

# SPOONBREAD

## RESTAURANT

**Breakfast 6:30am -10:00am**

### POINSETT BUFFET\*

Scrambled eggs, link sausage, crispy bacon, Southern grits, potatoes, pancakes, seasonal fruit and berries, cereals, Granola parfaits, pastries and local breads, preserves and cold cuts and cheese; freshly brewed coffee and orange juice \$24.50

### CONTINENTAL BREAKFAST

Seasonal fruit plate, yogurt, pastries, toast or English Muffin, butter and preserves; with freshly brewed coffee and orange juice \$17.50

### SEARED SALMON with CAGE FREE EGGS\*

Grilled Atlantic salmon with two poached eggs, asparagus, roasted tomato and mixed greens salad \$15.00 **GF**

### EGG WHITE OMELET\*

Egg whites with spinach, sautéed onions and low-fat cheddar, served with a mixed greens salad \$13.00 **GF**

### COLD CEREALS

Homemade Granola, Raisin Bran, Corn Flakes, or Cheerios \$5.50

add berries or bananas \$3.00

### HEARTY OATMEAL

With blueberries; brown sugar, raisins and walnuts on the side \$6.50 **GF**

### BREADS & PASTRIES

Served with butter and fruit preserves  
(Gluten Free Bread Available)

Fresh baked pastries or muffins \$4.25

Toasted English Muffin \$2.75

Bagel with Cream Cheese \$4.25

Bagel, Lox and Cream Cheese \$8.50

Buttermilk Biscuit or Toast \$3.25

### SPOONBREAD BREAKFAST\*

Two eggs made to order with a choice of bacon, sausage or country ham, served with breakfast potatoes or grits, and toast or English muffin with butter and preserves \$15.75

### CREATE YOUR OWN OMELET\*

Ham, bacon, green peppers, onions, mushrooms, Cheddar Cheese, served with breakfast potatoes or grits, and toast or English muffin with butter and preserves \$12.75

### YOGURT GRANOLA PANCAKES

Homemade pancakes made with yogurt and granola, topped with blueberries and pure Maple syrup \$10.50

### SOUTHERN WAFFLES

Malted waffle with/or without Maple Syrup. Your choice of a plain waffle, or a waffle with pecans, or a waffle with a berry compote and whipped cream \$10.50

### QUICHE OF THE DAY

Freshly prepared seasonal Quiche of the Day served with a fresh mixed greens and roasted tomato salad \$13.00

### SIDE ORDERS

Bacon, Country Cured Ham \$4.25

Turkey or Link Sausages \$4.25

Crispy Home Fries \$3.00

Grilled asparagus or sautéed spinach \$5.00

### FRUITS, JUICES & YOGURTS

Fresh Orange Juice \$4.00

Grapefruit, tomato, V8, apple or cranberry juice \$3.00

Yogurts and low-fat yogurts \$4.25

Fruit Plate (pineapple, cantaloupe and berries) \$6.50

### BEVERAGES

Freshly brewed Starbucks coffee;  
regular or decaf \$2.75

Espresso \$3.25

Tazo Teas: regular or decaffeinated hot teas  
\$2.75

Milk selection's - Skim, Whole, Oat or Almond \$2.75

\*Consuming raw or undercooked meats, poultry, seafood or shellfish may increase your risk of foodborne illness, especially if you have certain medical conditions.

GF: Denotes Gluten Free Items

Our eggs are fresh, free-range & local from Happy Hills Farm