

&More

BY SHERATON

6:30am – 11am

FUEL

- GREATWAY TO ENERGY *gf*** 11
Chefs crafted smoothie of the day
Add Whey protein – 2
- FRUIT BOWL *gf* ✓ ✓** 12
Market fruit, berries, lemongrass syrup, bloomed chia seeds
- PEARSON PARFAIT ✓** 14
Vanilla yogurt, Ontario strawberry, seed granola, toasted coconut
- STEEL CUT OATMEAL ✓ ✓** 13
Ontario berries, brown sugar, Quebec maple syrup

ENERGIZE

- SMOKED SALMON ON A TURKISH SIMIT** 22
Turkish style bagel, dill cream cheese, arugula, pickled onions
- THE GREATWAY BREAKFAST** 28
2 eggs your way, choice of crispy bacon or sausage, breakfast potatoes & grilled tomato, choice of toast, choice of coffee or tea, fresh juice
- BUILD YOUR OWN OMELET** 22
3 farm eggs, choose from smoked ham, bacon, scallion, tomato, mushrooms, peppers, Bright's cheddar, breakfast potatoes & grilled tomato, choice of toast
- PANCAKE STACK ✓** 20
Strawberry compote, Quebec maple syrup
Add Bacon – 4
- AZTEC BREAKFAST BOWL *gf* ✓ ✓** 22
Amaranth, red and whole grain rice, soft poached eggs, smashed avocado, tomatoes, hemp seeds, sweet potato
Protein add on Chicken Chorizo – 3 Smoked Salmon – 4 Tofu – 2

- COCKPIT CLUB** 22
Over easy egg, grilled chicken breast, crispy bacon, arugula, tomato jam, chive aioli, sourdough, breakfast potatoes
- AVOCADO TOAST ✓** 19
Whipped ricotta, confit tomatoes, soft boiled egg, Kozlik's mustard, sesame sourdough
Add Smoked Salmon – 4
- CONTINENTAL BREAKFAST ✓** 22
Individual flavored yogurt, fresh cut fruits, choice of danish, muffins, croissants or toast, choice of coffee or tea, fresh juice

TOP UP

- BACON/PORK SAUSAGE OR PEA MEAL BACON** 8
- CHICKEN CHORIZO** 5
- 1/2 AVOCADO** 5
- SMOKED SALMON** 10
- BREAKFAST POTATOES** 6
- TOAST OR BAGEL** 7
With choice of cream cheese or butter and preserve
- BREADS + PASTRIES** 5
Choose 1 (one) of the following: croissant, daily muffin, sourdough, choice of toast

POWER UP

- FRESHLY BREWED PIKE PLACE** 5
Regular or Decaf
Your choice of creamer; 2%, skim, ½ + ½; Almond milk or Oat milk

BARISTA COFFEE

- ESPRESSO 4
- ESPRESSO MACCHIATO 5
- CAFFE LATTE 7
- CAPPUCCINO 7
- CAFFE MOCHA 8
- CAFÉ AMERICANO 6
- FLAT WHITE 7
- ICED COFFEE 4
- VANILLA LATTE 7
Your choice of sugar free or regular vanilla syrup
- CARAMEL MACCHIATO 8
- HOT CHOCOLATE 5

TEA

- Teavana Teas 4
- ENGLISH BREAKFAST
- RADIANT GREEN TEA
- CLASSIC CHAI
- HARMONIC MINT
- GINGER PEACH
- HIBISCUS SPICE

JUICE

- ORANGE 6
- FRESH PRESSED ORANGE 8
- APPLE 6
- GRAPEFRUIT 6
- CRANBERRY 6
- TOMATO 6

✓ Vegan ✓ Vegetarian *gf* Gluten Friendly

Before placing your order, please inform your server, if any person in your party has a food allergy. Consuming raw or uncooked meat, seafood and eggs, may increase your risk of food borne illness.

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