ST REGIS

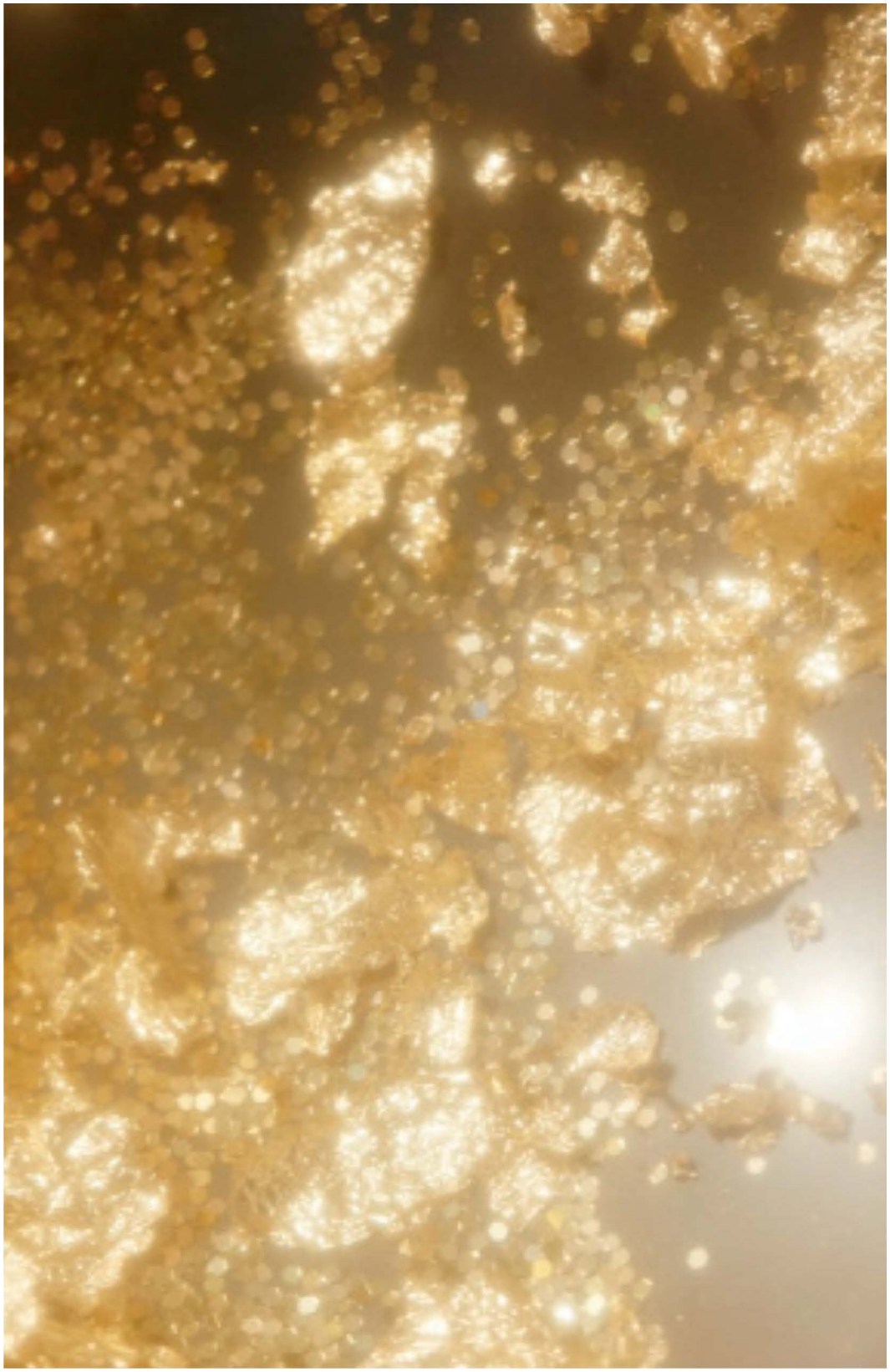
LA BAHIA BLANCA • TAMUDA BAY

THE SPA

A SINGULAR SANCTUARY

Step into a sanctuary of serenity at St. Regis Spa, where every experience is thoughtfully curated to restore balance, inspire renewal, and awaken the senses. Rooted in the timeless traditions of St. Regis and enriched by the spirit of Moroccan coastal living, each treatment is designed to nurture both body and mind.

From tranquil surroundings to expertly crafted rituals and exceptional ingredients, every detail has been carefully considered to create an atmosphere of refined relaxation. Discover a place of quiet indulgence, where personalized care transforms every moment into an extraordinary wellness experience.



MASSAGES

Personalize your massage by selecting one of three signature scents from our Scent Bar, paired with your preferred nourishing massage oil or cream. Each treatment is tailored to your individual needs for a truly bespoke experience.

RELAXATION MASSAGE

45 minutes - 1300MAD 60 minutes - 1500MAD

Deep relaxation of mind and body, a fully bespoke massage using light to medium pressure. Choose your sensory escape from the Scent Bar which will then be blended with a nourishing oil. A true feeling of balance.

STRESS RELIEF MASSAGE

45 minutes - 1500MAD 60 minutes - 1700MAD

Sensorial and awakening, a sensory journey that harmonizes techniques from around the world. A stress-relieving treatment that uses mobilizing movements and firm massage to ease away tension and restore energy levels.

ENERGIZING MASSAGE

45 minutes - 1700MAD 60 minutes - 1900MAD

An invigorating deep-pressure massage designed to stimulate circulation, release built-up tension, and restore vitality. Targeting areas of muscular discomfort with firm, focused techniques, this revitalizing treatment promotes a renewed sense of energy and well-being.

