrive 15' before your appointment.
  - The agenda is subject to availabilities.

### OPENING TIMES

- Adults: 10h00 to 20h00 (last entrance at 18h30).
- Children (3 to 16 years old): 10h00 to 14h00 (last entrance at 13h00).

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### INFORMATION & BOOKINGS

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Avda. de las Marismas, 1 | CP-35610 - Caleta de Fuste (Fuerteventura)

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# Well-being and Health Treatments

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## THALASSO ACUATIC AREA

Hydrothermal pool, Pebble walk, Sensation showers, Steam bath, Sauna, Ice fountain, Vitality pool, Jacuzzi, Roman thermal bath, Relaxation area, and Terrace.

Thalasso Entry .....	35€
Thalasso Entry – Hotel Guests .....	30€
Thalasso Entry – Canary Islands Residents .....	30€
Thalasso Entry – Children .....	15€
Personal Pass – 4 sessions .....	100€
Personal Pass – 8 sessions .....	175€

## HIDROTHERAPY

Choose from seaweed, milk, or aromatherapy options

Jet Shower (15') .....	45€
Jamaica Bath (15') .....	45€
Niagara Bath (15') .....	50€
Vichy Shower (40') .....	85€
(Seawave body scrub, Detox massage, or Glow massage)	
Powerful firming, circulatory, and hydrating treatment. Emotionally calms stress.	

## MASSAGES

### RELAXING

Local (25') .....	55€
Back and legs (40') .....	70€
Full body (55') .....	85€

### DEEP TISSUE

Local (25') .....	65€
Back and legs (40') .....	85€
Full body (55') .....	110€

### ORIENTAL THERAPIES

Hot stones (55') .....	90€
Foot Reflexology (25') .....	55€
Kobido Facial (30') .....	60€

### LYMPHATIC DRAINAGE

Local Lymphatic Drainage (55') .....	85€
Lymphatic Drainage (85') .....	110€

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## HOLISTIC VEGAN MASSAGE

Massage 55' .....	120€
Massage 85' .....	150€

SOL MASSAGE: Enhances energy and strength.

LUNA MASSAGE: A feeling of peace

TIERRA MASSAGE: Improve concentration

## FACIAL TREATMENTS

The Cure (deep cleansing with extraction) (80') .....	110€
C+C Citrus Vitamin Essence (antioxidant, sun repair) (60') .....	100€
O2 Relax (oxygenating, purifying) (60') .....	95€
NB Ceutical S.O.S Sensitivity (sensitive skin) (60') .....	95€
Stabilizing Experience (balancing, young skin) (60') .....	85€
Diamond Luminous (brightening, anti-aging) (60') .....	110€

### VIP FACIALS

Essential Shock 3D Collagen (rejuvenating) (80') .....	130€
Diamond Life Infusion Ritual (anti-aging, lifting) (80') .....	180€
Inhibit Face Lift (lifting) (60') .....	130€

### THERMAL & BOTANICAL FACIALS

#### FACE MADE TO MEASURE

Instant Glow Facial (purifies and restores radiance) (30' / 60') .....	55€ / 110€
Sun & Renew (soothes and prolongs the tan) (60') .....	110€

## BODY TREATMENTS

### EXFOLIATIONS

Fuerteventura Salt (20') .....	50€
C+C Vitamin Citrus (20') .....	55€
To choose from the Rituals (25') .....	60€

### WRAPS

Aloe Vera (repairing and soothing) (40') .....	65€
Three Seaweeds (anti-cellulite, slimming, firming) (40') .....	70€
Extra (Exfoliation) .....	25€

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## AESTHETICS

Eyelash tint .....	25€
Eyebrow tint .....	20€

### WAXING

Lip or Eyebrows .....	15€
Bikini or Underarms .....	17€
Full Bikini / Brazilian .....	35€ / 55€
Half Leg / Full Leg .....	30€ / 50€
Back or Chest .....	50€
Arms .....	30€

## MANICURE & PEDICURE

Oriental Spa Manicure (60') .....	60€
Express Manicure (30') .....	35€
Shellac Manicure (60') .....	55€
Oriental Spa Pedicure (70'-90') .....	75€
Foot Beauty (file & polish) (30') .....	€35
Shellac Supplement (30') .....	20€
Shellac Removal (30') .....	20€
Nail Polish Supplement (15') .....	15€
Nail Polish Removal (15') .....	10€

## RITUALS

### FACIAL & BODY RITUALS

Diamond Well Living (90') .....	140€
Diamond (120') .....	180€
C+C Citrus Vitamin Essence (90') .....	170€
Sea of India .....	150€
Essencial Marin Silhouette Ritual (90') .....	135€

### BOTANICAL RITUALS

Posidonia (Scrub & Detox or Glow Massage) (90') .....	135€
Sun Aloe Cure S.O.S (Sun Repair Ritual) (90') .....	140€
Mum To Be Massage (Pregnancy Ritual) (90') .....	150€

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## DIAMOND WELL LIVING (scrub, wrap & massage)

A true Spa universe to experience the power of touch and care for body and mind. Personal wellness for every mood (Detox, Anti-stress, Energizing, Fitness). How do you want to feel today?

## DIAMOND

A luxurious body treatment with diamond dust combined with an illuminating, anti-aging facial. Restores youthful glow and luminosity with a sculpting massage that reduces expression lines.

## C+C CITRUS VITAMIN ESSENCE

An aromatic citrus body and facial ritual for radiant skin. 100% antioxidant and firming. Helps minimize signs of premature aging and stimulates collagen production.

## SEA OF INDIA

Inspired by Ayurveda and marma science, this ritual releases tension points. Experience the nourishing power of red algae and the harmonizing benefits that balance body and mind. Includes milk bath, ginger scrub, and rebalancing massage.

## ESSENCIAL MARIN SILHOUETTE RITUAL

A body treatment designed to revitalize, tone, and deeply firm the skin. Using precise techniques and high-performance products, it stimulates microcirculation, improves elasticity, and promotes a sensation of firmness and well-being. Ideal for smoother, brighter, and rejuvenated skin.

## POSIDONIA SCRUB & MASSAGE

Exclusive SeaSkin Life body treatment combining the marine benefits of Posidonia with a sensorial massage to renew and revitalize the skin. Available in two versions:

- Detox – Antioxidant, hydrating, and nourishing action.
- Glow – Calming and healing effect for smooth, radiant skin.

## SUN ALOE CURE S.O.S SUN REPAIR RITUAL

Ideal for sensitive skin affected by sun exposure, stress, and pollution. Includes exfoliation, wrap, and full body massage to soothe and restore the skin.

## MUM TO BE MASSAGE (Pregnancy Ritual)

A relaxing treatment specially designed for expectant mothers. Combines gentle movements to balance the mind, relieve tension, and bring harmony and serenity. Includes an Instant Glow facial treatment that brightens and revitalizes the skin.

## **SHERATON FUERTEVENTURA BEACH, GOLF & SPA RESORT**

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