Welcome to Courtyard Spa

Discover a luxury retreat during your Nusa Dua, Bali visit. Located within our hotel, the tranquil Courtyard Spa offers a wide range of Balinese massage and beauty treatments, administered by our expert therapists.
COURTYARD SPA
signature treatments
KING & QUEEN DESIRE
3 hours
IDR 2,500++

Complete treatment from head to toe to pamper you and your spouse and enhance a deep level of relaxation. This treatment is inspired by Javanese King and Queen treatments before their wedding ceremony, starting with a foot ritual to clean your feet, followed by Traditional Balinese Massage to release muscle tension and continuing with Javanese sandalwood lulur, refresher facial, and flower bath at the end of your treatment.

KING DESIRE
3 hours
IDR 1,350++

Foot ritual, Traditional Balinese massage, Javanese sandalwood lulur, refresher facial and flower bath.

QUEEN DESIRE
3 hours
IDR 1,350++

Foot ritual, Traditional Balinese massage, Javanese sandalwood lulur, refresher facial and flower bath.

All prices are quoted in .000 (thousands Indonesian Rupiah) and subject to 21% government tax and service charge.
COURTYARD SPA packages
ABSOLUTE HARMONY
2 hours
IDR 899++

Experience our enticing Harmony package that will restore your energy and spirit. Foot ritual, Traditional Balinese Massage, refresher facial and foot massage.

TRAVELERS TENSION RECOVERY
90 minutes
IDR 699++

Combination of Traditional Balinese Massage followed with foot massage is the perfect choice to relax your stiff muscles and jet lag after a long journey from home.

BALI BLISS
90 minutes
IDR 799++

Immerse yourself with one of our exotic treatments that will leave soothing sense of relaxation in your body. Foot ritual, Traditional Balinese Massage and chocolate honey body mask.

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COURTYARD SPA
body massages
COURTYARD EXOTIC MASSAGE
90 minutes
IDR 710++

Deep tissue massage followed by an application of Balinese spice boreh along your spine, it’s good for releasing sore muscles and energize your body.

TRADITIONAL BALINESE MASSAGE
60 minutes | 90 minutes
IDR 499++ | IDR 699++

Famous massage from Bali that you can’t miss during your holiday, an ancient massage that has been known for centuries to relieve tension, ease stress, calm the body and mind. This traditional therapy combines gentle stretching, effleurage, long stroke, palm and thumb pressure techniques to improve blood flow.

WARM STONE MASSAGE
90 minutes
IDR 799++

The therapeutic power of touch combined with the energy of the earth in this muscle relaxing massage which has a soothing effect on your emotions. Warmed river stones are placed on the body’s various energy points to stimulate the body's natural healing potential.

BAMBOO MASSAGE
90 minutes
IDR 699++

Our professional therapists will perform the massage with a bamboo cane which will create deep pressure on your tired and stiff muscles.

REFLEXOLOGY
30 minutes | 60 minutes
IDR 249++ | IDR 425++

Gentle thumb and finger pressure points on your feet to unblock energy flow and promote natural body healing from within.

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COURTYARD SPA

body scrub
SILKY RADIANT
45 minutes
IDR 499++

Restore the skin’s radiant glow and silky soft texture. A rejuvenating treatment to preserve your skin’s health and recover your body to optimal renewal. Your body is gently polished with jojoba beads, rosemary, and lemon, rendering skin silky-smooth and soft to the touch.

JAVANESE SANDALWOOD LULUR
45 minutes
IDR 325++

Made from sandalwood, turmeric and skim milk, this traditional Javanese body scrub will soften, refine and rejuvenate your skin.

COCONUT VANILLA
45 minutes
IDR 325++

Specially designed for sunburned skin, made from grated coconut and vanilla extract that is rich with nutrients to moisture and nourish your skin.

PEARL WHITENING
45 minutes
IDR 325++

The content of milk protein helps to boost your skin’s softness and brightness, a gentle granule scrub will be applied onto your skin that will speed up the process of skin regeneration.

GREEN TEA
45 minutes
IDR 325++

Green tea and mung bean fusion that can help to remove dirt and impurities from your pores. This body scrub is the perfect choice for healthier looking skin, moisture retention, and to defend against sun damage.

