



SHERATON

Fuerteventura Beach  
Golf & Spa Resort



# Wok-N-Zen

A la carte Restaurant  
FUERTEVENTURA, CANARY ISLANDS

## APPETIZERS

- Indonesia chicken soup "Soto Ayam" 9,50
- Fresh vegetables Thai soup with coriander and red chili 9,50
- Vegetable sautee salad with peanut dressing 12,00
- Thai scallops and cuttlefish salad with fried noodles 13,50
- Mini vegetable spring rolls with sweet and sour coriander 12,00
- Crunchy rolls of Pekin duck and plum sauce 13,00
- Vegetables tempura 12,50
- Fried vegetables tempura and prawns 15,00
- Crunchy prawns with yogurt and mint chutney 15,00

## RICE & NOODLES

- Thai rice with vegetables, soya sprouts and spiced pineapple 12,00
- Noodles with pork and fresh chiles with vegetables 13,00
- Chicken nasi goreng, fried egg with rice and prawns 15,00
- Singaporean noodles with BBQ pork spare ribs & prawns 16,50

## SUSHI

### VEGATARIAN SUSHI BOARD 19,00

- 2 Makis (Cucumber and Carrot)
- 4 Futomakis (Avocado and Peach)
- 4 Uramakis (red Cabbage, Tofu and Seeds Uramakis)
- 2 Temakis (Mango, Avocado and red Curry Temakis)
- 2 Gukans (extra virgen Olive Oil and Lettuce Hearts)
- 2 Futomakis (pickled Plum and Daikon)
- 2 Niguiris (Spinach and sweet Onion)

### PLATTER OF VARIED SUSHIS 27,00

- 4 Makis (Salmon) & 4 Uramakis (Tuna)
- 2 California Rolls & 2 Temakis (Spicy Tuna)
- 2 Gunkans (Trout Eggs)
- 2 Nigiris (Salmon) & 2 Nigiris (Tuna)

## **FISH**

- Sauteed prawns in curry with pineapple, sour apple, rice and cinnamon 16,00
- Breaded hot and sour wreckfish with rice and sweet algae 19,00

## **MEAT**

- Red curry chicken with vegetables and jasmine rice 14,50
- Chinese barbequed boned pork rib with sauteed mango and onion 16,50
- Veal caramelized sirloin with wild mushrooms and bittersweet orange 21,00

## **DESSERTS**

- Crunchy banana with coconut mousse and tangerine sorbet 9,00
- White chocolate and green tea pie with vanilla ice cream and pistachio 9,00
- Tropical pineapple slats with spiced sirope, coconut cream and merengue milk ice cream 8,50
- Refreshing red fruits, kiwi with mint and mango sorbet 8,50

Local taxes included

**SHERATON FUERTEVENTURA  
BEACH, GOLF & SPA RESORT**

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