



SPA

AT ROSS BRIDGE

## Massage

**ROSS BRIDGE SIGNATURE MASSAGE** A traditional Swedish massage designed to relax the muscles as well as relieve physical and emotional stress with our Calm Mind ritual technique.

25 min .....	\$75
50 min .....	\$120
80 min .....	\$180

**DEEP TISSUE MASSAGE** An intensive pressure massage that will allow for more concentrated focus on specific muscle areas.

25 min .....	\$90
50 min .....	\$135
80 min .....	\$195

**WARM STONE MASSAGE** A distinctive massage with warm stones for deep relaxation of the muscles and aromatic power.

50 min .....	\$160
80 min .....	\$195

**MELLOW MAMA PREGNANCY MASSAGE** A completely relaxing full body massage using our safe but effective prenatal techniques and our award-winning Omega rich oils to help relax, increase circulation, alleviate tired muscles and reduce excess water retention, focusing on the specific muscles that are responsible for supporting that beautiful bump. The Lucky Legs Enhancement uses a mineral-rich foot treatment, exfoliation and massage for lower legs and feet to help with poor circulation, water retention and the tiring effects of carrying an extra load.

50 min .....	\$130
80 min w/Lucky Legs enhancement .....	\$180

**ASHIATSU MASSAGE** An Asian massage, meaning "foot pressure," uses the therapist's feet to achieve deep pressure and acupressure to relieve the discomfort and strain of tight muscles.

50 min .....	\$160
80 min .....	\$195

**HIGHLAND FOOT & SCALP THERAPY** Focus is placed on specific points of the hands and feet, beginning with an invigorating foot scrub leading into a soothing foot massage. During the treatment, you will experience a tingling scalp massage and hand treatment, ending with a calming breathing ritual.

50 min .....	\$120
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**COUPLE'S MASSAGE** Two massage tables, two therapists and the two of you...paired to enjoy this relaxing Swedish massage treatment together.

50 min .....	\$240
80 min .....	\$360

**COUPLE'S HYDROTHERAPY EXPERIENCE** A couple's massage with twice the relaxation. Two massage tables, two therapists, one double hydrotherapy tub and the two of you... paired to enjoy this completely relaxing treatment. Begin with a warm Kur hydrotherapy bath followed by a full body massage.

80 min .....	\$460
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## *Facials*

**REFRESHER FACIAL** Achieves maximum results in a minimal time including cleansing, toning, and hydrating to bring out the best in dull lifeless skin.  
25 min ..... \$75

**CELLULAR BOOST THERAPY** Customized to your skin type, this boosting therapy begins with a detoxifying cleansing ritual, followed by a cell renewing AHA Peel which leaves skin refined, refreshed and renewed. In the final step, a Bi-Phase Ampoule to address your beauty concerns is massaged into the skin, resulting in visible effects you can see and feel.  
25 min ..... \$90

**ROSS BRIDGE SIGNATURE FACIAL** A distinctive facial based on your skin's specific needs from dry and dehydrated to oily and congested skin.  
50 min ..... \$120  
80 min ..... \$180

**GENTLEMAN'S GROOMING FACIAL** Cleansing, clarifying and boosting energy will be at the forefront of this facial. Customized exclusively to the needs of a man's skin and his daily rituals, this treatment provides increased vitality and energy while soothing irritation from shaving and moisturizing the skin for long lasting results.  
50 min ..... \$120

**MICRODERMABRASION FACIAL** Combating the signs of premature aging has never been so simple yet so effective. State-of-the-art procedures using diamond chip exfoliants combined with high-tech, high-end products will gently and effectively remove the top layer of skin. This treatment is non-invasive and works around the eyes to fine tune any and all imperfections. This experience will produce softer, smoother and more radiant skin without any harmful effects of loose particles, irritations, or skin reactions.  
50 min... ..... \$160  
50 min w/Glycolic Resurfacing Peel..... \$175

**BEAUTY INFUSION FACIAL** This customized facial restores vibrancy and skin texture while visibly minimizing the appearance of lines and dark spots. A pure sugar cane exfoliant will gently dissolve dry, discolored surface cells allowing for the infusion of specially selected key botanicals, natural actives, probiotics and dry oils to restore hydration, brightness, clarity and natural glow. A vitamin and mineral rich mask adds the finishing touch of lifting and firming the skin for a naturally flawless, refined appearance.  
50 min ..... \$150

**VITA-D FORTIFIED BALANCE BRIGHTENING FACIAL** This results driven treatment will resurface and remove dead skin layers, while targeting the repair of individual conditions that are related to Vitamin D deficiencies. Treatment incorporates a multi action topical dose of Vitamin D and essential nutrients to nourish the skin for firm and bright luminosity. Skin tone is instantly brighter with fine lines and wrinkles softer, smoother and collagen stimulated after one treatment.  
50 min ..... \$165

**REVERSIVE ANTI-AGING FACIAL** Turn back time. Utilizing the revolutionary time-reverse technology of the BABOR Re-Youth complex this innovative, luxury facial treatment retains and extends skin cell lifespan, reactivates the skin's own anti-aging mechanism and reclaims lost radiance as it visibly works to smooth fine lines and wrinkles. The lifting effects of this treatment are further intensified by the exclusive, deeply relaxing massage techniques.

