Spa Menu

Massage Therapy

CUSTOM MASSAGE
$120/50 MINUTES $160/80 MINUTES
Personalized massage including Swedish and Deep Tissue
techniques to improve circulation, ease tension, and
rejuvenate stressed muscles.

PRENATAL $130/50 MINUTES $170/80 MINUTES
Relax and nurture yourself and your new baby while reducing
common pregnancy pain such as backaches, leg cramps,
and insomnia. For your second and third trimester.

AROMATHERAPY $130/50 MINUTES $170/80 MINUTES
Essential oils are used to enhance physiological and physical
well-being. The aromas balance moods, elevate spirit,
stimulate regeneration of tissue and nerves.

SPORTS THERAPY $130/50 MINUTES $170/80 MINUTES
Ease muscle pain, alleviate tension and inflammation
post-event or loosen muscles and relax pre-event with
this custom tailored treatment.

REFLEXOLOGY $130/50 MINUTES
Target pressure points throughout the body to align energy,
improve circulation, and encourage overall healing.

HOT LAVA SHELLS
$140/50 MINUTES $180/80 MINUTES
This unique treatment uses natural tiger clam shells recycled
from the South Pacific. The combination of deep, nurturing,
penetrating heat and Swedish style massage strokes melt
tension and soothe you into a deeper state of relaxation.

COUPLES MASSAGE
$240/50 MINUTES $320/80 MINUTES
This massage service for two includes your choice of
Custom Massages enjoyed together in our couples Spa
Treatment Room.

Prices subject to change. Please call for current spa menu.

Additional $20 per person for all in-room services.

Reservations are required and advance reservations are
highly recommended. Dial extension 7124 from your guest
oom or call 619-610-8925 for spa reservations.

To avoid charges, please honor our 4 hour advance notice
cancellation policy for all treatments.

As a courtesy to your Body Care Specialist, an 18% gratuity
will be added to all services unless a higher amount is given
at your discretion.

Our Body Care Specialists are on-call from 9:00AM – 6:00PM
daily by appointment only.