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# Breakfast

Available from 7:00AM to 11:00AM\*\*. Dial Service Express®.

## Entrées

**THE WESTIN CONTINENTAL** 14.00  
Choice of freshly squeezed orange, grapefruit or apple juice, fresh fruit plate, choice of pastry served with butter and fruit preserves, freshly brewed coffee or tea

**VANILLA BEAN PANCAKES** 12.00  
Served with 100% Vermont maple syrup and butter  
With fresh raspberries or strawberries 15.00

**SMOKED SALMON BENEDICT** 16.00  
Two poached eggs and smoked salmon on toasted English muffin, classic hollandaise sauce

**BELGIAN WAFFLE** 12.00  
Fresh berries and whipped cream

**AMERICAN BREAKFAST** 15.00  
Two eggs any style with bacon, Canadian bacon, or pork sausage.

**CREATE-YOUR-OWN OMELET** 15.00  
Choice of meat: pork sausage, Canadian bacon or applewood bacon  
Cheese: cheddar, fontina, mozzarella, American or Gorgonzola  
Veggies: tomato, mushrooms, red peppers, green peppers, spinach, onions, asparagus

## Breads + Pastries

Served with butter and fruit preserves  
Blueberry, Banana or Chocolate-Orange Muffin 3.00  
Toasted Bagel and Cream Cheese 4.00  
Nine-Grain, Rye, White, Ciabatta Bread or English Muffin 2.00

## Side Orders

Canadian Bacon, Applewood Bacon, Chicken Sausage or Pork Sausage 7.00  
Crispy Parmesan Potatoes 5.00

# Eat Well Menu

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our Chef with guests' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well, for you. Available from 6:30AM to 11:00AM. Dial Service Express®.

**EGG WHITE OMELET**  
Half 7.00 | Full 14.00  
Spinach and cheddar cheese with oven-roasted tomatoes and asparagus

**OVERNIGHT OATS**  
Half 4.50 | Full 9.00  
Organic blueberries, orange and low-fat yogurt

**BANANA & CRANBERRY OATMEAL**  
Half 4.50 | Full 9.00  
Chia seeds, almond milk, wild honey, granola and roasted nuts

## OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

The Westin Chicago North Shore  
601 N. Milwaukee Avenue. Wheeling, IL 60090 1-847.777.6500



# Breakfast

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## Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

Watermelon-Basil Juice 5.00  
Honeydew-Cucumber Juice 5.00  
Apple, Banana, Pineapple, Vanilla Smoothie 5.00  
Kale, Spinach, Banana, Mango, Cinnamon Smoothie 5.00

## Fruits, Juices + Yogurts

Freshly Squeezed Orange, Grapefruit or Apple Juice 5.00  
Tomato or Cranberry Juice 5.00  
Housemade Granola and Yogurt Parfait with Fresh Berries 9.00  
Non-Fat or Fruit Yogurt 5.00  
Plain Yogurt with Fresh Berries, Sliced Bananas or Seasonal Berries 9.00  
A Bountiful Selection of the Season's Best Fruits 9.00

## Cereals

Choice of Total, All-Bran, Wheaties, Raisin Bran, Smart Start, Cheerios or low-fat granola, served with whole, skim or soy milk 8.00  
Steel-Cut Oatmeal with Berries and Banana 8.00

## Coffee + Tea

**FRESHLY BREWED BIG SHOULDERS BLEND COFFEE**  
Regular or Decaffeinated  
Small Pot (3 cups) 7.00 Large Pot (6 cups) 9.00  
Espresso 4.00  
Cappuccino or Café Latte 5.00

**MIGHTY LEAF TEAS**  
Organic Breakfast, Organic Earl Grey, Chamomile, Tropical Green Tea, African Nectar or Marrakesh Mint  
Small Pot (3 cups) 7.00 Large Pot (6 cups) 9.00

## Milk + Soda + Water

Whole, Skim or Soy Milk 5.00  
Coca-Cola, Diet Coke, Sprite 4.00  
Bottled Water 4.00

# Westin Weekend Breakfast Menu

Weekends last longer at Westin hotels, with extended breakfast hours.\*\* Whether you sleep in and slow down or jump-start your day with a WestinWORKOUT®, you can dine at your own pace.

