Enter a world where the healing nature of the tropics comes together in perfect harmony with an atmosphere of pure sophistication. This is the new Okeanos Spa. Step inside, and your senses will immediately be soothed by the relaxing décor, taking its cue from the lush colors of the island. Splashes of turquoise, greens and yellows evoke the island’s waters, flora and our glorious sun. Vases with local foliage bring the outside in. Even the lighting has been chosen to put you in a mood of complete relaxation.

Located within the adult-exclusive Marina Hotel, the Spa offers a multitude of signature treatments and massages to revive and rejuvenate. A fully equipped, 24/7 state-of-the-art fitness center is also on hand, as well as Brushes, our cutting-edge hair salon. Or, for a singular experience like no other, have your massage or specially designed treatment at the inspirational Spa Cove, located on Renaissance Island, Aruba’s only private beaches, offering breathtaking beauty and secluded serenity.

Your pampering will start immediately upon arrival within the spa. Enjoy a relaxing, sea salt foot bath and a soothing Hibiscus tea to ready you for the ultimate spa adventure. And prepare to be indulged like never before.

Menu 22

Think you know what aloe can do? Think again. Aruban aloe, known as the world’s finest, contains 22% of aloe’s potent ingredients known for their healing and restorative properties. Because aloe has transformed the culture in Aruba, we have included aloe in every treatment on Menu 22 to immerse you in the Aruban culture and leave you transformed through its aloe.

- **22 Facial**
  This soothing treatment includes a complete facial to smooth and tighten skin, a massage of the hands, feet, neck, shoulders, and scalp, and an aloe manicure. Collagen, Azulene, and aloe render your skin oxygenated and healthy. Excellent for sensitive or traumatized skin.

- **4 Hands are Better than 2 Massage**
  Soothing, calming, and moisturizing, this 4-hands, full-body Swedish massage is performed by two therapists in unison to bring ultimate relaxation and pampering.

- **Heads Up! Stimulating Scalp Treatment**
  Improve circulation, increase blood and oxygen supply to the scalp, and reduce stress and mental fatigue with this stimulating scalp treatment. Extend your results with a luxurious home care product.

- **Fountain of Youth Wrap**
  Soothing aloe and exotic, de-aging tropical fruits create a sensory experience with vital components like Marine Collagen, Polypeptides, and Retinol to smooth, firm, rejuvenate and promote radiant, glowing skin. Feel and look your best to show off that great bikini.

- **Take the Burn Out**
  Complete with aloe and calendula, this soothing facial helps to heal sunburns, using Azulene and Marine Collagen to rejuvenate your skin and bring it back to life. You will be out enjoying the beach again in no time.
Enjoy these island getaways full of breathtaking beauty and secluded serenity in a private paradise on Renaissance Island.

○ **seascapes package**
  Spa Cove massage package offered for your own personal indulgence. Relaxation is standard, your only decision is whether you would like lunch on the island.

  This package includes:
  - A tropical open-air Swedish massage
  - Complimentary use of Renaissance beach towels and water floats
  - Package without lunch includes one frozen drink
  - Package with lunch from the Papagayo menu includes one frozen drink or one soft drink, and one lunch

○ **sunset romance couples package**
  This package includes:
  - Use of the Spa Cove, 4:00 pm to 6:30 pm
  - Tropical, open air, Swedish massage for two
  - Use of Renaissance beach towels and water floats
  - A bottle of Champagne or four frozen cocktails and a fresh fruit platter

○ **caribbean morning couples package**
  This package includes:
  - Use of the Spa Cove, 9:00 am – 11:30 am
  - Tropical, open air, Swedish massage for two
  - Use of Renaissance beach towels and water floats
  - A bottle of Champagne or four frozen cocktails and a fresh fruit platter

You may also request the following upgrades for an additional fee:
- 75 minute massages
- 60 minute Cold Stone massages
- Deep tissue massages
- Reflexology

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○ **rest & relaxation facial**
  This deeply relaxing facial created just for men includes light impulses, peaceful music, and an intensive neck, face, and scalp massage. Exotic elements such as Caviar and freeze-dried Escutox™ provide visible results. Soak up the Caribbean atmosphere for the perfect start to your vacation.

