

## MASSAGE COLLECTION

### RELAXING

These treatments use light to medium pressure and long, rhythmic strokes to promote improved circulation to induce relaxation.

Pre-Natal	60 minute
Scalp, Neck & Shoulder	30 minute
Swedish	30, 60, 90 minute
	30 – \$95   60 – \$165   90 – \$225

### SPECIALTY

These services, following a specialized routine, include the use of theories from traditional Chinese medicine, Ayurvedic and heat therapy, using light to medium palm and thumb pressure to create balance in the body.

Abhyanga	60 minute
Back on Your Feet	60 minute
Bamboo Ritual	60 minute
CBD Herbal Relief Massage	60 minute
Custom Aromatherapy	30, 60, 90 minute
Desert Journey	90 minute
Desert Stone	60 minute
Lavender Dreams	90 minute
Reflexology	30, 60 minute
	30 – \$99   60 – \$170   90 – \$230

### THERAPEUTIC

These services include the use of palm, forearm, fist and thumb pressures to loosen connective tissue and muscle fibers by applying medium to firm pressure creating greater ease of motion in congested areas.

Back, Neck & Shoulder	30 minute
Holistic	30, 60, 90 minute
	30 – \$105   60 – \$180   90 – \$245
Sport	60 min   \$185
Deep Tissue	60 min   \$185
Detox Slimming Treatment	60 min   \$185

### ENHANCEMENT

Available in 60 and 90 Minute Treatments

Moroccan Oil Scalp Massage  
Arnica Muscle & Joint Relief  
CBD Muscle & Joint Relief  
Warm Stones  
Foot Paraffin  
Collagen Gloves and Socks  
Hypervolt

\$25 each

### COUPLES MASSAGE (Pricing is Per Person)

Relaxing 60 or 90 minute  
60 – \$165 | 90 – \$225

Therapeutic 60 or 90 minute  
60 – \$180 | 90 – \$245

## BODY COLLECTION

### BODY SCRUBS

Brightening Body Scrub 60 | \$169

European 30 or 60 minute  
Choice of:  
Mineral Wellness  
Mineral Wellness with Eucalyptus

Native 30 or 60 minute

Choice of: Citrus or Date 30 – \$99 | 60 – \$155

### BODY WRAPS

Aloe Vera 30 or 60 minute  
Custom Aroma 30 or 60 minute  
30 - \$99 | 60 - \$155

### BODY MASKS

Moor Mud 60 or 90 minute  
Spirulina Algae 60 or 90 minute  
60 - \$175 | 90 - \$235

### AYURVEDIC

This 5,000 year old art of health and healing originated in India and is based on the belief that mind and body are intimately linked.

Shirodhara 60 minute  
Bindi 60 minute  
Bindi Deluxe 90 minute  
Nirvana 120 minute  
60 - \$175 | 90 - \$235 | 120 - \$285

## THE SPA SHOP

Take your spa journey home with the Spa Shop's unique collection of luxurious lifestyle products, apparel and gift items. Our face and body lifestyle programs give you simple tools to help you find your energy or relax, look and feel healthier and achieve the balance you seek.

Need more of your favorite product? Please call us at 760-341-1880

## GIFT CERTIFICATES

Available in our spa or online at [shopspadesertsprings.com](http://shopspadesertsprings.com).

## FACIAL COLLECTION

### DESERT SPRINGS CUSTOM FACIAL

[ 30 | 60 | 90 minutes ]

This facial treatment begins with a personalized evaluation of your specific skin care needs. Your skin care expert will then recommend a course of treatment designed to provide optimal skin health.  
\$99 | \$169 | \$240

### COACHELLA DATE PEEL [ 30 | 60 minutes ]

All natural resurfacing peel made with organic, locally grown Medjool dates blended with naturally derived acids. This facial is exfoliating, regenerative and rich in antioxidants. \$99 | \$165

### MICROGREENS ORGANIC FACIAL

[ 60 minutes ]

Designed to combat the aging-effects of free radical exposure, the Microgreens Detox collection nourishes, protects and repairs skin while helping shield it from further damage. \$159

### DEEP PORE CLEANSE [ 60 minutes ]

A purifying treatment for all skin types, especially for those who need additional extractions. \$159

### MEN'S CUSTOM FACIAL [ 60 minutes ]

Designed specifically for men to remedy the problems related to daily shaving and excessive environmental exposure. Shaving should be avoided no less than two hours prior to service. \$159

### SAVING FACE HYDRATION [ 60 minutes ]

This super soothing, hydrating facial includes a superb alginate (sea derived) masque. This masque will immediately hydrate and calm the skin dramatically increasing moisture in the skin. \$170

### TEEN FACIAL [ 60 minutes ]

Specialized facial experience targeted for teen's specific skincare concerns. Consultation and home care included. Guests must be a minimum of 16 years of age to receive this facial. Does not include full spa access. \$155

### ENHANCEMENTS

Available in 60 and 90 Minute Treatments  
Eye Rescue  
Hand Paraffin  
Fresh Pure Vitamin C Ampoule  
Intensive Hair Repair  
Nu Face Brow Wow  
Collagen Gloves and Socks

\$25 | each

## CLINICAL FACIAL TREATMENTS

### BRIGHTENING FACIAL [ 60 minutes ]

Specifically designed to address hyper-pigmentation and pre-mature aging. Includes a unique masque to immediately illuminate and brighten the skin. \$165