50 min ..... \$190  
 80 min ..... \$215

**BACK RESURFACING** Exfoliation, deep cleansing, and hydration of the skin improves the tone and appearance of the back.

25 min ..... \$80

**THE BACIAL** This unique treatment begins by treating the back using a warm body oil to relieve muscle tension. The area is exfoliated and Moroccan clay is then applied to detox and cleanse the skin. While you relax, enjoy a foot and ankle massage that is finished by a resurfacing facial that will leave your skin with an instant glow.

80 min ..... \$200

*Cosmeceutical Facials*

**COLLAGEN BOOSTER THERAPY** Instantly plump and add density to your skin with this intensive collagen booster treatment. Using ultra- potent hyaluronic acid and collagen to boost the skin from the inside out, this treatment plumps the skin and smooth's fine lines and wrinkles. The effects of this treatment are further amplified with our exclusive thermo-sculpting mask, which seriously lifts and reshapes the facial contours without the need for injections.

80 min ..... \$215

**VITA-DETOX THERAPY** Skin detoxification is essential for cellular regeneration and a youthful, radiant complexion. Our exclusive detoxifying complex contains high dose vitamins A, C and E, minerals and anti-oxidants that treat and pamper the skin, and help neutralize the harmful substances that induce aging. The resulting detoxification will supercharge nutrient revitalization to the skin and instantly enhance radiance.

50 min ..... \$135

**SKIN PRESCRIPTION THERAPY** This customized treatment addresses the most common dermatological concerns such as acne, hyperpigmentation, extremely dry skin conditions. Your therapist will customize this treatment to address your unique concerns resulting in a radiant and problem free complexion.

50 min ..... \$130

**ENHANCEMENTS TO FACIAL TREATMENTS**

Eye or Lip Treatment ..... \$20  
 Eye & Lip Treatment ..... \$40  
 Fit & Firm Peel-Off Mask ..... \$50  
 Microdermabrasion ..... \$50  
 Glycolic Resurfacing ..... \$50  
 Microdermabrasion & Glycolic Resurfacing ..... \$65

## *Esthetics*

Full Face Wax.....	\$45	Bikini Wax (intermediate) .....	\$75
Brow Wax .....	\$25	Underarm Wax.....	\$40
Lip Wax.....	\$20	Half Leg Wax.....	\$60
Chin Wax .....	\$20	Full Leg Wax .....	\$90
Cheek Wax .....	\$25	Lower Arm Wax .....	\$30
Back Wax .....	\$75+	Full Arm Wax .....	\$50

## *Body Treatments*

**ROSS BRIDGE SIGNATURE SPA JOURNEY** Softer, smoother and deeply hydrated skin is achieved from the body exfoliation utilizing ultrafine, mineral rich sea salts & aromatherapeutic oils followed by a warm creamy body wrap. Whether you choose to RELAX marrying essences of lavender and mint, ENERGIZE using stimulating lime and mandarin, BALANCE recharging your body with a perfect blend of cashmere wood, or SHAPE fortified with rare plant stem cells to tone and lift the skin for an anti-aging affect, this truly customizable treatment is sure to create an exceptional spa experience.

50 min ..... \$160

**TURKISH SALT SCRUB** An invigorating exfoliation is applied in a two-step treatment utilizing thermal salt followed by a loofah scrub. This exhilarating treatment stimulates circulation and leaves skin smooth and soft.

50 min ..... \$135

80 min with massage enhancement ..... \$195

**LAVENDER DREAMS** Relax. Inhale the calming and balancing benefits of wild Lavender with this uplifting experience which begins with an invigorating full body exfoliation.

Following is a pampering back, neck, and shoulder massage with Lavender Oil and warm healing stones. Next, relax and nourish while a luxurious foot and pressure point scalp massage concludes this service.

80 min ..... \$195

**GINGER RENEWAL** Let Ginger's healing and warming properties invigorate and nourish in this indulging head-to-toe treatment beginning with a full-body exfoliation. Following is a pampering back, neck and shoulder massage with Ginger Oil and warm healing stones. Next, nourish and relax while a forehead and pressure point scalp massage concludes this service.

