

BREAKFAST MIZZEN BUFFET

Market fruit and berries, Flavored individual yogurts, Chef's choice salads, Boiled eggs, Smoked salmon, Cornichons, Pesto, Sliced red onion, Grainy mustard, Sliced vegetable & hummus, Boursin cheese scrambled eggs, Smoked bacon, Sage & chicken sausages, Breakfast potatoes, Omelets made to order, Cereal, Miso soup, Tofu, Scallion, Hot oatmeal, Pancake, Maple syrup, Rooftop honey, Walnut, Granola, Raisin, Brown sugar, Sliced cheeses, Cold cuts, Olives, Lettuce, Sliced tomato, Japanese mayonnaise, Pastry basket, Gluten free pastries, Toasts with preserves, Selection of breakfast juices, Coffee, and Assorted Tazo® teas

/ 35

ENTREES

All served with fresh fruit and berry bowl (GF / NF / DF / Vegan) or breakfast potatoes (NF/ Vegetarian)

TRADITIONAL BREAKFAST / 29

2 Organic cage-free eggs any style with toast, Choice of smoked bacon, Country pork sausage or chicken sausage, Roasted tomato with pesto and grana Padano cheese
NF

WESTERN OMELET WITH TOAST / 25

Smoked ham, Roasted peppers, Onion, Gruyere cheese, Roasted tomato with pesto and grana Padano cheese
NF / GF

ORGANIC BLUEBERRY & BUTTERMILK PANCAKES / 19

Fresh berries, Ontario maple syrup, & Whipped cream
NF

AVOCADO TOAST / 26

Fresh guacamole, 2 poached organic cage-free eggs, Drop peppers, Sriracha aioli, Rudolph's multigrain toast, Roasted tomato with pesto and grana Padano cheese, choice of green salad or breakfast potato

CANADIAN BACON BENEDICT / 25

2 Organic cage-free poached eggs, English muffin, Tarragon hollandaise, Roasted tomato with pesto and grana Padano cheese
NF

PORTOBELLO MUSHROOM & SPINACH BENEDICT / 24

2 Organic cage-free poached eggs, Sautéed baby spinach, Onion, Tarragon hollandaise, English muffin, Roasted tomato with pesto and grana Padano cheese
NF / Add salmon \$3

EGG WHITE OMELET WITH TOAST / 25

Boursin cheese, Spinach, Tomato, Roasted tomato with pesto and grana Padano cheese
GF / NF


WESTIN BREAKFAST "POKE" BOWL / 29

Organic cage-free poached egg, Norwegian smoked salmon, Rice, ½ Avocado, Cucumber, Tomato, Edamame, Kimchi, Radish, Kewpie mayo, Aji panca Aioli, Furikake
NF / GF / DF


EAT WELL MENU

Our Chef has crafted these delicious dishes with your well-being in mind, giving you the freedom to choose when it comes to portion size, nutritional balance and quality of ingredients.

GRANOLA & YOGURT PARFAIT / 10 (HALF) / 17

Fresh fruits and Berries
Vegetarian /  Eat Well

CONTINENTAL BREAKFAST / 13 (HALF) / 23

Yogurt and granola parfait, Freshly baked muffin, Toast & preserves
NF / Vegetarian /  Eat Well

STRAWBERRY MUESLI / 10 (HALF) / 17

Chia seed, Oat milk, Rolled oat, Strawberry Puree, Cinnamon, Hempseed, Honey and Fresh berries

GF / NF / DF / V /  Eat Well

OATMEAL WITH BLUEBERRIES & WALNUTS / 12 (HALF) / 16

Served with blueberries, Walnuts, Maple syrup

GF / DF / Vegan /  Eat Well

OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.



Service charges and government taxes are additional. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. ©2018 Marriott International, Inc. All Rights Reserved. All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.

SIDE ORDERS

TOAST OR BAGEL WITH CHOICE OF CREAM CHEESE, BUTTER AND PRESERVES / 8

SMOKED BACON 5 PCS / 9 NF / DF / GF

BREAKFAST PORK SAUSAGE 4 PCS / 9 NF / DF

CHICKEN SAUSAGE 3 PCS / 9 GF / NF / DF

POACHED EGG / 3

CROISSANT, BLUEBERRY MUFFIN OR BANANA MUFFIN / 7

BEYOND MEAT PATTIES 2 PCS / 8 GF / NF / DF / Vegan

HALF AN AVOCADO / 5 GF / NF / DF / Vegan

SMOKED SALMON / 10 GF / NF / DF

FRESH FRUIT AND BERRY BOWL / 11 GF / NF / DF / Vegan

SIDE BREAKFAST POTATOES / 7 NF / Vegetarian

BEVERAGES

ORANGE, GRAPEFRUIT OR APPLE JUICE / 7

2%, SKIM, SOY, OAT OR ALMOND MILK / 6

COFFEE OR TEA / 6

ESPRESSO / 6

AMERICANO / 6

CAPPUCCINO / 7

LATTE / 7

GREENHOUSE VANILLA PROTEIN SHAKE / 8

GREENHOUSE CHOCOLATE PROTEIN SHAKE / 8

SMART ENERGY SHOT / 4

THE WESTIN
HARBOUR CASTLE
TORONTO

GF We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions. NF Indicates this menu item is nut-free; DF dairy-free.

Service charges and government taxes are additional. 15% gratuity added to bills for parties of 8 people or more. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. ©2022-2023 Marriott International, Inc. All Rights Reserved. Westin® and its logos are trademarks of Marriott International, Inc., or its affiliates.

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