

shine SPA
SHERATON

Treatments Menu



Packages

From Head to Toe Vitamin C+

110 Minutes | 159,00

Anti-aging and illuminating care that combines a facial, body exfoliation and body wrap.

Sunset in the Mediterranean

110 Minutes | 155,00

Relaxation of the mind and the spirit that combines a Marine exfoliation and a massage Light of the Mediterranean.

Hands & Feet

WITH CLASSIC POLISH

Manicure

50 Minutes | 55,00

Pedicure

50 Minutes | 59,00

WITH SHELLAC POLISH

Manicure

50 Minutes | 77,00

Pedicure

50 Minutes | 79,00

NAIL POLISH

Classic	15,00
Shellac	25,00
Shellac removal	15,00

TO ACCOMPANY YOUR MANICURE OR PEDICURE...

Shine Hands or Shine Feet*

25 Minutes | 35,00

Includes an aromatic hand or footbath, soft exfoliation and hydration mask.

Special Treatments

Waxing and Make-Up

Full legs	from 39,00	Facial	from 12,00
Half legs	from 25,00	Arms	from 20,00
Bikini	from 20,00	Back	from 25,00
Brazilian	from 25,00	Eyebrows	from 12,00
Underarms	from 15,00	Day make-up	from 50,00
Upper Lip	from 9,00	Evening make-up	from 65,00

Facials

Naturae

50 minutes | 89,00

Facial treatment with antioxidant, moisturizing and protective effect.

So Delicate

50 minutes | 89,00

Soothes and relieves sensitive skin (Phyto-active extracts).

For Men

50 minutes | 91,00

Energizing and detoxifying treatment to combat the effects of skin fatigue (Birch sap, pure vitamin C).

Vitamin C+

50 minutes | 97,00

Antioxidant, regenerating, anti-aging and illuminating (Ume Plum extract and Vitamin C+).

Shine Excel Therapy O2*

50 minutes | 99,00

Anti-aging and oxygenating therapy with spectacular rejuvenating and detoxifying effect (Live Cytoxigen).

Be Expressive Anti-Rides

80 minutes | 117,00

Works against wrinkles from inside, fills in and inhibits expression lines (Pro-Collagestine-Fill technology, complex Micro-Dermoxine).

SRNS Global Anti-Aging

80 minutes | 121,00

Fills in wrinkles, minimizes dryness and reduces puffiness. Global Face rejuvenation (Zinc-Glycine Complex and RC. Advance).

Lift-IN

80 minutes | 127,00

The most complete treatment with lifting, remodelling and firming effect.

To accompany your facial:

Extraction	20,00
Eyebrow Tint	15,00
Eyelash Tint	19,00
Eyebrow and Eyelash Tint	27,00

Massages

Golf Back Massage

25 minutes | 57,00

Minimises tension and accumulated stress.

Golf Massage

50 minutes | 99,00

80 minutes | 133,00

Sports massage to relieve the tension of muscles and ligaments.

Ayurveda

50 minutes | 111,00

80 minutes | 149,00

Personalised, traditional and therapeutic Indian massage with warm oil, revitalizing effect.

Thai Massage

50 minutes | 99,00

80 minutes | 133,00

Pressure, stretching and assisted yoga postures assisted to achieve flexibility and relaxation.

Lomi Lomi Nui

50 minutes | 111,00

80 minutes | 149,00

Traditional Hawaiian massage, with fluid and rhythmic movements with hands and forearms.

Relaxing and Aromatic

50 minutes | 90,00

80 minutes | 121,00

Relaxing and soft with essential oils.

Shine Massage Light of the Mediterranean*

50 minutes | 97,00

80 minutes | 127,00

Exclusive, relaxing and calming massage with scented candles.

Lymphatic Drainage

25 minutes | 57,00

50 minutes | 99,00

80 minutes | 133,00

Improves circulation and eliminates toxins.

Hot Stones

50 minutes | 99,00

80 minutes | 133,00

Relaxing massage with heated black Basalt stones.

Foot Reflexology

25 minutes | 57,00

Traditional Foot pressure therapy on reflex points that correspond and activates different body organs and systems.

Scalp and Hair Therapy

25 minutes | 51,00

With five original oils, your hair strengthens and instantly recovers its natural shine and softness.

Reiki

50 minutes | 89,00

Reiki treatment brings the body and soul in harmony revealing an all-round effect.

Body Treatments

Shine Body Sensory & Care*

50 minutes | 97,00

80 minutes | 127,00

A combination of full body massage with Baobab oil and hydrating lotion, body exfoliation with salt from Es Trenc and a Hot Stone back massage.

Spa Gold

80 minutes | 125,00

Glamorous therapy that combines a Marine Gold wrap and a Golden Nectar emulsion, massaged with revitalising movements.

Marine Scrub

25 minutes | 39,00

Eliminates dead skin cells: the result is a deeply hydrated and elastic skin.

Vitamin C+ Scrub

25 minutes | 39,00

With orange peel, the skin looks glossy, silky and luminous.

Chocolate Wrap

45 minutes | 57,00

Lipolytic, remodels the silhouette.

Red Grape Wrap

45 minutes | 57,00

Detoxifying, it provides brightness and vitality to stressed skin.

Vitamin C+ Wrap

45 minutes | 57,00

Firming effect, it provides firmness and elasticity to the skin.

Reservations

Schedule your appointments in advance to ensure your preferred treatment and therapist are available. Bookings made same day of service and walk-in appointments are always welcome, based upon availability. All reservations must be secured with a telephone number and major credit card.

Cancelation Policy

Twelve-hour notice is required for changes or cancelation, otherwise we will have to charge the full cost of the treatment. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

Gift Certificates

Shine Spa for Sheraton gift certificates are available for purchase at the Spa front desk. Our gift certificates are the perfect way to celebrate any occasion, with individual treatments, couple packages or special offers.

Opening Hours

Spa: 08:00 H - 20:00 H
Treatments: 10:00 H - 20:00 H
Gym: 24 H access
Outdoor Pool: 10:00 H - 19:00 H

Prior to the Service

Prior to the start of your service, please tell your therapist the areas you would like to focus on and any areas to be avoided. During your service, please do not hesitate to tell the therapist if you feel any discomfort. Communication is the key to getting full benefit from your Shine Spa experience. We recommend to wear comfortable clothes or robe. During the treatment your body will be covered by towels and at no time fully exposed. Experience the therapeutic benefits of the steam room, sauna or whirlpool prior to your treatment. We suggest arriving 10 to 30 minutes before your appointment. Please turn off your phone before entering the Spa, locker room, fitness and treatment areas.

Wellbeing

Close your eyes. Allow your mind to be free. Breathe deeply. Remember, this is your time.

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