

SPRUNCH MENU SPA & BRUNCH

Fuel your day and enhance your wellness with an assortment of nourishing and healthy juices.

Choose one of our juices:



Carrot, mango, turmeric & mint Pineapple, cucumber & mint

Maintain a healthy lifestyle with our nutrient-rich and delicious dishes. Choose one from the following list:

Italian panzanella. Tomato, cucumber and pepper salad.

Crudité salad, avocado and seeds vinaigrette

Rigatoni with sautéed chicken, bimi and mushrooms

Grilled salmon loin with sautéed onions and green lettuce and humus

JING"

JING tea defines the modern tea ceremony, an experience that absorbs the senses, refreshes, and encourages body and mind.

You can also ask for a coffee.

Choose a tea from the list:

Jing Whole chamomile flowers Jing Lemongrass & ginger Jing Black Assam breakfast Jing Green organic Jade Sword

THE WESTIN LA QUINTA GOLF RESORT & SPA BENAHAVIS, MARBELLA

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