\*\*Extended hours Saturdays & Sundays until 3:00PM Dial Service Express®.

**HOUSEMADE GRANOLA PARFAIT** 9.00

**THE WESTIN CONTINENTAL** 14.00  
Choice of freshly squeezed orange, grapefruit or apple juice, fresh fruit plate, choice of pastry served with butter and fruit preserves, freshly brewed coffee or tea

**EGG WHITE OMELET** 14.00  
Spinach and cheddar cheese with oven-roasted tomatoes and asparagus

**LOW-FAT YOGURT** 5.00  
Choice of fruit, berry or vanilla

A delivery charge of \$6.00 plus 18% gratuity and sales tax will be added to your bill. All prices in U.S. dollars. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness. This recipe has been created and tested in the SuperChefs kitchens by the SuperChefs kids.



gf Gluten-Free

# All-Day Dining

Available Sunday through Thursday from 11:00AM to 8:00PM.; Friday and Saturday from 11:00AM to 9:00PM  
Dial Service Express®

## Begin

**STUFFED MUSHROOM CAPS** 11.00  
Spinach gratin

**GRILLED OR FRIED CALAMARI** 12.00  
Served over crostini and topped with housemade giardiniera and cherry peppers, marinara and lemon on the side

**HOUSEMADE ITALIAN SAUSAGE** 9.50  
With sweet peppers

**GARLIC KNOTS** 7.00

## Soup

### SOUP OF THE DAY

Cup 5.00 Bowl 7.00

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Dial Service Express®

### KALE, BLUEBERRY & CHEVRE SALAD

Half 8.00 | Full 12.00  
Cherry tomatoes, blueberries, white balsamic

### MUSSELS

Half 7.00 | Full 14.00  
Tomato garlic broth

### SLICED ROASTED BEET SALAD

Half 6.00 | Full 10.00  
Crushed pistachios, crumbled goat cheese, balsamic vinegar

## Greens

Dressings include: Italian, Mustard Vinaigrette, Caesar, Buttermilk Ranch or Balsamic Vinaigrette

### HOUSE SALAD

Small 7.00 Large 10.00

### CAESAR SALAD

Small 7.00 Large 10.00

Add Grilled Chicken, Grilled Shrimp or Grilled Salmon 6.00

### CHOPPED SALAD

Romaine, cucumber, broccoli florets, tomatoes, bacon, blue cheese, hard-boiled egg, avocado, carrots, celery and green onion

### TURKEY BREAST WRAP

Half 8.00 | Full 12.00  
Flour tortilla, cream cheese, cranberries and avocado, served with homemade vegetable chips

### GOAT CHEESE, SPICED BEETROOT & WRAP

Half 8.00 | Full 12.00  
Apple slices, arugula, sumac, roasted beetroot and goat cheese

### HONEY-GARLIC GLAZED SALMON

Half 21.00 | Full 29.00  
Roasted Brussels Sprouts

# All-Day Dining

Available Sunday through Thursday from 11:00AM to 8:00PM.; Friday and Saturday from 11:00AM to 9:00PM  
Dial Service Express®

## Pizza

Using artisan flour and an ever-so-slow fermentation process makes our pizza taste great

### 12" ROMAN PIZZA

Hand-tossed thin and crisp  
Each Additional Topping 2.00 each  
Fresh tomato, mushrooms, fresh garlic, arugula, hot peppers, roasted peppers, crispy pepperoni, homemade sausage  
Meatballs 2.00

## Favorites

All sandwiches are served with a choice of French fried potatoes or a small house salad

