



AJI SPA & SALON



“Elder Brother saw that all the children laughed and sang but the elders didn’t, they only worked hard. He wanted to create something that would be beautiful when it was both young and old, so he created the butterfly.”

It is in the spirit of the butterfly story at Aji that we are reminded of the beauty and strength that lies within each of us. As the butterfly emerges from the chrysalis, may your time at Aji provide you with a sense of radiant renewal.

~ AJI SPA & SALON



SPA & SALON

## OFFERING THE WORLD'S MOST AUTHENTIC NATIVE AMERICAN SPA SERVICES

Aji, meaning "Sanctuary" in the Pima language, is appropriately named after the nearby Aji Mountain, located on the Gila River Indian Community, where women and children would go in times of war. This sacred mountain is still one of the Community's most important treasures and fittingly, Aji Spa is where sacred Pima and Maricopa traditions are practiced and shared.

**The ancient cultures of both tribes are also showcased throughout the spa in design elements, artwork, architecture and shared legends.**

## THE INDIGENOUS COLLECTION

A journey of sacred doctrines, the signature Indigenous Collection was developed by Aji's Cultural Caretakers and offers an authentic Native American spa experience.

### HO'ISHP (*Sacred Prickly Pear Body Treatment*)

This signature journey begins in our soft-pack cocoon with an application of sacred prickly pear red clay. The unique combination of heat and nourishing antioxidants will help to detoxify the body and tone the skin. The treatment continues with a revitalizing 50-minute full body massage with prickly pear and aloe oil to rehydrate the skin. This beneficial moisture is sealed in with a final application of aloe and prickly pear gel to leave the skin feeling silky smooth. Our experience concludes with a soothing cup of prickly pear tea.

110 minutes \$360

### ANCIENT SHEGOI WRAP & MASSAGE

Believed to be placed on Earth by the Creator, Shегоi is the oldest living plant in the world and considered sacred to the Gila River Indian Community for its healing properties and medicinal purposes. This treatment begins with a full body dry brush buffing to prepare your skin to soak in the purifying benefits of the Shегоi oil and balm. While wrapped, surrender to Shегоi's healing powers and relax with a scalp and upper body massage. The beauty of this treatment lies in its simplicity, leaving your skin subtly hydrated, and your spirit lifted.

80 minutes \$260



## WILD HORSE PASS WELLNESS

In a land of legends where wild horses still roam free, restore your spirit and connection to Mother Earth with these holistic wellness rituals available exclusively at Aji Spa.

### MUSTANGS & MASSAGE

Spend the morning on horseback in search of the 1,500 wild horses that roam the Gila River Indian Community and enjoy an afternoon of luxurious pampering with this package offered at Aji Spa. Cowboys from Koli Equestrian Center will greet you on horseback for a 90-minute ride through ancient tribal lands in search of coveted views of the amazing animals. Break free of the boundaries of everyday life, and allow the horses to inspire your soul and nurture the free spirit within you. Return to the sanctuary of Aji Spa for the rest of the day to enjoy a saddle soothing 50-minute Aji Massage and delicious lunch at Aji Café.

\$320

### AJI CHAKRA BALANCING TREATMENT

Harness the power of ancient healing techniques and target the energy centers of the body with this luxurious chakra balancing treatment. Using a combination of crystals, tuning forks, vibration therapy, essential oils, sound healing, visualization, astrology and other traditional energy healing modalities, the skilled therapist will work their way through the seven core chakras to clear any energetic blockages within. Each guest will have a completely unique experience based on their needs. The journey concludes with a personalized chakra card reading that will set an intention for guests as they exit the treatment. The work that is done during the treatment is light and gentle, but guests will notice a transformative effect on their mind, body and spirit.

110 minutes \$390



## FLOWER ESSENCE AROMA MASSAGE

This customized massage uses the powerful healing properties of flower essences to set you on a path of ultimate well-being and pure relaxation. In partnership with Phoenix-based LOTUSWEI, your journey into flower alchemy begins with an intuitive essence selection, which will guide your experience and determine the botanical remedy that your massage therapist will deploy during your treatment. Containing the bioenergetic imprint of flowers, the essences have a transformative power, and when paired with a restorative massage, instantly boosts your mood and inspires a renewed state-of-mind. We invite you to continue these healing benefits at home with a takeaway of bath salts infused with your chosen flower essence and a guided meditation practice to pair.