### GUA SHA CHI FACIAL [ 60 minutes ]

Rejuvenate the skin with an Ancient Art of Gua Sha which visibly firms, contours and generates a glowing complexion. This fully customized and holistic facial combines results driven ingredients to address all skin concerns. Expert massage techniques with specialized Jade tools stimulate lymphatic drainage, release toxins and promotes facial Chi for improved circulation. Tension is released and puffiness is reduced, leaving the face smoother and more radiant. \$165

### INFINITY FACIAL [ 90 minutes ]

This advanced exclusive treatment combines a custom peel, micro-current to stimulate and firm your facial muscles and RED photo light therapy to soften and heal the skin. This non-invasive facial delivers instant results. A highly effective antioxidant ampoule is a take home gift for you to continue the benefits of this facial. \$240

### NUFACE UNWRINKLE FACIAL [ 60 minutes ]

This micro-current facial stimulates your muscle memory to help diminish the appearance of fine lines and wrinkles by lifting and toning the skin instantly. (not recommended for individuals that are pregnant, subject to seizures, have a pacemaker or with cancer) \$175

### ULTIMATE CAVIAR [ 60 | 90 minutes ]

A decadent, luxurious facial that firms, hydrates, lifts and smoothes the skin. This protein rich Caviar and powerful antioxidants visibly renew the skin. The 90 minute facial includes an aculift facial massage and a Marine Bio-Matrix Mask. A take home ampoule is included. \$170 | \$240



## WELLNESS PACKAGES

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### A DAY OF RELAXATION [ 180 minutes ]

European Scrub, Relaxing Massage, Aroma Oil Wrap, Custom Facial \$475

### AYURVEDIC RITUAL [ 120 minutes ]

Body Scrub, Abhyanga Massage, Herbal Wrap \$320

### DATE TRIO [ 90 minutes ]

Date Trio: 30 Minute Date Scrub, 30 Minute Date Oil Massage, 30 Minute Date Facial \$260

### DESERT SPRINGS [ 210 minutes ]

European Scrub, Holistic Massage, Aroma Oil Wrap, Foot Paraffin, Custom Facial \$515

### MATERNITY GLOW [ 150 minutes ]

Pre-Natal Massage, Aloe Wrap, Custom Deep Cleansing Facial \$385

### SPA BY DESIGN [ 120 / 180 minutes ]

Choice of 2 or 3 one hour treatments per person per day. Excludes therapeutic massage category. 120 minutes - \$305 | 180 minutes \$450

## SPA SUITE RETREATS

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### THE REVIVE SUITE

This romantic spa suite features side by side massage tables, a luxurious hydrotherapy bath for two and a private relaxation lounge.

### SPA SANCTUARY SUITE

This exquisite spa suite features its own relaxation lounge, Spa butler, desert rain shower, hydrotherapy bath-tub, indoor/outdoor fireplace, private courtyard with whirlpool, cascading waterfall, loungers and spectacular views of the mountains. Accommodates 2-10 guests.

*Please call the Spa to inquire*

## CONSIDERATIONS

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### SPA HOURS

Please call the spa directly for hours of operation. Spa hours may vary according to season.

**1-800-255-0848**

### RESERVATIONS

We accept reservations up to two months in advance and recommend that you schedule your choice of services prior to arrival so that we can meet your scheduling requests.

A credit card is required to guarantee services at the time of booking. Reservations are subject to availability.

To book online: [desertspringsspa.com](http://desertspringsspa.com)

### AGE REQUIREMENT

The Spa and Fitness Center has an adult oriented atmosphere and was created for ladies and gentlemen 18 years of age and older. There is no age restriction in the Salon.

### SPA ETIQUETTE

The Spa is an oasis of tranquility. Please respect the right of privacy and quiet of other spa guests. We require guests refrain from the use of cellular phones and iPods. Enjoy the whisper of the Spa.

### PROMPTNESS

We recommend you arrive at least 30 minutes prior to your appointment to shower and prepare for your treatment. Arriving late will deprive you of precious minutes from your Spa treatment.

## WE WELCOME YOU

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### BALANCE

Where the search for relaxation ends and the process of rejuvenation begins.

Where you can detach from the cares of the world and unite body, mind and spirit.

### STRENGTH

Where you can linger just an hour or two yet feel the benefits for the entire day or longer.

This is where every minute counts and time stands still. Here the focus is on you.

### VITALITY

The goal is your well-being and the promise is a healthier state of mind.

### WHAT TO DO

Purchase of a treatment includes use of our spa facilities for the entire day.

Relax by the salt water lap pool reserved for the exclusive use of our spa guests.

Unwind in the Spa ritual of steam, sauna, Turkish Hammam and the Desert Rain Showers.

Spa facility usage is available without a treatment for a nominal fee per person.

### SPA BISTRO

Spa cuisine that is sophisticated, organic and tasty. These offerings are prepared with the finest ingredients.

### SERVICE CHARGE

For your convenience a 20% service charge will be added at check-in and distributed to the appropriate staff. Additional gratuities are a matter of personal discretion.

Spa  
desert springs



DESERT SPRINGS  
A JW MARRIOTT RESORT & SPA

Resort 760-341-2211 | Spa 760-341-1874 | 1-800-255-0848  
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