### SPECIAL RECIPE SIRLOIN BURGER

14.00  
Tillamook cheddar, fontina, Swiss, mozzarella, provolone, American or blue cheese

### MEATBALL HERO

13.00  
Pork and veal meatballs with marinara on Italian bun

### STEAK & CHEESE SANDWICH

11.95  
6oz. shaved NY strip steak on a baguette, giardiniera, Asiago cheese

### CHICKEN PARMESAN HERO

13.95  
Bacon Tomato Grilled Cheese Sandwich 12.00

## Pasta, Baked Pasta & Ravioli

### SPAGHETTI

15.95  
Meat ragu garnished with parmesan and basil

### GNOCCHI

16.95  
Housemade potato pasta with tomato-vodka cream sauce, basil, parsley and parmesan cheese

### SPAGHETTI WITH MEATBALLS

16.95  
Pork and veal meatballs

### SHELLS

16.95  
Roasted vegetables and pesto broth

### RIGATONI

17.95  
Italian sausage and broccoli in a light tomato sauce with garlic, basil and corn

### ZUPPA DI PESCE

31.95  
Shrimp, mussels, calamari, salmon, spicy tomato broth, linguine

### WHOLE WHEAT SPAGHETTI WITH SHRIMP

21.95  
Broccoli florets, basil and parmesan

### EGGPLANT PARMESAN

16.95  
Sliced eggplant layered with marinara, mozzarella and parmesan cheese

### NONNA'S MEAT LASAGNA

16.95  
Housemade with ricotta, egg, parsley, Italian sausage, pork and veal meatballs, marinara sauce, mozzarella and parmesan cheese

### BRAISED BEEF RAVIOLI

19.95  
A mixture of short rib, carrot, celery, onion and red wine with Bolognese sauce

### SHRIMP DIABLO LINGUINI

21.95  
Sautéed shrimp and garlic in a spicy tomato sauce



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# All-Day Dining

Available Sunday through Thursday from 11:00AM to 8:00PM.; Friday and Saturday from 11:00AM to 9:00PM  
Dial Service Express®

## Entrées

**PISTACHIO-CRUSTED WHITEFISH** 24.00  
Brussels sprouts slaw

**ROASTED CHICKEN & PEPPERS** 24.00

**CHICKEN GIARDINIERA** 24.00

**BAKED CHICKEN PARMESAN** 24.00  
Marinara

**PAN-ROASTED SALMON** 29.00  
Spinach, salsa verde

**6 OZ. FILET MIGNON** 32.00  
Arugula

**SHORT RIB** 22.95  
Heirloom carrots

**BERKSHIRE PORK CHOPS** 27.95  
Roasted seasonal fruit

**Broiled Lake Superior Whitefish** 23.95  
Fresh Cauliflower

Shaved fennel, apple salad

## Options

Serves two

**VESUVIO POTATOES** 8.95  
Garlic butter, rosemary, white wine, olive oil and parsley

**PARMESAN MASHED POTATOES** 8.95

**SAUTÉED SPINACH** 8.95

**SMALL SPAGHETTI WITH MARINARA** 6.95  
Garnished with parmesan and parsley

**HOUSE GROUND MEATBALLS** 8.00  
Pork and veal

**ROASTED BRUSSELS SPROUTS** 6.95  
Balsamic glaze

## Beverages

**FRESHLY BREWED BIG SHOULDERS BLEND COFFEE**  
Regular or Decaffeinated  
Small Pot (3 cups) 7.00 Large Pot (6 cups) 9.00

**ESPRESSO** 4.00

**CAPPUCCINO OR CAFÉ LATTE** 5.00

**MIGHTY LEAF TEAS**  
Organic Breakfast, Organic Earl Grey, Chamomile, Tropical Green Tea, African Nectar or Marrakesh Mint  
Small Pot (3 cups) 7.00 Large Pot (6 cups) 9.00

**MILK** 5.00  
Whole, Skim or Soy 5.00

**SODA & WATER** 4.00  
Coca-Cola, Diet Coke, Sprite or Bottled Water

## Dessert

**BANANA TIRAMISU** 9.00

**CHOCOLATE MASCARPONE PIE** 9.00

**WARM APPLE CROSTADA** 9.00

**HOMEMADE GELATO** 5.00  
Roasted pistachio, vanilla bean or seasonal selection

**LEMON SORBET** 5.00

**SLICED FRUIT & BERRIES OF THE SEASON** 9.00

# Late-Night Dining

## Temporary Unavailable.

**MINISTRONE SOUP**  
Cup 5.00 Bowl 7.00

**HOUSE SALAD** 7.00

**CAESAR SALAD** 11.00  
Add Grilled Chicken 6.00

**MEATBALL HERO** 13.00  
Pork and veal meatballs with marinara on Italian bun

**TURKEY BREAST WRAP**  
Half 8.00 | Full 12.00  
Flour tortilla, cream cheese, cranberries and avocado, served with homemade vegetable chips