50 minutes \$215 | 80 minutes \$280

## KIOHO (*Burden Basket Meditation*)

Historically, burden baskets were used by Pima women as carrying baskets to “bear all burdens.” They would carry loads of more than 100 pounds; if they had a baby they would carry the baby in its cradleboard as well as the basket. Leave your “burdens in a basket” by working one-on-one with our meditation instructor to learn techniques for stress reduction, visualization and connection with your inner-being. The session will include a private consultation and meditation session, including visualization and energy balancing.

50 minutes \$185



## DAY SPA PACKAGES

Choose from a wide array of full- and half-day spa programs that combine our most popular services. All package pricing is inclusive of gratuities. Package choices exclude treatments from The Indigenous Collection and the Fountain of Youth Intraceuticals Oxygen Infusions.



## LITTLE YELLOW BIRD

Create your perfect pairing, Aji Massage and your choice of either a 50 minute Body Treatment or a Facial Experience.

\$380

## SAS’HAICHU (*Spa VIP Package - Very Important Pampering*)

Enjoy the celebrity treatment with our head-to-toe V.I.P. Package. Begin your day of indulgence with a relaxing 50-minute Aji Massage followed by a 50-minute Facial Experience. Then sit back in style on our pedicure throne sipping a complimentary glass of champagne during your 50-minute Ancient Shegoi & Salt Pedicure.

\$470

## JE’VED GE’E (*Mother Earth Package*)

A chance for the expectant mother to truly relax with a day of pampering and nurturing. Begin with our Mother to Be Massage designed to provide comfort and stress relief to your changing body. Your next treatment is a nourishing facial customized to your skin’s unique needs and guaranteed to leave your skin glowing. Complete your day in the Aji Salon as your feet receive a decadent sole soothing 50-minute Ancient Shegoi & Salt Pedicure. As our departing gift to you, we will send you home with an infant massage book to share with your little one.

\$470

## MUSTANGS & MASSAGE

Spend the morning on horseback in search of the 1,500 wild horses that roam the Gila River Indian Community and enjoy an afternoon of luxurious pampering with this package offered at Aji Spa. Cowboys from Koli Equestrian Center will greet you on horseback for a 90-minute ride through ancient tribal lands in search of coveted views of the amazing animals. Break free of the boundaries of everyday life, and allow the horses to inspire your soul and nurture the free spirit within you. Return to the sanctuary of Aji Spa for the rest of the day to enjoy a saddle soothing 50-minute Aji Massage and delicious lunch at Aji Café.

\$320

## MASSAGE (THAGIMUN)

### HO'DAI (*Gila River Rock Massage*)

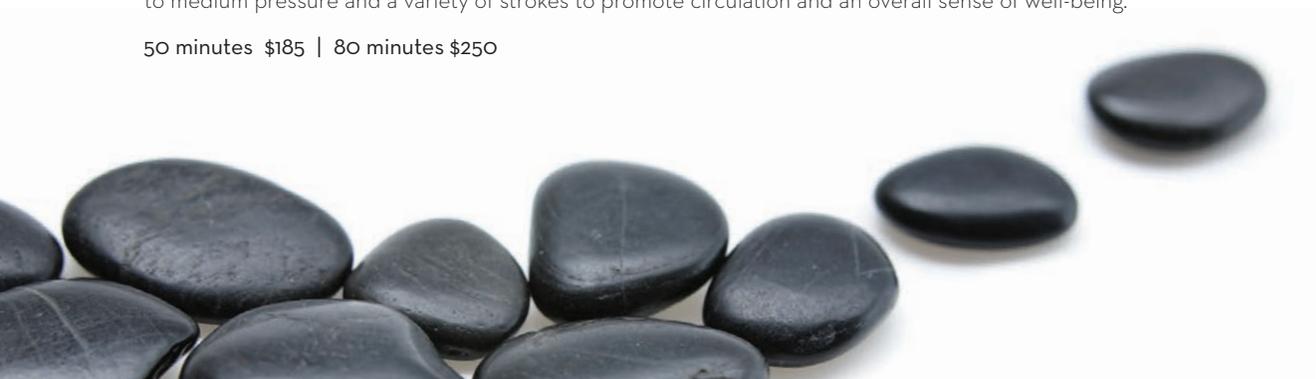
For centuries, the Pima and Maricopa people have used hot rocks to alleviate pain and soothe the soul. Warm stones are applied to your body and used to massage your muscles. The experience will leave you in a state of intense calm and tranquility while clearing toxins and restoring the body to a natural state of balance.

