

# Massages

## ANTI-STRESS

Stress relieving deep massage for back, neck and shoulders.

25 MINUTES 55.00

## CRANEAL MASSAGE

Body and mind kept balanced with this head massage which will leave you feeling physically rested and mentally uplifted.

25 MINUTES 55.00

## HEAVENLY SPA SIGNATURE MASSAGE

Swedish renewing full body massage using natural oils to alleviate tightness and strain.

50 MINUTES 89.00 or 80 MINUTES 129.00

## ABHYANGA

Relaxing and rejuvenating massage using warm oils to eliminate inert energy and activate your Prana life strength.

50 MINUTES 89.00 or 80 MINUTES 129.00

## HOT STONES

Body micro-exfoliation and hot stones massage for a perfect calming experience.

80 MINUTES 149.00

## PRENATAL MASSAGE

Full body draining and nourishing massage to improve blood circulation with anti-stretch mark oil.

50 MINUTES 99.00 or 80 MINUTES 149.00

# Sports

## QUIROGOLF

Deep massage focus on lumbar and scapula zone to prevent and recover yourself after your sport practice.

25 MINUTES 55.00

## THERAPEUTIC PERSONALIZED

Sensory combination of massage and stretching techniques with essential oils to reduce articular and muscular pain. Will leave you feeling deeply rested and renewed.

50 MINUTES 99.00 or 80 MINUTES 149.00

## DEEP TISSUE MASSAGE

Intense and deep massage helps release muscle tension, relieving pain caused by muscle overload. Oxygenates and relaxes the muscles, providing a pleasant feeling of well-being.

50 MINUTES 99.00 or 80 MINUTES 149.00

# Rituals

## OASIS OF SERENITY

Combination of anti-stress body treatment with moisturizing and nourishing facial treatment. This Ritual provides you with a feeling of harmony and deep wellness.

80 MINUTES 149.00

## HEAVENLY ROMANCE

Heavenly Spa Circuit for a couple to enjoy exclusive and relaxing massage together and finish with an aromatic bath and a glass of Cava each in our private Royal Suite.

180 MINUTES 199.00 / Couple

## HEAVENLY SPA CIRCUIT

It includes use of Westin WORKOUT® Fitness Studio and Outdoor Pool.

90 MINUTES 25.00 \*Hotel Guest 18.00

# Body Treatments

## AROMATIC EXFOLIATION

Cleansing and nourishing treatment using Dead Sea salts and essential oils leaving the skin feeling smooth and balanced.

25 MINUTES 59.00

## BODY PEELING

Micro exfoliation followed by a relaxing and nourishing rehydration that will provide illuminating properties to the skin.

50 MINUTES 99.00

## COMFORT LEGS

Treatment to activate the leg blood circulation through a draining-circulatory massage with essential oils and a Dead Sea mud wrap.

50 MINUTES 99.00

# Facials

## RADIANT EYES

Eye contour specific treatment. Decongests, rejuvenates and enriches, returning elasticity, reducing wrinkles and signs of aging.

25 MINUTES 59.00

## ESSENTIALLY BEAUTIFUL

Get the essence of natural beauty with this fully personalized facial.

- **Nourish**, to maintain flexibility and youth in dry skin.
- **Calm**, soothing effect, decongestant, moisturizing and protective for sensitive skin.
- **Balance**, normalizes skin with an oily complexion.
- **Rejuvenate**, activates cell regeneration with the effect of moisturizing, nourishing, antioxidant and stimulating effect acts on the processes of premature aging.

50 MINUTES 99.00

## LYMPHATIC DRAINAGE

Gentle massage to stimulate venous and lymphatic return, eliminating toxins from the body. Ideal to relieve the effects of fluid retention and tired legs.

50 MINUTES (Legs) 99.00  
80 MINUTES (Full body) 149.00

## BODY SCULPTOR

Sculpture of the figure with a lipo-reducing and restructuring procedure. Will reduce volume in localized areas and sculpt your figure.

50 MINUTES 95.00

## ANTI-CELLULITE

Specific massage using our anti-cellulite and essential oils with lemon, Juniper, Cypress and Rosemary. Reduction of volume and elimination of interstitial fluid.

50 MINUTES 95.00

## FACIAL FOR MEN

Calms and soothes male skin, providing a feeling of deep relaxation and wellness. Ideal for all skin types, especially sensitive and irritated skin.

50 MINUTES 99.00

## WHITE LIGHT

Exclusive cleansing, exfoliating, moisturizing and illuminating treatment tailored to your skin type. Perfect for special occasions.

80 MINUTES 149.00



# Awaken Your Senses

## Essentials

MANICURE EXPRESS	33.00
MANICURE SPA	55.00
MANICURE DELUXE	79.00
PEDICURE EXPRESS	33.00
PEDICURE SPA	55.00
PEDICURE DELUXE	79.00
SHELLAC SUPPLEMENT	22.00

## Waxing

LIP / CHIN	12.00
UNDERARMS	17.00
BACK, HALF / FULL	17.00 / 35.00
LEGS, HALF / FULL	22.00 / 39.00
BIKINI, LINE / BRAZILIAN	22.00 / 39.00

## Shaping & Tinting

EYEBROWN SHAPE	19.00
EYEBROWN TINT	19.00
EYEBROWN SHAPE & TINT	24.00

### THE WESTIN LA QUINTA GOLF RESORT & SPA, BENAHAVIS, MARBELLA

Urbanización La Quinta  
Avda. Tomás Pascual, nº 22  
29679 Benahavis, Málaga, Spain  
T +34 952 762 000  
heavenlyspa.wlq@westin.com  
westinlaquinta.com

Prices en Euros. IVA Incluido

For reservations, please contact the spa to schedule your appointments. We require 24-hour notice for changes or cancellations.

Prices en Euros. IVA Incluido

For reservations, please contact the spa to schedule your appointments. We require 24-hour notice for changes or cancellations.

Prices in Euros. VAT included

For reservations, please contact the spa to schedule your appointments. We require 24-hour notice for changes or cancellations.