**EGGPLANT PARMESAN** 14.00  
Sliced eggplant layered with marinara, mozzarella and parmesan cheese

**PB&J** 10.00  
Three slices of bread, peanut butter, grape jelly

**CEREALS** 7.00  
Choice of Total, All-Bran, Wheaties, Raisin Bran, Smart Start, Cheerios or low-fat granola, served with whole, skim or soy milk

## Dessert

**BANANA TIRAMISU** 9.00

**CHOCOLATE MASCARPONE PIE** 9.00

**SLICED FRUIT & BERRIES OF THE SEASON** 9.00

## Beverages

**FRESHLY BREWED BIG SHOULDERS BLEND COFFEE**  
Regular or Decaffeinated  
Small Pot (3 cups) 7.00 Large Pot (6 cups) 9.00

**ESPRESSO** 4.00

**CAPPUCCINO OR CAFÉ LATTE** 5.00

**MIGHTY LEAF TEAS**  
Organic Breakfast, Organic Earl Grey, Chamomile, Tropical Green Tea, African Nectar or Marrakesh Mint  
Small Pot (3 cups) 7.00 Large Pot (6 cups) 9.00

**MILK** 5.00  
Whole, Skim or Soy 5.00

**SODA & WATER** 4.00  
Coca-Cola, Diet Coke, Sprite or Bottled Water



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# Eat Well Menu for Kids

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed with SuperChefs™ to make kids and parents happy. Dial Service Express®.

## Breakfast

Available from 6:00AM to 11:00AM


**BABY SPINACH & CHEESE OMELET** 10.00  
Served with fruit salad 

**BREAKFAST CEREAL** 7.00  
Choice of Total, All-Bran, Wheaties, Raisin Bran, Smart Start, Cheerios or low-fat granola, served with whole, skim or soy milk 


**PEANUT BUTTER & BANANA SANDWICH** 8.00  
Served on whole wheat bread with seasonal fruit cup 


## Lunch or Dinner

Available from 11:00AM to 10:00PM

**BUILD YOUR OWN PIZZA** 10.00  
Whole wheat crust with your choice of toppings: tomato sauce, mozzarella cheese, cherry tomatoes, baby spinach, pineapple or low-sodium ham 

**SALMON WITH Butter Parmesan NOODLES** 12.00  
Asian-style baked salmon with Broccoli 

**BAKED CHICKEN FINGERS** 12.00  
Corn flake-breaded chicken served with carrots, celery sticks and low-fat dressing 

**FILET MIGNON & SMASHED POTATOES** 14.00 Three oz. beef tenderloin with smashed potatoes, served with broccoli 

## Dessert

**FRUIT KABOBS** 7.00  
Fresh fruit served with low-fat Greek yogurt and lemon cookie

**CHOCOLATE Mousse** 7.00

Chocolate and Vanilla Gelato 7.00

## Drinks

**KID'S MILK** 3.00  
Whole, skim, chocolate or soy

**KID'S JUICE** 3.00  
Orange or apple

# Sleep Well Menu

Enjoy these nutritious selections 1–2 hours before bedtime to enhance your rest and enrich your well-being. Available Sunday through Thursday from 11:00AM to 10:00PM.; Friday and Saturday from 11:00AM to 11:00PM. Dial Service Express®.