80 minutes \$270

### MATCHUT (*Aji Massage*)

A classic full body massage, perfect for relaxation and stress relief. This customizable treatment incorporates light to medium pressure and a variety of strokes to promote circulation and an overall sense of well-being.

50 minutes \$185 | 80 minutes \$250



## DEEP TISSUE MASSAGE

A more therapeutic and intense massage for guests seeking relief from chronic muscle tension and tightness. This massage incorporates medium to firm pressure and a soothing salve for sore, tired muscles.

50 minutes \$195 | 80 minutes \$260

## CBD BALANCING MASSAGE

Bring soothing relief and harmony to the whole body with this CBD and arnica enhanced service that cares for tired muscles and joints.

50 minutes \$230 | 80 minutes \$295

## FLOWER ESSENCE AROMA MASSAGE

This customized massage uses the powerful healing properties of flower essences to set you on a path of ultimate well-being and pure relaxation. In partnership with Phoenix-based LOTUSWEI, your journey into flower alchemy begins with an intuitive essence selection, which will guide your experience and determine the botanical remedy that your massage therapist will deploy during your treatment. Containing the bioenergetic imprint of flowers, the essences have a transformative power, and when paired with a restorative massage, instantly boosts your mood and inspires a renewed state-of-mind. We invite you to continue these healing benefits at home with a takeaway of bath salts infused with your chosen flower essence and a guided meditation practice to pair.

50 minutes \$215 | 80 minutes \$280

## VEMJIM (*Companion Massage*)

Our luxurious companion massage room is a relaxing retreat where partners will enjoy simultaneous, side-by-side massages. Two therapists will work in unison to provide an unforgettable experience. Following your treatment, relish in your tranquil state as you sip on a complimentary glass of champagne and enjoy the spa together.

50 minutes \$400 | 80 minutes \$520



### THATAT/NONNOVI *(Reflexology)*

Pressure points on the hands and feet are used to stimulate specific areas of the body. This treatment can aid in removing toxins from the body, improving circulation, reducing stress and leaving you feeling revitalized and energetic.

50 minutes \$185

### MO'OTK *(Scalp and Body Massage with Foot Wrap)*

An aromatic scalp and full body massage is the perfect antidote for jet lag, fatigue and tired feet. The uplifting aroma of rosemary and Shegoi will help to combat stress and stimulate the scalp. A heated foot wrap is applied to melt your stress away while it revitalizes and softens the skin of the feet.

80 minutes \$260

### MOTHER TO BE MASSAGE

A complete body massage using specific pre-natal techniques to increase circulation, alleviate tired muscles and reduce water retention. A wonderful treatment that allows Mama to truly relax and dream of baby.

50 minutes \$185

## FACIAL (WIHIOSHA)

Our promise is to provide individual, customized treatments that address each guest's specific skin care needs. Whether you have sensitive, dehydrated, problematic or aging skin, our facial treatments go beyond just cleansing the skin on a superficial level. Expect real change to the skin.

### FACIAL EXPERIENCE

Your skin will receive the treatment it deserves with this facial experience designed just for you. Following a personal evaluation of your skin type, your esthetician will cleanse your skin followed by two thorough exfoliations or an enzyme treatment. Extractions are then performed as needed to clear any clogged pores. A nourishing mask will restore your skin, revealing a healthy and glowing appearance.

50 minutes \$195

### DELUXE FACIAL EXPERIENCE

Pamper your skin with this indulgent facial experience. Offering instant results, this luxurious treatment includes a deep cleansing followed by two thorough exfoliations or enzyme peel. Enjoy a deeper state of relaxation as these luxurious products are applied to your face and décolleté using relaxing massage techniques. Your skin's renewal will be complete with your choice of specialty mask with Dermaflash exfoliation or NuFace Lift with micro current technology to fade wrinkles and fine lines. Feel instantly revitalized with a youthful glow.

80 minutes \$260

### CHEOJ *(Gentleman's Facial Treatment)*

A deep-cleansing facial treatment using products formulated especially for him. Sophisticated ingredients will assist in preventing razor burn, sensitivity and ingrown hairs. This therapeutic and relaxing treatment will leave your skin feeling toned and revived. Please shave a minimum of 2 hours prior to your facial treatment.

