

Breakfast

6:30am - 11:00am

WALL CENTRE BREAKFAST 16.00

Two free-run eggs prepared any style, crisp seasoned potatoes, your choice of sausage, bacon, or grilled ham, choice of brown or white toast

FRENCH TOAST 15.00

Seasonal berries, whipped cream, warm maple syrup

FREE-RUN EGGS BENEDICT 18.00

Toasted English muffins, grilled ham topped with hollandaise, served with crisp seasoned potatoes

WEST COAST EGGS BENEDICT 21.00

Toasted English muffins, smoked wild salmon, wilted spinach topped with hollandaise, served with crisp seasoned potatoes

HAM AND CHEESE OMELETTE 16.00

Oven dried tomato, spinach, low-fat Cheddar, served with crisp seasoned potatoes gf

WHIPPED EGG WHITE OMELETTE 16.00

Mushroom, spinach, tomato, Cheddar cheese, served with crisp seasoned potatoes gf

BUTTERMILK PANCAKES 17.00

Honey mascarpone, artisanal granola, peach compote

CRUNCHY ALMOND MAPLE GRANOLA 12.00

Steel-cut oats, almonds, sunflower seeds, cinnamon, maple syrup, dried fruit, cup of milk

STEEL CUT OATMEAL 10.00

Steel-cut oats, cinnamon, honey, almonds, dried fruit

Side Orders

6:30am - 11:00am

GREEK YOGURT WITH MARKET BERRIES 8.00

A bountiful selection of the season's best gf

TOAST 4.00

Choice of two slices of white, whole wheat, rye, multigrain, sourdough or gluten-free bread

PASTRIES 6.00

Choice of two danishes, croissants, or turnovers

YOGURTS 4.00

Low-fat fruit, berry or Greek plain gf

FRUIT CUP 7.00 df gf

INDIVIDUAL SIDES 5.00

Crisp smoked bacon, sausage or grilled ham Two free-run eggs cooked any style gf Crisp seasoned potatoes Bagel and cream cheese

Drinks

6:30am - 11:00am

STARBUCKS® COFFEE AND TAZO® TEAS 4.00

Regular or decaffeinated Tazo® teas or Starbucks® coffee

CAPPUCCINO OR LATTE 5.00

Made with Starbucks® coffee

AMERICANO OR ESPRESSO 4.50

MILK 3.50

Non-fat, 2%, soy, almond or chocolate

JUICE 3.50

Orange, grapefruit, apple, cranberry, V8 or tomato

EAT WELL MENU

Our Chef has crafted these delicious dishes with your well-being in mind, giving you the freedom to choose when it comes to portion size, nutritional balance and quality of ingredients.

COCONUT GINGER CHIA PUDDING WITH ORANGE

Half 6.00 | Full 10.00 Chia seeds, blueberries, strawberries, orange, mint, coconut milk gf df

MORNING BREAKFAST OVERNIGHT OATS

Half 5.00 | Full 9.00 Choice of non-fat plain or greek yogurt, oats, carrots, Granny Smith apple, raisins, toasted walnuts, almond milk

CHIA SEED PUDDING

Half 6.00 | Full 10.00 Chia seeds, coconut milk, bananas, honey *gf df*

OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