80 min ..... \$195

**NEROLI BLOSSOM SENSORY EXPERIENCE** Awaken the senses with the aroma of Neroli as this energy balancing treatment begins with a full body exfoliation. Following is a pampering back, neck and shoulder massage with Neroli Blossom Oil and warm healing stones. Next, nourish and relax while a forehead and pressure point scalp massage concludes this service, leaving the skin and spirit renewed and restored.

80 min ..... \$195

## *Airbrush Sunless Tanning*

Protect your skin by avoiding the sun's harmful rays with this personal airbrush bronzing session that provides a flawless, natural looking tan suitable for all skin types.

Sunless Tanning Session ..... \$50

## *Salon Services*

### **CUT & STYLE**

Men ..... \$35+

Women ..... \$60+

Bang Trim ..... \$20+

Stress Relieving Shampoo & Blowdry ..... \$40+

Color ..... \$90+

Partial Highlights ..... \$120+

Full Highlights ..... \$170+

### **ADD ON SERVICES**

Curling/Flat Iron Finish ..... \$15

Conditioning Treatment ..... \$25

## *Make-up Services*

Make-up Application ..... \$65

Bridal Trial Make-up ..... \$65

Wedding Day Bridal Make-up ..... \$85

## *Nail Services*

**ROSS BRIDGE CLASSIC TREATMENTS** This classic service includes nail and cuticle maintenance finished with a light massage and meticulous polish.

30 min Manicure .....	\$45
30 min Pedicure.....	\$55

**ROSS BRIDGE MINT TREATMENTS** Treat your hands and feet to an invigorating and energizing experience including a refreshing soak, soothing and smoothing exfoliation, cuticle treatment, clipping, shaping, base and top coating with precise painting.

45 min Manicure .....	\$50
45 min Pedicure.....	\$65

**MOROCCAN TREATMENTS** This service revitalizes your skin and stimulates your senses providing ultimate hydration using a luxurious scrub and intensive hydrating treatment. The exotic island experience is finished with nail maintenance and the perfect polish.

45 min Manicure .....	\$55
45 min Pedicure.....	\$75

**SUPERSONIC TRANSFORMING TREATMENTS** Transform rough, dry skin with this supersonic smoothing treatment. The power of patented Sonic Technology is combined with advanced sloughing and softening skin care formulas to rejuvenate, buff and polish your hands and feet to perfection.

50 min Manicure .....	\$75
75 min Pedicure.....	\$95

**SHELLAC MANICURE** This nail service includes nail and cuticle maintenance finished with a long lasting shellac polish.

45 min Manicure .....	\$60
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### **ACRYLIC NAIL SERVICES**

Acrylic Fill .....	\$45
Acrylic Full Set.....	\$75
Acrylic/Shellac Soak Off .....	\$12

### **SALON UPGRADES**

French Polish.....	\$5
Callus Elimination .....	\$10
Paraffin for Hands or Feet.....	\$10
Polish Change.....	\$20

*\* Please mention when booking reservation if you will require a gel/shellac/acrylic soak-off service prior to your salon nail service.*

## *Spa Policies*

**ENTRY FEE** Spa access is complimentary with a spa treatment. Guests who have not booked a treatment yet, but wish to use the spa amenities will incur a \$35 access fee for privileges valid Sunday-Thursday. Minimum age requirement to enter the Spa or receive a service is 16 years old.

**RESERVATIONS** Due to the popularity of our spa we highly recommend reservations be made prior to your arrival. All services must be guaranteed against a credit card or room number for a hotel guest.

**CHECK-IN** Please check in with the Spa Concierge at least 20 minutes prior to your first scheduled appointment. This will enable you to receive the full benefits of your spa experience. We encourage you to shower and take advantage of amenities upon entering the spa. Please be aware late arrivals will not receive an extension of scheduled treatment times.

**CANCELLATION** If you must cancel, we would be delighted to assist you in rescheduling your appointment; however, a 24-hour cancellation notice is required to avoid full charge of the service. Group cancellation will be defined within a spa contract.

**SPA ATTIRE** A robe and slippers will be provided to you upon arrival at the Spa. You will also be given a locker to store your personal belongings. Toiletries are available within the spa area for your use. We encourage you to leave your valuables at home or in the safe box in your room.

**HEALTH CONCERNS** Kindly alert our staff of any health concerns you may have at the time of booking. Some of our treatments may not be appropriate if you have health conditions. It will be our delight to assist you in recommending more suitable services.

**GRATUITIES** Gratuities are discretionary. Please see the Spa Concierge at the time of check out for a tip envelope. For your convenience a gratuity of 20% per service will be added to group contracts.

**SPA ETIQUETTE** To preserve the serenity of the spa environment, cellular phones and pagers are not permitted.

*Spa hours, services and charges are subject to change without notice.*





RENAISSANCE ROSS BRIDGE GOLF RESORT & SPA  
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