50 minutes \$195





## INTRACEUTICALS OXYGEN INFUSIONS

Turn back time and look years younger with this patented technology which uses hyperbaric oxygen to smooth facial features. One of Hollywood's best kept secrets of the stars.

### ANTI-AGING INFUSION

This skin quenching treatment deeply infuses moisture, vitamins, amino peptides and antioxidants into the skin, resulting in unparalleled hydration, improved firmness and a noticeable lift.

50 minutes \$240

### ULTIMATE INFUSION

All the benefits of a traditional facial experience with the beauty of the Anti-Aging Infusion.

80 minutes \$295

## BODY TREATMENTS (HON)

Body wraps help restore the body to a natural state of well-being by incorporating the natural detoxifying and mineralizing properties of specialty products with the most innovative equipment and techniques available.

### ILLUMINATING BODY PEEL & WRAP

Dull, dry skin has met its match. Your Aji therapist will use natural exfoliators to remove, dry, dead skin, revealing a radiant glow from shoulders to toes. A hydrating mask of nourishing clays and avocado oil is applied to the body. While the wrap is working its magic, the body is enveloped in our soothing soft-pack cocoon. Deep relaxation comes from a nourishing scalp massage followed by a full body massage using a rich cream of olive and fig, leaving your skin ultra-smooth and renewed.

110 minutes \$360

### BAHN (*Blue Coyote Wrap*)

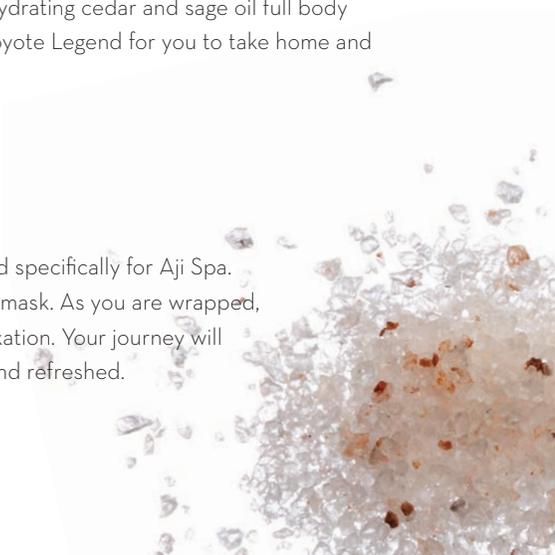
Symbolic of Coyote's coat turning the beautiful color of Bluebird, our proprietary bentonite clay is applied to the body in our soothing soft-pack cocoon. Unlike prideful Coyote, as the clay is removed, your skin will feel more radiant, soft and beautiful. The entire experience is completed with a hydrating cedar and sage oil full body massage. Your therapist will give you a copy of the Bluebird and the Coyote Legend for you to take home and share with your friends and family.

80 minutes \$260

### STOHA (*White Clay Wrap*)

Journey back to simpler times with this deluxe body treatment designed specifically for Aji Spa. Indigenous white clay is applied to the body to form a nourishing body mask. As you are wrapped, an indulgent scalp massage will send you into the ultimate state of relaxation. Your journey will be completed with a moisture application, leaving your skin hydrated and refreshed.

50 minutes \$195 | 80 minutes \$260





### A'UT THOACHTA *(Healing Agave Wrap)*

Hydrating and restorative, the Healing Agave Wrap is perfect for sun kissed or dry skin. This wrap is a heavenly blend of revitalizing avocado Oil, nourishing raw agave nectar, and cleansing lime essential oil. After a relaxing scalp massage, the healing properties of this wrap will be sealed in with an application of our refreshing lemon and lavender infused aloe vera gel to soothe the skin. You may choose to extend this treatment and indulge in an upper body massage with our luxurious sweet orange oil to soothe shoulder and neck tension.

**50 minutes \$195 | 80 minutes \$260**

### THASH *(Native Sun Wrap)*

Your indulgence will begin with an application of melted Sun Blend shea butter and Sun Blend body oil. The body is then enveloped into a warm soothing wrap, where the heat allows the body to absorb the natural A, D and E vitamins rich in antioxidants. Enjoy a relaxing scalp massage while your body is purified. The entire experience will improve circulation, neutralize free radicals and have an overall therapeutic effect on the body.

