

SPOONBREAD

RESTAURANT

Breakfast 7:00am -10:00am

CONTINENTAL BREAKFAST BUFFET

Variety of fresh Pastries, Choice of Breads, Butter, Jelly/Preserves, Fresh Fruit Cups, Sliced Deli Meat and Cheese tray, and Orange Juice.

Coffee, or Tea will be served at your table \$19.50

QUICHE OF THE DAY

Freshly prepared seasonal Quiche of the Day served with arugula salad \$12.75

SPOONBREAD BREAKFAST

Two eggs made to order with a choice of bacon, sausage or country ham, served with breakfast potatoes or grits, and toast or English muffin, served with coffee and orange juice \$15.75

CAGE FREE EGGS WITH SALMON

Two poached eggs over grilled Atlantic salmon, with asparagus, tomatoes and arugula salad \$13.75 **GF**

EGG WHITE OMELET WITH SPINACH

Egg whites with spinach, sautéed onions, and low-fat cheddar cheese served with arugula salad \$12.75 **GF**

COLD CEREALS

Homemade Granola, Raisin Bran, Corn Flakes, or Cheerios \$5.50

Add berries or bananas \$2.25

HEARTY OATMEAL

With brown sugar, raisins, blueberries and Walnuts \$6.50 **GF**

BREADS & PASTRIES

Served with butter and fruit preserves

Fresh baked pastries or muffins \$4.25

Toasted English Muffin \$2.75

Bagel with Cream Cheese \$4.25

Bagel, Lox and Cream Cheese \$6.50

Buttermilk Biscuit or Toast \$3.25

(Gluten Free Bread Available)

CREATE YOUR OWN OMELET

Ham, Bacon, Green Peppers, Onions, Mushrooms, Cheddar Cheese, served with breakfast potatoes or grits, and toast or English muffin with butter and preserves. \$12.75

YOGURT GRANOLA PANCAKES

Homemade pancakes made with yogurt and granola, topped with blueberries and pure maple syrup \$9.75

SOUTHERN WAFFLES

Choice of Plain waffle with/without Maple Syrup, or Pecan waffle or Strawberry waffle served with fresh strawberries and whipped cream \$9.75

SIDE ORDERS

Bacon, Country Cured Ham

Turkey or Link Sausages \$4.25

Crispy Home Fries \$3.00

Grilled Asparagus \$5.00

Sautéed Spinach \$5.00

FRUITS, JUICES & YOGURTS

Fresh Orange Juice \$4.00

Grapefruit, Tomato, V8, Apple or Cranberry juice \$3.00

Yogurts and Low-Fat Yogurts \$4.25

Fruit Plate with Pineapple, Cantaloupe, Strawberries,

Blueberries and Blackberries \$6.50

BEVERAGES

FRESHLY BREWED STARBUCKS COFFEE

Regular or Decaffeinated \$2.75

Espresso \$3.25

TAZO TEAS

Selections of regular or decaffeinated hot teas \$2.75

MILK

Skim, Whole, Oat or Almond \$2.75

Consuming raw or undercooked meats, poultry, seafood or shellfish may increase your risk of foodborne illness, especially if you have certain medical conditions.

GF: Denotes Gluten Free Items

Our eggs are fresh, free-range & local from Happy Hills Farm

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