

SPA MENU

MASSAGES

- Aroma Bliss** (A soft relaxing massage that increases circulation and encourages elimination of toxins from the body)
- Swedish** (A medium pressure massage that increases the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility while easing tension)
- Balinese** (A deep massage that combines gentle stretches, acupressure, reflexology, and aromatherapy to stimulate the flow of blood, oxygen and "qi" (energy) around your body, and bring a sense of wellbeing, calm and deep relaxation)
- Deep Tissue** (A deep massage that uses firm pressure and slow strokes to reach deeper layers of muscle and fascia to address specific problems, such as chronic muscle pain, or injury rehabilitation. Feel renewed and revitalized)
- Sports** (A strong massage geared toward athletes of every kind. Focusing on areas of the body that are overused and stressed from repetitive movements, to promote flexibility, reduce fatigue, improve endurance and help prevent injuries)
- Foot Reflexology** (It stimulates nerve function, increases energy, boosts circulation, induces a deep state of relaxation and eliminates toxins)

PLEASE DIAL 3344 FOR APPOINTMENTS

**Taxes extra*

FACIALS

- Bio White** (Skin Whitening)
- Bio Renew** (Rejuvenating)
- Bio Purifying** (Oily & Combination Skin)
- Bio Oxygenating** (Dull & Dehydrated Skin)

EXPRESS SERVICES

- Head Massage**
- Foot massage**
- Back Massage**
- Express Facial**

DURATION ₹

60 minutes / 90 minutes	3000 / 4000
60 minutes / 90 minutes	3000 / 4000
60 minutes / 90 minutes	3000 / 4000
60 minutes / 90 minutes	3000 / 4000
60 minutes / 90 minutes	3000 / 4000
45 minutes	2500
60 minutes	3000
60 minutes	3000
60 minutes	3000
60 minutes	3000
30 minutes	1250
30 minutes	1250
30 minutes	1250
30 minutes	2000