**50 minutes (includes a 25-minute upper body massage) \$195**

### HO'ISHP *(Sacred Prickly Pear Body Treatment)*

This signature journey begins in our soothing soft-pack cocoon with an application of sacred prickly pear red clay. The unique combination of heat and nourishing antioxidants will help to detoxify the body and tone the skin. The treatment continues with a revitalizing 50-minute full body massage with prickly pear and aloe oil to rehydrate the skin. This beneficial moisture is sealed in with a final application of aloe and prickly pear gel to leave the skin feeling silky smooth. Your experience concludes with a soothing cup of prickly pear tea.

**110 minutes \$360**

### ANCIENT SHEGOI WRAP & MASSAGE

Believed to be placed on Earth by the Creator, Shegoi is the oldest living plant in the world and considered sacred to the Gila River Indian Community for its healing properties and medicinal purposes. This treatment begins with a full body dry brush buffing to prepare your skin to soak in the purifying benefits of the Shegoi oil and balm. While wrapped, surrender to Shegoi's healing powers and relax with a scalp and upper body massage. The beauty of this treatment lies in its simplicity, leaving your skin subtly hydrated, and your spirit lifted.

**80 minutes \$260**



## SALON SERVICES

Enhance your spa experience by choosing from a variety of our nail and hair care treatments. Please let spa concierge know in advance if you need a gel/shellac soak-off.

### SHEGOI CH ONH *(Ancient Shegoi & Salt Pedicure)*

A foot therapy that utilizes the ancient healing properties of Shegoi (creosote) to rejuvenate tired feet. Featuring our signature Indigenous Body Scrub, an exclusive mixture of fine salt and indigenous herbs, exfoliates the skin. A perfect polish adds the finishing touch. Upgrade to an 80-minute pedicure and enjoy a soothing warm oil treatment.

50 minutes \$90 | 80 minutes \$110

### STHON THAHTAT *(Hot Rock Pedicure)*

Our most decadent pedicure combines the complete Ancient Shegoi & Salt Pedicure with a detoxifying clay wrap and extended massage utilizing hot rocks to soothe aching legs and feet. The combination of heat and massage create a deeply relaxing experience.

80 minutes \$120

### AJI MANICURE

Soften and nourish your hands with this Indigenous manicure. Begin with an aromatic lavender hand soak followed by a gentle exfoliation using finely ground blue corn and aloe scrub. The treatment concludes with a massage using our signature indigenous lotion and the polish color of your choice. Upgrade your manicure to 80 minutes and enjoy a soothing warm oil treatment.

50 minutes \$75 | 80 minutes \$95

### SHELLAC MANICURE

For spa guests looking to have strong, beautiful and natural looking nails. Shellac is applied like a basic nail polish and then cured under an ultraviolet light. Please inform our staff if you have acrylic, gel nails, or shellac, as they will have to be soaked off and removed before this service.

50 minutes \$85 | French Shellac \$110

### GEL/SHELLAC SOAK-OFF

\$25

### FRENCH POLISH UPGRADE *(available as an add on to any nail service)*

\$10

## HAIR SERVICES

Service pricing is based on hair length, density, and products used.

WOMEN'S HAIR CUT & STYLE from \$80

CHILDREN'S HAIR CUT from \$40

*(For children 10 and under. Child must be accompanied by an adult)*

SHAMPOO & BLOW DRY from \$65

SPECIAL OCCASION HAIR/UP DO from \$85

COLOR - PERMANENT from \$115

FULL HIGHLIGHTING from \$140

PARTIAL HIGHLIGHTING from \$120

### KUSHPO *(Indigenous Conditioning Treatment)*

This deep conditioning treatment is performed in the salon following traditional practices of applying a warm blend of jojoba, rosemary and Shegoi oil to the hair and scalp. Suitable for all hair types and concludes with a blow dry.

50 minutes \$85



## FITNESS & RECREATION

### TENNIS

Aji has 2 Post Tensioned Concrete Deco Turf lighted tennis courts. Please call the spa at Ext. 8416 to reserve your court time. Demo racquets available at Spa Front Desk. Ball canisters available for purchase at the Spa Front Desk. Proper tennis attire and tennis shoes are required.

Contact the Spa Sales Manager at 602-385-5741 for special events and group rates.

### PRIVATE TENNIS INSTRUCTION AVAILABLE

After a brief on court analysis, we set up your personal goals, which include your immediate fundamentals, your specific skills, footwork, endurance, transitioning skills, singles and doubles strategy and match play.

From \$100 per hour per person | Pricing available upon request for group events.

