



RELÂCHE  
— SPA —



## RELÂCHE SPA GROUP MENU

Discover the true essence of relaxation at our award-winning Relâche Spa, the perfect place to soothe the body and soul.

As a guest of Relâche Spa, we invite you to enjoy the following amenities:

- Spa Robe, Sandals and Locker
- Indoor Pool Access
- Steam Room & Sauna
- Co-ed Tea Lounge
- Access to Relâche Fitness Center
- Women's Slumber Room
- Aromatherapy-Infused Chilled Towels

### LET US TAILOR YOUR SPA EXPERIENCE TO YOUR GROUP'S NEEDS:

#### GROUP SERVICES

Select a specialized menu of individual services for your attendees. Cover the entire treatment or a specified dollar amount that charges to the Master Account or a provided credit card. Pre-blocking appointments is highly recommended.

#### INDIVIDUAL TREATMENTS

Allow your attendees to pre-book services for themselves or any guests traveling with them directly through our Spa Sales office. A specialized Spa Treatment Request Form is available with no mandatory minimum.

#### OTHER SPA EVENTS

We can customize our spa services to meet your group's needs for fitness classes, welcome gifts, relaxing meeting breaks and unique networking events.

Our Spa Sales Team will work closely with you to customize services to meet your group's needs and ensure a flawless spa experience. Contact [Marrissa.Aguirre@GaylordHotels.com](mailto:Marrissa.Aguirre@GaylordHotels.com) for more information.





## GROUP SERVICES OFFERED

### POPULAR GROUP SERVICES

These are the most popular services for groups. Customized menu offerings available depending upon group needs. Upgrade and enhancement options are available.

- Destress Massage** ..... \$140 | 50 min  
The Customized Touch Destress Massage awakens the senses through touch and aroma. This deeply relaxing synergy soothes the mind, melts tension and harmonizes the body. This oil is blended by an expert; experience the power of real Aromatherapy, with hand selected pure essential oils of rosewood, melissa, marjoram, geranium, rosemary, lavender and chamomile.
- Illuminating Collagen Facial** ..... \$140 | 50 min  
Supercharge your skin. Regenerate luminosity with potent vitamin C, nature's most powerful and proven skin brightening agent. This high-performance skin treatment helps correct sun damage, for firmer and brighter skin. Facial includes a professional glycolic peel and a microcurrent face lift that will leave you looking younger and feeling your best.
- Classique Manicure & Classique Pedicure** ..... \$120 | 75 min  
Enjoy a manicure and pedicure nourishing skin to silky smoothness. Enjoy tropical aromas while skin is renewed.

### BREAKS & NETWORKING

Rejuvenate and revitalize your attendees with our mini services, ideal for registration or during breaks. Create a networking event including multiple mini services. Price is per provider per hour, exclusive of set-up fee.

- Knead a Break (Chair Back Massage) ..... \$160
- Soothe the Soul (Tension-Relieving Foot Massage)..... \$150
- Technology Detox (Aromatherapy Hand Massage)..... \$150
- Feeling Chipper (Polish Change)..... \$100
- Mini Face Lift (NuFace Microcurrent Lift) ..... \$160

### FITNESS

Give your attendees an all-natural boost of energy or a healthy way to unwind by incorporating an instructor-led fitness break into your schedule of events. Price is per provider per hour.

- Meditation\* ..... \$200-\$400
- Yoga\* ..... \$200-\$400
- Zumba\* ..... \$200-\$400

\*Prices vary based on size of class, up to 45 people. For groups of 46+ please contact Spa Sales office for pricing.

### SPA GIFTS

Surprise your attendees with a spa gift delivered to their guest room. Relâche Spa gift cards are available, or we can assist you in creating spa welcome amenities or incentives.

Services are exclusive of service charge.