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COURTYARD SPA
body wrap
CHOCOLATE HONEY MASK
30 minutes
IDR 299++

Made from Balinese chocolate and pure honey, this body wrap is rich with natural antioxidants to support the skin’s ability to rejuvenate, refresh, and become radiant and smooth.

SUN SHOOTER
30 minutes
IDR 299++

Specially designed for your sunburned skin in the tropics, aloe Vera gel will be gently applied onto your skin to cool down the heat and leaving it rehydrated.

BALINESE BOREH
30 minutes
IDR 299++

An ancient traditional Balinese healing that is good for sore muscles, tiredness and flu. Combinations of rice powder, galangal, ginger and nutmeg that will remove toxins from your body and revitalize blood circulation.

SEAWEED
30 minutes
IDR 299++

Made from pure seaweed and essential oils to increase skin elasticity and encourage new skin growth.

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COURTYARD SPA

facial
AGE DEFYING COLLAGEN
60 minutes
IDR 775++

The signature facial to counteract any signs of early aging, to combat excessive dryness, dehydration, fine lines and wrinkles. Experience the visible benefits of Age-Defying Collagen booster. Rich in concentrated Marine Collagen and Jonquil Oil, nourishes your skin and diminishes fine lines and wrinkles. Perfect to refresh and fight signs of dehydration due to the humidity while on holiday’s leaves skin plump, tone, with radiant youthful glow.

PURE BOTANICAL FACIAL
60 minutes
IDR 650++

Restore a healthy skin balance with pure essential oil blends and rich multi-vitamin masks to restore freshness and radiance. Pure essential oils and blended plant extracts are massaged into the skin, customized for your individual skin type. A mask to brighten, balance or soothe skin will leave your skin a radiant, healthier and softer. Includes soothing hand and scalp massage.

REVITALIZING MEN FACIAL
60 minutes
IDR 799++

Razor rash, skin irritation or sensitivity are all treated in this executive facial for him. Combining lavender and propolis, this micro emulsified gel is infused into the deeper layers of the skin to calm, heal, and truly enrich your skin. Leaving your skin to calm, heal and truly enrich your skin. Leaving your skin clean, refresh and healthy.

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MANICURE & PEDICURE

Pamper your hands and feet with our nail care, manicure and pedicure treatments, and a hand, arm, or lower leg massage will be included in your package at no additional charge.

SPA MANICURE
60 minutes
IDR 375++

SPA PEDICURE
60 minutes
IDR 425++

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C-Spa welcomes you daily from 9am to 9pm. Last appointment at 8pm.

The treatments you select are reserved specially for you. Guests will be charged a 50% cancellation fee for treatments cancelled less than five hours prior to the appointment time. No-show or cancellation with less than two hours’ notice will be charged at 100%.

We recommend you to come 10 minutes prior to your treatment time, arriving late may limit your treatment time.

We will provide you spa attire including disposable underwear, alternatively you may use your own bikini or briefs, choose what is most comfortable for you and our therapists will always use draping techniques to respect your privacy.

Valuables
Please leave your valuables in the safe at the hotel room, as we do not assume any liability for personal items.

Health Considerations
Please communicate health conditions such as high blood pressure, allergies, other physical ailments or disabilities or if you are pregnant when making the booking to our Spa Manager or Spa Receptionist. We do not recommend consumption of alcohol before or after the spa treatment.

Age Limitation
Children under 12 years old are not permitted to use the spa services, however some treatments are available with parental supervision. Please contact our Spa Receptionist for further information.

Spa Policy
We respectfully ask you to turn off or leave your mobile phone in the room so the tranquility of the spa may be preserved.

Reservations
To make your reservation at C-spa please dial extension #8728 from within the hotel or call +62 8 361 3003888 from outside the hotel or log on www.marriott.com/DPSCY. Advance booking is recommended.

Payment for spa services
You may charge spa services to your hotel bill, however we accept all major credit cards (Visa, MC, JCB, Amex) or cash payment.
COURTNEYARD BY MARRIOTT BALI NUSA DUA RESORT

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