○ **face the day facial**
  This gentle, cleansing treatment helps tone skin while preventing and relieving razor burn. Complete with a rejuvenating seaweed mask and a calming, propolis concentrate, this facial is a must for every man.

○ **vitamin sea facial**
  This facial combines light impulses and music with an intensive neck, face, and scalp massage followed by a special vitamin C concentrate applied to restore and activate your skin.

○ **balance it out treatment**
  A Swedish massage, including an intensive neck and scalp massage, relaxes, and reflexology balances the entire body. Choose from a variety of aromatic oils to complete your experience. Deep tissue or stone massage available for an additional cost.
anything but ordinary – european facial
To invigorate and refresh your face, your therapist will exfoliate, steam, and cleanse pores before massaging your skin. After the massage, your skin is soothed and protected with an aloe and chamomile-infused sunscreen spray.

sea to C facial
Freeze-dried seaweed and a vitamin C ampoule restore luster to your skin with this hydrating and nourishing facial. Complete with orange extract and a marine mineral mask, this treatment is the best of both worlds.

smooth things over facial
This all-natural Marine Collagen treatment helps reduce the appearance of fine lines and wrinkles. Your skin will be tightened and smoothed.

nature’s calming facial
Harness the power of nature’s healing properties with Roses Rosacea line and Roses Delight Mask, full of seaweed powder, green tea, and rose concentrate and oil. This facial includes a pampering hand and foot treatment, plus a neck, shoulder, and scalp massage.

champagne wishes and caviar dreams
Counteract the imprint of time and reflect a youthful complexion. Black Caviar Extract, Pearl Extract, and Escutox™ smooth wrinkles, increase suppleness, and provide greater oxygenation and visible rejuvenation. Including an intensive hand, feet, neck, shoulder, and scalp massage, this youth-renewing treatment ends with a Caviar manicure and pedicure while you enjoy a glass of Moët & Chandon Champagne.

a real eye opener facial
Powered by Collagen and Elastin, this intensive eye contour treatment is designed to fight wrinkles, smooth creped skin, strengthen and firm eyelids, and diminishes dark circles.

eo facial
This mask has lavender and mint essential oils and promotes a tight and vibrant look. All active ingredients and vitamins act as anti-free radicals by protecting the skin. Also included is a pampering hand and foot treatment, plus a neck, shoulder and scalp massage.

say eye treatment
Marine Collagen gel and a Ginkgo Biloba eye mask are specially designed to reduce fine lines around the eye area. Combine this treatment with any facial and save $20.

lip service treatment
Retinol and Marine Collagen plump and tighten to leave you with visibly fuller lips. Combine this treatment with any facial and save $20.

better than botox: escutox™ treatment
Escutox™, a special blend of Aruba’s native plant: Hibiscus Esculentus Extract and Oligo-Saccharides, is a true, natural alternative to botox. The Escutox™ formulation provides radical relaxation of harsh wrinkles, increased hydration and skin suppleness, expedited absorbency of all actives, and a visibly smoothed complexion. Recommended for women and men of mature skin types. For best results, schedule a series of 3 treatments/week. Combine this treatment with any facial and save $40.

minitreatments

- marine collagen gel and a ginkgo biloba eye mask
- retinol and marine collagen
- escutox™, a special blend of aruba’s native plant: hibiscus esculentus extract and oligo-saccharides
- anything but ordinary – european facial
- sea to C facial
- smooth things over facial
- nature’s calming facial
- champagne wishes and caviar dreams
- real eye opener facial
- eco facial
- say eye treatment
- lip service treatment
- better than botox: escutox™ treatment
**Relax & Unwind**

- **Swedish Massage**
  Relax the muscles, improve skin and muscle tone, and increase circulation with this traditional form of massage.

- **Mommy-to-Be Massage**
  Cravings, swollen feet, and morning sickness will all be forgotten with this Swedish massage just for that special mommy-to-be. Available through the 2nd trimester. Pregnancy pillow available.

- **Make Scents of It All Massage**
  Combine aromatic essential oils with massage to stimulate pressure points and improve blood flow throughout your entire body.

- **Why Knot Massage**
  In this deep tissue massage, your therapist will focus on specific areas of soreness while integrating stretching techniques.

- **Shiatsu Massage**
  Whether or not you can pronounce it, this authentic Japanese Shiatsu massage creates a harmonious balance between mind, body, and soul.

