



Allow your mind to drift afar and your body to settle into a deep, well-deserved state of relaxation as you immerse yourself in our unique island-dream inspired treatments.

## **HIBISCUS SIGNATURE DREAM-INSPIRED EXPERIENCES**

### **ISLAND DREAM EXPERIENCE | 120 MIN. CI \$275**

A calming and balancing signature experience will melt your stress, ease your mind and leave your body revitalized. Includes body scrub, body wrap and 60-minute relaxation massage.

### **ORGANIC GINGER HEALING BODY RENEWAL | 90 MIN. CI \$195**

Mineral-rich ingredients are combined with the healing property of ginger to exfoliate the skin. Relax in a moisture-infused cocoon wrap & enjoy a back, neck, shoulders, scalp & foot massage.

### **7 CHAKRAS ENERGY BALANCING RITUAL | 90 MIN. CI \$195**

A combination of reflexology and an energy balancing hot and cold stone geothermal massage provides balance, energy, and an uplifting feeling. Designed to release stagnant energy.

### **HIBISCUS COUPLES ESCAPE | 90 MIN. CI \$325**

Enjoy a private Jacuzzi for 30 minutes and then relax in our couple's spa suite. Choose from a 60 minute Swedish or Aromatherapy massage. Glass of Sparkling wine included.

## **HEAVENLY MASSAGE EXPERIENCES**

### **CARIBBEAN BREEZE OCEAN FRONT MASSAGE | 60 MIN. CI \$160**

Enjoy a blissful Swedish massage in a private oceanfront cabana as the sounds of the ocean lull you into a deep relaxation. Couple's side-by-side services available. Limited availability early morning only.

### **DEEP SEA SPORTS MASSAGE | 60 MIN. CI \$155 | 90 MIN. CI \$205**

Using a special blend of massage oils, this deep tissue massage is specifically tailored to sports enthusiasts and regular massage aficionados. Alleviates muscle tension, aches, and pains.

### **HOT STONE HEAVENLY MASSAGE | 60 MIN. CI \$145 | 90 MIN. CI \$205**

Combining long gentle strokes with warm basalt stones allows your muscles to relax and soften naturally. Paying particular attention to the feet with a cooling treatment makes this a popular massage with valuable results. 90-minute service includes the use of warm bamboo sticks.

### **LOMI-LOMI "CAYMAN" STYLE | 60 MIN. CI \$140 | 90 MIN. CI \$200**

Using long swaying movements that mimic the endless ripples of the ocean waves, you will be gently caressed into a state of dream time. Includes choice of aromatherapy oils.

### **HIBISCUS MASSAGE SAMPLER | 60 MIN. CI \$155 | 90 MIN. CI \$215**

Experience five massage modalities in one unforgettable journey.

A flowing combination of Swedish, Deep Tissue, Hot Stones, Reflexology and Aromatherapy allows you to experience ultimate relaxation.

### **HIBISCUS RELAXATION MASSAGE | 60 MIN. CI \$140 | 90 MIN. CI \$190**

A traditional fragrance-free Swedish massage using light to medium pressure to improve circulation, promote flexibility, and enhance physical and mental well-being. Add aromatherapy oils for an extra fee.

### **HERBAL THERAPEUTIC MASSAGE RITUAL | 90 MIN. CI \$215**

A combination of deep tissue massage, gentle stretching, and warm Thai-herbal poultices provide care & relaxation. Using therapeutic and anti-inflammatory medicinal herbs wrapped into steamed cotton balls, this treatment combines massage & heat therapy to provide a therapeutic massage experience.

The Westin Grand Cayman Seven Mile Beach Resort & Spa  
30620 Seven Mile Beach Grand Cayman, West Bay KY1-1200, Cayman Islands  
+1 (345) 945-3800



## SKINCARE EXPERIENCES

### ULTIMATE OXYGEN FACIAL | 60 MIN. CI \$155 | 90 MIN. CI \$190

This infusion treatment combats signs & symptoms of aging by using hyperbaric oxygen to infuse antioxidants and hyaluronic acids into the skin, making skin look healthier and younger than ever before.

### SIGNATURE HYDRAFACIAL | 30 MIN. CI \$145

This treatment deeply cleanses, exfoliates, extract, and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acids.

### DELUXE HYDRAFACIAL | 60 MIN. CI \$204 - \$235

An invigorating treatment, including all essentials of the Signature HydraFacial, while addressing your specific skin concern with a Booster of your choice. Treatment concludes with LED Light Therapy.

### PLATINUM HYDRAFACIAL | 90 MIN. CI \$265

Begin the detoxification process with Lymphatic Drainage. Then, the Signature HydraFacial deeply cleanses, extracts, and hydrates the skin while addressing your specific skin concern with a booster of your choice. This treatment concludes with LED Light Therapy to reduce the visible signs of aging.

### CUSTOMIZED DEEP CLEANSING FACIAL | 60 MIN. CI \$135

Customized for all skin types, this facial includes deep pore cleansing, gentle exfoliation, facial massage, toning, and treatment, as well as a nourishing botanical mask. Includes a heated hand treatment.

### GENTLEMAN'S FACIAL | 60 MIN. CI \$130

Tackles irritation caused by shaving, sports, & exposure to environmental irritants. Includes a relaxing acupressure facial massage, purifying mask, and deep shoulder and scalp massage to release tension.

### HEAVENLY SOLE MASSAGE & SCALP MASSAGE | 60 MIN. \$145

Lie back and enjoy a neck, shoulder, face & scalp treatment that will melt away tension and stress, then indulge yourself with our customized foot massage treatment to calm the mind and release stagnant energy. Treatments are also available separately for CI \$85 each.

## RAIN SHOWER EXPERIENCES

### ROYAL COCONUT MILK & HONEY WRAP | 80 MIN. CI \$180

A body treatment that addresses targeted areas of cellulite with the toning and firming properties of coconut milk and honey. Followed by a stimulating Vichy Shower, the body is comfortably cocooned in a mask infused with a blend of organic coconut and honey to leave skin hydrated, smooth and toned.

### REJUVENATING COLLAGEN NONI OR GUAVA WRAP | 60 MIN. CI \$145 | 80 MIN. CI \$180

Supercharged with the power of Noni or Guava fruit to hydrate and nourish the skin, this wrap begins with a raw cane sugar scrub to prepare the skin for a botanical mask. These luxurious infusions are rich in antioxidants and repair dry, damaged skin. Includes Vichy Shower.

### FINISHING TOUCHES

For those little finishing touches that make big difference, Hibiscus Spa is at your service

### SIMPLY FILE & POLISH (HANDS OR FEET) | 25 MIN. CI \$45

### ISLAND MANI-KUR | 60 MIN. CI \$70

### ISLAND PEDI-KUR | 75 MIN. CI \$85

### PARADISE MANICURE | 45 MIN. CI \$60

### PARADISE PEDICURE | 60 MIN. CI \$80

### GENTLEMAN MANICURE & PEDICURE | 80 MIN. CI \$140

To book, or for additional treatment or personal training information, please dial ext. 6203 from your room, visit us at the spa, or email: [hibiscusspa@pyramidglobal.com](mailto:hibiscusspa@pyramidglobal.com). All prices are in Cayman Dollars & excludes service charge. Six-hour cancellation policy. Please arrive 30-minutes before your appointment.

The Westin Grand Cayman Seven Mile Beach Resort & Spa  
30620 Seven Mile Beach Grand Cayman, West Bay KY1-1200, Cayman Islands  
+1 (345) 945-3800