



SHERATON

Fuerteventura Beach
Golf & Spa Resort

Where the World Comes Together

HESPÉRIDES THALASSO SPA



Hespérides Thalasso Spa

WELL-BEING AND HEALTH TREATMENTS

Well-being and Health Treatments

HESPERIDES THALASSO SPA

You could initiate a new life style towards your well-being “mind-body” and integral health in our wellness centre Hespérides Thalasso Spa in Sheraton Fuerteventura Beach, Golf, Resort and Spa Hotel.

Enjoy all the benefits that contributes not only our 1000m² Wellness Center but also our wide range of treatments and ritual carefully created to recover the balance of both body and mind. You will be in the hands of our professional team who will assist you and take care of your well-being, health and beauty with their sophisticated techniques.

“Without health, life is not life; it is only a state of languor and suffering”. Francois Rabelais

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- Treatments by appointment (minimum 3 days in advance).
 - Rates including local taxes.
 - Treatments not cancelled with a minimum of 12 hours prior to the appointment will be fully charged.
 - You are kindly requested to arrive 15' before your appointment.
 - The agenda is subject to availabilities.

OPENING TIMES

- Adults: 10h00 to 20h00 (last entrance at 18h30).
- Children (3 to 16 years old): 10h00 to 14h00 (last entrance at 13h00).

INFORMATION & BOOKINGS

T. +34 928 495 106 / Ext. 4800 | spa.recepcion@sheratonfuerteventura.com | sheratonfuerteventura.com
Avda. de las Marismas, 1 | CP-35610 - Caleta de Fuste (Fuerteventura)

Well-being and Health Treatments

THALASSO ACUATIC AREA

Hydrothermal pool, Pebble Walk, Sensation Showers, Steam Bath, Sauna, Ice Fountain, Vitality Pool, Jacuzzi, Roman Bath, Relaxation Area and Solarium.

Single entry ticket	30€
Single entry ticket Hotel guests	25€
Single entry ticket Residents in Canary Islands	25€
Single entry ticket Children	15€
4 session ticket	80€
8 session ticket	150€

HIDROTHERAPY

Niagara bath (15')	40€
Jamaica bath (15')	35€
Vichy shower (40')	75€
Jet shower (15')	35€

MASSAGES

RELAXING

Local (25')	45€
Back and legs (40')	55€
Full body (55')	70€

DEEP TISSUE

Local (25')	55€
Back and legs (40')	70€
Full body (55')	85€
Pain relief with Dead Sea mud (55')	85€

ORIENTAL THERAPIES

Hot stone therapy (55')	85€
Foot massage (25')	45€
Facial Kobido massage (30')	45€

LYMPHATIC DRAINAGE

Local (60')	65€
Lymph draining (90')	85€

Well-being and Health

Treatments

FACIAL TREATMENTS

The Cure (cleaning with extraction) (80')	90€
C+C Citrus Vitamin Essence (antioxidant, sun repair) (60')	80€
O2 Relax (oxygenating, purifying) (60')	75€
NB Ceutical S.O.S (sensitive skin) (60')	75€
Stabilizing Experience (balancing, young skin) (60')	70€
Diamond Luminous (illuminator, anti-aging) (60')	90€

FACIAL TREATMENTS VIP

Essential Shock 3D Collagen (rejuvenating) (80')	110€
Diamond Cocoon Experience (prebiotic, purifies, revitalizes) (60')	110€
Diamond Life Infusion Ritual (antiaging, lifting) (80')	150€
Inhibit Face Lift (lifting) (60')	110€
Inhibit Face & Neck Lift (refines, sculpts, tightens) (90')	155€

BODY TREATMENTS

PEELINGS

Salt from Fuerteventura (20')	40€
C+C Vitamin Citrus (20')	45€
To choose from the Rituals (25')	50€

BODY WRAPS

Aloe Vera (repairs and calms) (40')	50€
Three algae (anti-cellulite, slimming and firming) (40')	55€
Marine Prelude with Dead Sea mud (remineralizing) (40')	55€
Extra (Peeling)	20€

AESTHETICS

Eyelash dye	20€
Eyebrow tint	15€

WAXING

Chin or lip	12€
Bikini line or underarms	15€
Full bikini / Brazilian wax	30€ / 50€
Half / Full legs	25€ / 45€
Back or breast	45€
Arms	25€

Well-being and Health Treatments

MANICURE & PEDICURE

Spa oriental manicure (60')	55€
Express manicure (30')	30€
Shellac manicure (60')	50€
Spa oriental pedicure (70'-90')	70€
Toenails beauty (file & paint) (30')	30€
Shellac supplement (30')	20€
Shellac remove supplement (30')	20€
Nail polish supplement (15')	10€
Nail polish remove supplement (15')	5€

PROGRAMMES

SILHOUETTE SHAPER (anti-cellulite, slimming, firming)

Pack 1 DAY	150€
Pack 2 DAYS	250€

Day 1

- Thalasso Spa entry
- Peeling (20')
- Three algae body wrap (40')
- Local massage (40')

Day 2

- Thalasso Spa entry
- Slimming / Firming body wrap (40')
- Jet shower (15')
- Local massage (40')

GOLF EXPRESS

Pack 1 DAY	150€
- Thalasso Spa entry	
- Niagara bath (15')	
- Tired leg wrap (20')	
- Back, leg and arm massage (55')	

Well-being and Health

Treatments

RITUALS

FACIAL & BODY RITUALS

Diamond Well Living (90')	90€
Diamond Experience Rose massage (70')	90€
Diamond (120')	150€
C+C Citrus Vitamin Essence (90')	140€
Jewel of the Atlantic (105')	135€
Arctic wonder (90-105')	90€/120€
Indian sea (105')	135€

DIAMOND WELL LIVING (exfoliation, wrap and massage)

An authentic Spa universe to experience the power of touch and take care of the body and mind. Personal Wellness for different moods (Detox, Anti-stress, Energetic, Fitness). How do you wish to feel today?

DIAMOND EXPERIENCE ROSE MASSAGE (exfoliation and massage)

Sublime exfoliating massage scented with roses. The moisturizing finishing veil leaves the skin feeling light and soft.

DIAMOND

Luxurious body treatment with Diamond powders, combined with an anti-aging and illuminating facial treatment that gives the skin a youthful and luminous glow. With a sculpted massage, focused on reducing expression lines.

C+C CITRUS VITAMIN ESSENCE

Aromatic citrus body and facial ritual for radiant skin. 100% antioxidant and firming. Helps minimize signs of premature aging. It stimulates collagen production.

JEWEL OF THE ATLANTIC

Enjoy the revitalizing power of Precious Algae impregnated with gold and sea stones, to recharge your body with vital energy. Bath with olivine extract, exfoliating with pink sand, massage with rock crystals.

ARCTIC WONDER

Discover the powers of Boreal Algae and Nordic ancestral rituals, where relaxing heat and invigorating freshness are combined. Sea crystal bath, scrub with trio of salts, techniques inspired by Swedish massage and Deep Tissue with fresh water spheres.

INDIAN SEA

Inspired by Ayurveda and marma science, this ritual relaxes points of tension. Enjoy the nourishing powers of red algae, harmonizing benefits to find the balance of body and mind. Milk bath, ginger exfoliation, rebalancing massage.