### SGEVK *(Personal Training)*

Work one-on-one with our certified personal trainers to help you achieve your personal fitness goals. Our trainers will work with you to address your specific needs, provide feedback and educate you on your fitness program.

60 minutes from \$75 per person

### HEJEL *(Private Fitness Class)*

Choose from the following: a one-on-one yoga, powerball, river walk/run or step class with one of our certified instructors.

Single 50 minutes from \$75 | 2-4 guests 50 minutes from \$125 | Group 4+ upon request

### MACHIK *(Private Pilates)*

Work one-on-one with our Pilates instructor to restore, balance and improve flexibility, while you strengthen bones, muscles and joints.

50 minutes from \$100 | 80 minutes from \$140





## PLANNING A SPA VISIT

Aji Spa is currently open Wednesday - Sunday from 9:00 am - 5:00 pm. Our Spa Concierge team is available to assist you with spa reservations Sunday - Saturday from 9:00 am - 4:00 pm. Advance spa reservations are strongly recommended.

### TAKING CARE OF YOU

The safety, wellbeing and health of our guests and team members is our top priority as we navigate this new normal. If you are feeling unwell please call us to reschedule your spa service. If you are experiencing any cold or flu-like symptoms during your treatment we will ask that you reschedule your service.

### WHAT IS INCLUDED WITH MY TREATMENT?

All spa treatments include complimentary day use of our fitness center, as well as our private indoor and outdoor whirlpools, saunas, spa pool and relaxation lounge with an inviting fireplace. To enhance your visit, we also offer a full-service salon, Aji Café and a boutique offering products that will allow you to take a part of Aji home with you.

### ARE GRATUITIES INCLUDED IN THE PRICE OF THE TREATMENT?

To provide a seamless experience for our guests, a 20% service charge, which is modifiable, will be added to your treatments. However, for all packages the service charge is included in the listed price.

### IS THERE AN AGE REQUIREMENT AT THE SPA?

Aji is an adult environment of tranquility and relaxation. Therefore, children under the age of 18 are not permitted to utilize the spa amenities or fitness facilities. Young adults may enjoy a salon service with a parent or guardian present during the treatment, this does not include spa facility or pool access.

### WHAT HAPPENS IF I AM UNABLE TO KEEP MY SPA/SALON APPOINTMENT?

If you cannot keep your spa appointment a 4-hour change or cancellation notice is required to avoid cancellation fees. All no-show appointments will be charged in full. Group reservations are subject to contractual agreement.

### WHAT HAPPENS IF I ARRIVE LATE FOR MY SPA/SALON APPOINTMENT?

As a courtesy to the next guest your treatment will end on time, regardless of the start time. Arriving late will simply limit the time for your treatment, lessening its effectiveness and your pleasure. The full value of your treatment will be applied.

### WHAT DO I NEED TO BRING WITH ME?

Bathing suits are recommended so you may enjoy the adult only spa swimming pool. We will provide you with a locker room full of vanity amenities, including a robe and sandals for you to wear while you are at the spa. For your treatment, you will disrobe to your comfort level; the only area of the body that is not completely draped is the area being worked on.

### WHAT SHOULD I LEAVE AT HOME?

Aji is a sanctuary for tranquility, health and relaxation. Therefore, we ask that you do not bring cell phones in the spa. Smoking and alcohol are not recommended before or after a treatment. Although we provide a locker for you to safeguard your clothing and personal items, we strongly recommend that you do not bring jewelry or valuables to the spa.

### IF I AM PREGNANT, CAN I STILL UTILIZE THE SPA FACILITIES AND TREATMENTS?

Absolutely. We have several options available for expectant mothers. Please notify the spa reservationist of your pregnancy when scheduling your appointments. You may still utilize the spa facilities and treatments. However, we ask that you consult your physician prior to scheduling your spa appointments. Please avoid any treatments or activities involving heat, hot stones, body wraps, and the sauna.

### WHAT IS YOUR TOBACCO/VAPOR POLICY?

Aji is a non-smoking facility, tobacco and vapors are not permitted.





## SPA & SALON

SHERATON GRAND AT WILD HORSE PASS  
5594 WEST WILD HORSE PASS BOULEVARD | PHOENIX, ARIZONA 85226  
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SPA RESERVATIONS & INFORMATION 602.385.5759  
RESORT GUESTS CALL 8416 | GROUP RESERVATIONS (10+) CALL 602.385.5741



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