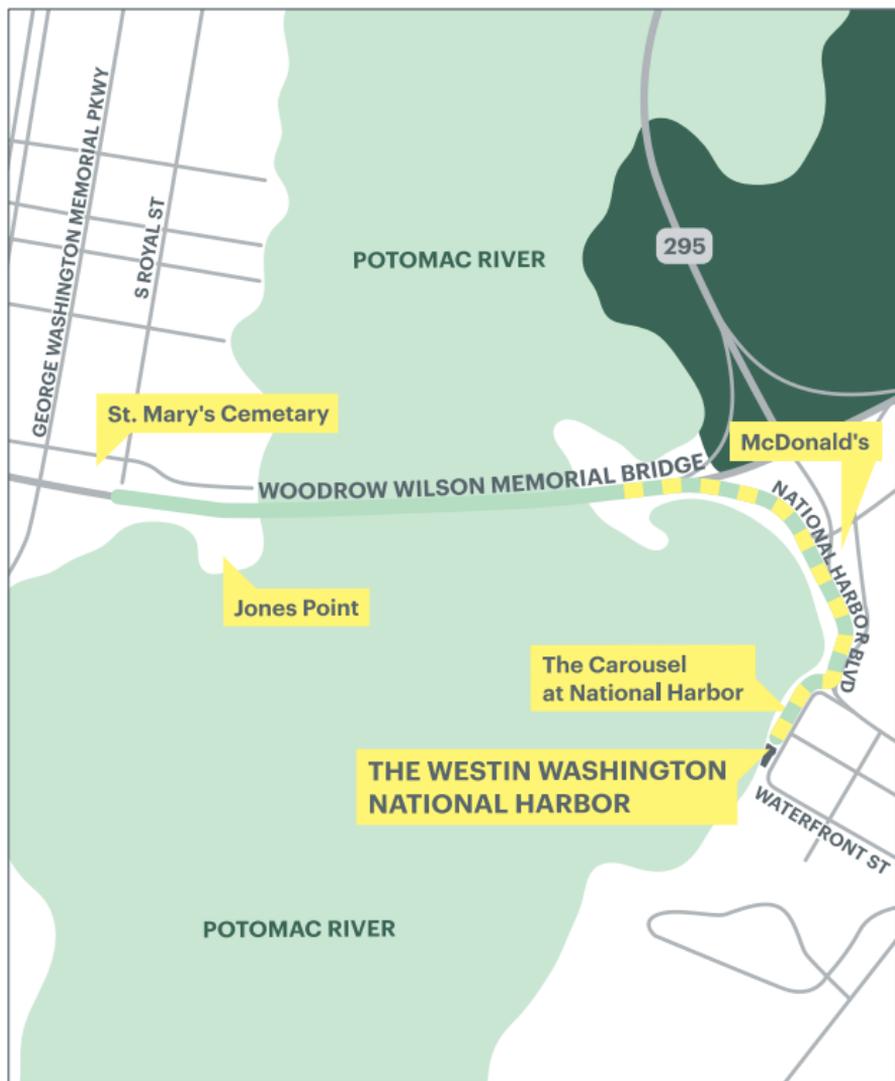


WESTIN *WORKOUT* Running Map



5 km

8 km

1 mi = 1.6 km

THE WESTIN WASHINGTON NATIONAL HARBOR
171 Waterfront St,
National Harbor, MD, 20745
T 301 567 3999

5 KM ROUTE

1. Leave the hotel from the lower level doors (by the harbor) and turn right.
2. Follow the shops along National Plaza until you reach the Jumbotron (on your left).
3. Turn left down the path that is on the right side of the sand and the Jumbotron (in front of McCormick & Schmick's).
4. Follow the path along the Potomac, past The Carousel.
5. Follow the path all the way to the Woodrow Wilson Memorial Bridge.
6. Continue up the bridge until you reach the Drawbridge Warning sign.
7. Turn around and reverse the directions above.

8 KM ROUTE

1. Follow steps 1-5 above.
2. Follow the bridge until you reach the foot of the bridge. St Mary's Cemetery will be on your right (intersection of I-495 and George Washington Memorial Parkway).
3. Turn around and reverse the directions above.

Disclaimer notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the hotel. The identified routes are on city public streets and ways. As the hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.