- **Sabai Hot Stone**
  Unlike any ordinary stone massage, Sabai’s synchronized therapeutic massage with micronized minerals Malachite and Zincite, de-stresses your entire being...mind, body, and spirit. Customize your Sabai spa journey with a delightful selection of aromatic essential oils:
  - Neroli (pacifying orange blossom)
  - Lavender and Aloe (soothing & healing)
  - Rosemary (rejuvenating & relaxing)

- **Reflexology**
  Target pressure points on your feet that correspond to your vital organs in order to relax and heal while increasing blood circulation. Combine this treatment with any other Facial or Massage and save $30.

**Ultimate Indulgences Packages**

- **Unwind and Dine Package**
  Begin with a relaxing Swedish massage for two. After your treatments, you will enjoy our complimentary steam room and prepare for a romantic, private tasting from L.G. Smith’s, outdoors, overlooking the Caribbean Sea, served by your own private butler. Massages begin at 5:00 PM and your dinner will be served from 6:30 PM – 8:30 PM. We will be delighted to show you the menu upon request.

- **All About You Package**
  Pamper yourself with the facial, massage, and body wrap of your choice. Enjoy a bento salad and orange juice on our Spa deck and end with your selection of a manicure, pedicure, and hairstyling at our exclusive hair salon “Brushes”.

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**beach body wraps**

- **turn back time wrap**
  Packed with anti-aging vitamins and minerals, this creamy yogurt wrap transports you to a sublime tropical oasis. Awaken your senses and emerge revived, refreshed, firmer, vividly brighter, and evenly toned. Your skin will thank you.

- **ready, set, detox body wrap**
  A thorough exfoliation and an Algae mask eliminate toxins and stimulate skin’s metabolism.

- **ultimate energizer wrap**
  An aromatic mud mask follows a gentle exfoliation to relieve tense muscles and energize your body so you’re ready to take in the Aruban night life.

- **say goodbye to cellulite**
  A warm, gentle, organic coffee mask is applied to the entire body. Unwind with a scalp massage while this innovative wrap eliminates toxins, increases circulation, and gets rid of cellulite.

- **healing heat wrap**
  Relax and let desert minerals heal and nourish your skin while eliminating your aches, pains, fatigue, and stress with restorative heat. Includes body moisturizer take home amenity.

- **banish the burn body wrap**
  Too much sun? This soothing, cooling wrap contains white water lily and green tea extracts to decrease your skin’s temperature and the discomfort resulting from sunburned, sensitive, or stressed skin.

- **santo blanco body polish**
  Jojoba granules gently exfoliate your skin, leaving it cleansed, hydrated, and silky smooth.

- **caribbean sea salt glow**
  Exfoliating sea salts and oils, a rinse with a Vichy Shower, and an aromatic moisturizer give you the envied glow of a lifetime.

- **naturally nourishing exfoliation**
  Delicious, yes. Awesome for your skin, absolutely. Mangos, pineapples, papayas, and passion fruit gently polish away surface toxins and dead cell accumulation. A rich, de-aging balm concludes your escape so you will be ready for all Aruba has to offer. Recommended prior to any massage or body treatment for optimum benefits.

**spa rules and regulations**

- Please check in at the Spa reception desk at least 15 to 30 minutes prior to your appointment time so you can review your reservations, fill out a consultation card, and have time to relax in the steam room and Spa lounge before your treatment. Stop by the Spa reception desk at least one hour prior to treatments on Renaissance Island and collect your treatment voucher(s).

- Must be 18 years of age to use Spa and Fitness facilities.

- Cancellations – please call 4 hours in advance of your appointment or 24 hours in advance of a Spa Cove appointment. There will be a 50% charge for missed appointments.

- Pregnancy – If you are between 3-6 months pregnant, you may visit the Spa. We recommend no treatments during the other times of pregnancy.

- Steam room – complimentary for spa guests and $10/day/person if not using spa services.

- Hours of operation – Fitness Center - 24/7, Okeanos Spa - 8 am to 9 pm.

- All treatments and prices are subject to change without prior notification.

**For advance spa reservations call 297.583.6000 ext 6176 or email spa@arubarenaissance.com**
tranquility reinvented