**TURKEY BREAST WRAP**  
Half 8.00 | Full 12.00  
Flour tortilla, cream cheese, cranberries and avocado, served with homemade vegetable chips

**GRILLED CHICKEN CHOPPED SALAD** 14.95  
Grilled chicken, romaine, cucumber, broccoli florets, tomatoes, bacon, blue cheese, hard-boiled egg, avocado, carrots, celery and green onion

**BEDTIME SNACK** 9.00  
Small bowl of nutty granola with skim milk

**HERBAL TEA** 7.00  
Unwind and re-center with a cup of naturally caffeine-free herbal tea, featuring a proprietary blend of aromatic herbs designed to promote relaxation and restful sleep

Whether you're adjusting to a new time zone or recovering from your travels, restful sleep is the key to renewal. These selections are packed with amino acids, vitamins and minerals that promote sound sleep, including:

**TRYPTOPHAN**  
Boosts serotonin production and enhances sleepiness

**MAGNESIUM & POTASSIUM**  
Electrolytes often lost during travel that help promote sleep and prevent insomnia

**MELATONIN**  
Resets sleep-wake cycles, combating jet lag and improving sleep quality

**FOLATE**  
Helps fight fatigue during the day and promotes sound sleep at night

**THIAMIN**  
Important B vitamin that helps improve sleep patterns

**SEROTONIN**  
Promotes relaxation and induces sleepiness

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# Alcoholic Beverages

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Available from 11:30AM to 11:00PM. Dial Service Express®.

## White Wines

**RIESLING, THE SEEKER** 9 11  
Columbia Valley

**PINOT GRIGIO, CA' DONINI** 9 32  
Italy

**PINOT GRIGIO, MASO CANALI** 13 48  
Trenton, Italy

**SAUVIGNON BLANC, STARBOROUGH** 11 42  
Marlborough

**CHARDONNAY, CROW CANYON** 8 30  
California

**CHARDONNAY, WILLIAM HILL** 13 48  
Central Coast

**CHARDONNAY, FOLIE A DEUX** 8 30  
California

## Sparkling Wines

**PROSECCO, LA MARCA** 9 36  
Italy

**MOSCATO D'ASTI, CAPOSALDO** 8 32  
Italy

**PROSECCO ROSÉ, VILLA SANDI** 9 36  
Italy

**BRUT, TAITTINGER** 100  
France

**BRUT, MOËT & CHANDON, IMPERIAL** 187ml 18  
France

## Red Wines

**PINOT NOIR, TRINITY OAKS** 9 34  
California

**CHIANTI, BANFI SUPERIORE** 9 34  
California

**MERLOT, MILBRANDT** 9 34  
Washington

**MALBEC, ALAMOS** 9 34  
Argentina

**ZINFANDEL, BUEHLER VINEYARDS** 12 46  
North Coast

**RED BLEND, FERRARI-CARANO SIENA** 11 42  
Sonoma

**BABY AMARONE, MASI CAMPOFIORIN** 11 42  
Veneto

**SUPER TUSCAN, BRANCAIA** 12 46  
Italy

**CABERNET SAUVIGNON, CK MONDAVI** 8 30  
California

**PINOT NOIR, PRIMARIUS** 12 46  
Oregon

**SANGIOVESE, CAPARZO** 9 34  
Tuscany

**MONTEPULCIANO D'ABRUZZO, GIANCARLO** 9 34  
Italy

**RED BLEND, "THE PRISONER",  
THE PRISONER WINE CO.** 18 70  
Napa Valley

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# Alcoholic Beverages

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Available from 11:30AM to 11:00PM. Dial Service Express®.

## Beer

### DRAFT 16 OZ.

Seasonal Offering 5.5

Bell's Seasonal 7.5

Stella Artois 7.5

Samuel Adam Boston Lager 7.5

### BOTTLE

Budweiser 5

Coors and Miller Lite 5

Amstel Light 6

Heineken 6

Blue Moon 6

Corona Extra 6

Birra Moretti 6

### CRAFT

**Daisy Cutter, IPA,  
REVOLUTION BREWING** 7  
Chicago, IL

**HOP SKIP, APA  
BRICKSTONE** 7  
Bourbonnais, IL

**THE POET, OATMEAL STOUT,  
NEW HOLLAND BREWING** 7  
Holland, MI

**RIGHT BEE, CIDER** 7  
Chicago, IL

**60 MINUTE, IPA,  
DOGFISH HEAD** 7  
Milton, DE

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