




HEALTHY START - EAT WELL

 **STEEL-CUT CINNAMON SCENTED OATMEAL** ... 10
/ Additional Topping Options: Peach Chutney or Strawberry & Banana or Chocolate & Peanut butter ...\$2


 **GREEK YOGURT BOWL** ... Granola | Honey | Strawberries | Blueberries | Banana ... 12
/ Add Protein Powder \$2


 **SEASONAL FRUIT PLATE** ... Whipped Sheep's Milk Ricotta | Banana Nut Bread ... 14

ENTRÉES

AMERICAN BREAKFAST ... Two Eggs Any Style | Breakfast Potatoes | Choice or Applewood Smoked Bacon Or Sausage Links | Choice of Toast ... 17


THREE-EGG OMELET ... Three Eggs with Choice of Fillings : Onions, Mushroom, Tomatoes, Sweet Bell Peppers, Spinach, Ham, Bacon, Cheddar, Mozzarella Cheese | Breakfast Potatoes | Choice of Toast ... 17

 **WAFFLES** ... Maple Syrup | Whipped Butter ... 12
/ Additional Toppings: Smores...\$2 Banana Pecan...\$2

 **FRENCH TOAST** ... Salted Caramel | Whipped Cream ... 14
/ Add: Berry Compote...\$2 | Fresh Berries...\$2

HUEVOS RANCHERO ... Corn Tortilla | Black Beans | Salsa | 2 Eggs any style | Avocado | Chorizo | Cojita Cheese ... 17

CHORIZO COUNTRY BENEDICT ... Poached Egg | Spinach | Chorizo | Chipotle Hollandaise | Biscuit ... 17


 **QUICHE** ... Cheddar | Spinach | Sundried Tomatoes | Arugula Salad ... 10

CROISSANT BREAKFAST SANDWICH ... 2 Eggs | Cheddar Cheese | Bacon | Tomato Chutney | Arugula ... 11

SIDES


BISCUITS & GRAVY ... 5

APPLEWOOD SMOKED BACON OR SAUSAGE LINKS ... 7

 **TOAST, ENGLISH MUFFIN, CROISSANT OR MUFFIN** ... 4

 **BAGEL & CREAM CHEESE** ... 6

EAT WELL

 **AVOCADO TOAST** ... Sundried Tomato | Pickled Red Onion | Balsamic Honey Glaze | Wheat Toast ... 13
/ Add an Egg \$2

 **TOFU SCRAMBLE** ... Red Onion | Peppers | Spinach | Avocado Roasted Sweet Potato | Beyond Sausage ... 18

SMOKED TURKEY WRAP ... Turkey | Scrambled Egg Whites | Spinach | Avocado | Whole Wheat Wrap ... 18

BEVERAGES

FRESHLY BREWED COFFEE & HERBAL TEAS ... 3

ORANGE, GRAPEFRUIT, APPLE, CRANBERRY OR TOMATO JUICE ... 4

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**Consuming Raw or Undercooked Meats, Poultry, Seafood, Shellfish or Eggs May **
Increase your risk of Foodborne Illness