

# BREAKFAST

## MIZZEN BUFFET

Market fruit and berries, yogurt, steel cut oatmeal, cereals, scrambled eggs, bacon, sausage links, breakfast potatoes, sliced cheeses, smoked salmon, omelets made to order, pastry basket, toast with preserves, selection of breakfast juices, coffee, and assorted Tazo® teas.

/ 32

## ENTREES

### TRADITIONAL BREAKFAST / 27

2 Organic cage-free eggs any style with toast, choice of smoked bacon, country pork sausage or chicken sausage, roasted tomato  
NF / DF

### WESTERN OMELET WITH TOAST / 24

Smoked ham, roasted peppers, onions, gruyere cheese, roasted tomato  
NF / GF

### CANADIAN BACON BENEDICT / 24

Organic cage-free poached eggs, English muffin, red onion, tarragon hollandaise, roasted tomato  
NF

### SMOKED SALMON & AVOCADO BENEDICT / 26

Organic cage-free poached eggs, crushed avocado, English muffin, red onion, tarragon hollandaise, roasted tomato  
NF

*All served with fresh fruit and berry bowl (GF / NF / DF / Vegan) or breakfast potatoes (NF/ Vegetarian)*

### ORGANIC BLUEBERRY AND BUTTERMILK PANCAKES / 17

Fresh berries, Ontario maple syrup, and whipped cream  
NF

### TOASTED BAGEL & AVOCADO / 17

Everything bagel, cream cheese, half a fresh sliced avocado, roasted tomato  
NF / Vegetarian

*Add smoked salmon & capers / 8*

### BREAKFAST PIZZA / 21

Medium cooked free run eggs, fresh mozzarella, San Marzano tomato sauce, fresh tomato, scallions

*Add bacon \$2*

*Add beyond meat sausage \$3*

*Add half avocado \$5*

### EGG WHITE OMELET WITH TOAST / 24

Boursin cheese, spinach, tomato, roasted tomato, fresh fruit and berry bowl  
GF / NF

## EAT WELL

### GRANOLA & YOGURT PARFAIT / 9 (HALF) / 17

Fresh fruits and berries  
Vegetarian / ☺ Eat Well

### CONTINENTAL BREAKFAST / 12 (HALF) / 22

Yogurt and granola parfait, freshly baked muffin, toast & preserves  
NF / Vegetarian / ☺ Eat Well

### AVOCADO TOAST / 24

Fresh guacamole, two poached farm fresh eggs, drop peppers, Rudolph's multigrain toast, served with roasted tomato with pesto and grana Padano cheese, choice of green salad or breakfast potatoes

### OATMEAL WITH BLUEBERRIES AND WALNUTS / 12 (HALF) / 16

Served with blueberries, walnuts, maple syrup  
Vegan / ☺ Eat Well

### SIDE ORDERS

TOAST OR EVERYTHING BAGEL WITH CHOICE OF CREAM CHEESE, BUTTER AND PRESERVES / 8

CROISSANT, BLUEBERRY MUFFIN OR BANANA MUFFIN / 6

SMOKED BACON 5 PCS / 8 NF / DF / GF

COUNTRY PORK SAUSAGE 4 PCS / 8 NF / DF

CHICKEN SAUSAGE 4 PCS / 8 GF / NF / DF

BEYOND MEAT PATTIES 2 PCS / 7 GF / NF / DF / Vegan

HALF AN AVOCADO / 5 GF / NF / DF / Vegan

SMOKED SALMON / 9 GF / NF / DF

FRESH FRUIT AND BERRY BOWL / 10 GF / NF / DF / Vegan

SIDE BREAKFAST POTATOES / 7 NF / Vegetarian

## BEVERAGES

MANGO, SPINACH & BANANA SMOOTHIE / 10

ORANGE, GRAPEFRUIT OR APPLE JUICE / 7

2%, SKIM, SOY, OAT OR ALMOND MILK / 6

COFFEE OR TEA / 6

ESPRESSO / 6

AMERICANO / 6

CAPPUCCINO / 7

LATTE / 7

### WESTIN FRESH BY THE JUICERY

*Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.*

BEEF, CARROT, KALE, APPLE, LEMON, GINGER / 10

CANTALOUPE, PINEAPPLE, MINT / 10

COCONUT MILK, MANGO, SPINACH SMOOTHIE / 10

PASSIONFRUIT, ORANGE / 10