MOROCCAN CANDLE MASSAGE

60 minutes - 1500MAD

A sensory massage to relax the body and spirit in the soothing heat of the Paillettes d'Ambre Candle. The circular movements will release tension throughout the body, lulled by the warmth of the melted candle and the exquisite scent of amber.

HOT STONE MASSAGE

60 minutes - 1600MAD

A massage with heated basalt stones relieves deep tension and restores the inner balance of body, mind, and soul. A distinctive and exceptional relaxing treatment.

HAMMAM

A true tribute to the traditions of the Moroccan Hammam, our rituals offer a journey of purification, renewal, and deep relaxation. From expert techniques to exceptional ingredients, each treatment is thoughtfully designed to reveal the skin's natural radiance, soothe the senses, and restore a profound sense of well-being.

INDULGENT HAMMAM

45 minutes - 1500MAD 60 minutes - 1700MAD

An exclusive journey to the heart of traditional Moroccan techniques. The Kessa glove combined with the generous exfoliating body balm provides an ultra-purifying scrub. Followed by a full body soaping using Infusion d'Orange with orange blossom extract. A moment of hydration with a nourishing body cream completes the experience in the treatment room.

Includes: Kesse glove and black soap exfoliation, body soaping, hydration application

THE MOROCCAN EXPERIENCE

120 minutes - 2200MAD

Refined techniques, combined with effective products, ensure absolute well-being.

An authentic Moroccan ritual combining a herbal body scrub, natural facial treatment, and is followed by a relaxing 60-minute massage in the treatment room, using warm nourishing oils. The body is relaxed, the skin radiates and the spirit escapes.

Includes: Kesse glove and black soap exfoliation, body soaping, full body heated massage

FACIAL

Designed to deliver visible, high-performance results, our advanced facial treatments combine innovative techniques with expertly selected ingredients to restore hydration, enhance radiance, and promote healthy, revitalized skin. Tailored to all skin types, they offer a refined skincare experience for both men and women throughout the year.

REJUVENATION FACIAL

60 minutes - 1400MAD

A revitalizing facial treatment designed to restore hydration, revive the skin's natural radiance, and replenish its vitality. Combining highly nourishing active ingredients with expert techniques, this restorative treatment enhances skin texture, comfort, and luminosity, leaving the complexion visibly refreshed, balanced, and glowing.

RADIANCE EXPRESS

40 minutes - 1000MAD

A refreshing express facial that provides an intensive burst of hydration and an instant glow. Designed to awaken tired skin, this nourishing treatment smooths, softens, and revives the complexion's natural radiance, leaving the skin refreshed, balanced, and visibly revitalized.

FINISHING TOUCHES

The finishing touches make all the difference. Our hair and beauty services combine expertise and precision to perfect every look. From precision haircuts and elegant styling to manicures and pedicures, each service is thoughtfully designed to enhance your natural elegance.

HAIR STYLING - 600MAD

Beautifully styled hair for any occasion, from effortless waves to elegant updos. Our bespoke styling service enhances your natural beauty and delivers a flawless, long-lasting finish.

HAIR STYLING WITH EXTENSIONS - 800MAD

Elevate your look with luxurious styling enhanced by premium extensions. Designed to add volume, length, and glamour, this bespoke service creates a beautifully transformed and impeccably finished hairstyle.

HAIRCUT - 600MAD

A precision haircut tailored to your individual style and features. Whether refreshing your signature look or creating a new one, each cut is expertly crafted to leave you feeling polished and confident.

CLASSIC MANICURE - 1000MAD

Beautifully simple essential nail maintenance. A treatment including cuticle work, nail shaping, polish, and hydrating cream, this will leave nails and hands feeling nourished and looking elegant.

CLASSIC PEDICURE - 1100MAD

Perfectly delivered nail and foot maintenance. A treatment including cuticle work, nail shaping, polish, and hydrating cream, this will leave nails and feet feeling lighter and looking elegant.

SPA GUIDELINES

Hours of Operation
10:00 a.m. – 8:00 p.m. daily. Appointments are required.

Spa Facilities
Spa facilities are included for hotel guests and for Spa guests who are not registered at the hotel with the purchase of a spa treatment on the day of their service.

Arrival Time
For Spa services, please arrive at least 30 minutes prior to your scheduled spa service. This will allow time to enjoy the Iridium lounge, secure a locker, and utilize the steam room & dry sauna prior to your scheduled Spa service. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your treatment will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

Age Requirements
Guests must be 18 years of age or older to experience Spa services or enjoy the Spa relaxation areas, locker areas, hydrotherapy area and amenities.

Treatment Recommendations
Shaving is not recommended, but not necessary for men prior to a facial.
Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

At Time of Reservation
Please inform the Spa of the following:
- Allergies, medical conditions, or pregnancy
- A gender preference for your therapist
- A request for a specific therapist
- If you are celebrating any special occasions

Food and Beverage
Guests are prohibited from bringing any outside food or alcohol into the spa. A guest appearing intoxicated will be denied access to the spa.

Pricing
Services are listed as starting prices and are subject to change based on business demand.

Method of Payment
We accept all major credit cards. You may also charge services to your hotel bill.

Cancellation Policy
If you must reschedule or cancel your appointment, please notify the Spa at least 24 hours in advance of your appointment to avoid being charged the full service fee.

Any appointments rescheduled within the 24 hour window will still result in full charge for your requested services. Cancellations of packages or private parties require two weeks' notice.

Groups are subject to a minimum 14-day cancellation policy.

ST REGIS

LA BAHIA BLANCA • TAMUDA BAY

THE SPA

The St. Regis La Bahia Blanca Resort, Tamuda Bay
267, Route Fnideq
93200 Fnideq, Morocco
t. +212 5 39 66 60 60
stregis.com/labahiablanca