

# Food + Drink



## BREAKFAST

6:30 AM – 10:30 AM Monday – Friday

7:00 AM – 11:00 AM Saturday – Sunday

Dial Guest Services to place your order.

To order breakfast for the next morning, please hang your breakfast order card outside of your room by 02:00AM

## MAINS

Continental Breakfast <sup>1,2,11</sup>	€10.50
Selection of juices, fresh-cut fruit, fresh daily bakery selection, butter and jams, fresh brewed coffee, teas or milk	
Traditional Full Irish Breakfast <sup>1,2,11</sup>	€12.95
Fried, poached or scrambled egg with bacon, sausage, black and white pudding and grilled tomato. Continental breakfast included	
Egg Benedict <sup>1,2,11</sup>	€12.95
Two poached eggs, breakfast muffin, Hollandaise sauce. Continental breakfast included	
Light Fitness Breakfast <sup>2,7,8,11</sup>	€12.00
Two poached eggs on wholemeal toast with grilled tomato. Seasonal fruit with low fat or Greek yoghurt. Selection of juices	

## ALLERGENS:

1.Egg 2. Milk 3.Shell Fish 4.Molluscs 5.Fish 6.Peanut 7.Sesame 8.Soy  
9.Sulphur Dioxide 10.Nuts 11.Wheat 12.Celery 13.Mustard 14.Lupin

We welcome inquiries from customers who wish to know whether any dishes contain particular ingredients. Please inform your order-taker of any allergy or special dietary requirements that we should be made aware of, when preparing your menu request

All in room dining orders are subject to a €3.75 cover charge per person

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## ALL-DAY

12:00 PM – 10:00 PM

Dial Guest Services to place your order.

### ENTREES

Soup of the Day <sup>1,2,11,12</sup>	€7.00
Famous Multi Seed Harvest Brown Bread	
Wild Atlantic Way Seafood Chowder <sup>1,2,3,4,5,11,12</sup>	€8.00
Classic Fish Soup, Dill garnish, with Multi Seed Harvest Bread	
Paprika Seasoned Nachos <sup>2,11,13</sup>	€8.95
Baked Spinach & Artichoke Dip & Jalapenos	
Maple & Chilli Glazed Chicken Wings <sup>2</sup>	€9.95
Natural Lime Yogurt Dip	

### SALADS

Hot & Cold Galway Goats Cheese <sup>2,13</sup>	€12.95
Candied Beetroot, Toasted Mixed Seeds	
A Hell of a Caesar Salad <sup>1,2,5,11,13</sup>	€13.95
Classic Caesar Salad, Cajun Spiced Chicken Fillet, Parmesan, Croutons & Creamy Caesar Dressing	

### IN ROOM BOARDS

A meal in themselves, or ideal for sharing as a starter...

Don't forget to check the wine list and complete your dining experience

Seafood Selection <sup>1,2,3,5,10,11,12,13,</sup>	€17.95
Tempura Cod Finger, Squid Rings, Smoked Salmon & Marinated Prawns	
Marvellous Meat <sup>1,10,11,12,13</sup>	€17.95
Parma Ham, Irish Chorizo, Silver Hill Duck Spring Roll & Smoked Chicken	
Cheese PLEASE!!! <sup>1,2,10,11,12,13</sup>	€17.95
Marinated Feta Cheese, Cashel Blue Cheese, Crisp Mozzarella & Smoked Gubbeen	

ALL OUR BOARDS ARE SERVED WITH ARTISAN NUT & FRUIT CRACKERS, OLIVES, TAPENADE & MILL HOUSE ORGANIC FARM LEAVES

### ALLERGENS:

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## MAIN EVENTS

<b>Gilligans of Roscommon 6oz Beef Burger</b> <sup>1,2,11,12,13</sup> Brioche Bun, Irish Cheddar, Baby Gem Lettuce, Tomato Relish, House Fries	€16.95
<b>Pork &amp; Guinness Sausages</b> <sup>2,9,11</sup> Creamy Mash Potato, Guinness Glaze, Pickled Onion & Rich Gravy	€16.95
<b>Baked Fillet of Hake</b> Sautéed seasonal Greens, Irish Chorizo & Garlic Herb Butter	€18.95
<b>Balti Style Chicken Curry</b> <sup>2,10,11,12</sup> Coconut & Tomato Curry, Cucumber Yogurt & Coconut Rice	€17.95
<b>Ricotta &amp; Asparagus Pasta Parcels</b> <sup>1,2,10,11</sup> Cherry Tomato, Parmesan Cream & Roasted Hazelnut with Herb Oil	€15.95
<b>Grilled Prime Irish 8oz Striploin Steak</b> <sup>1,2,11,12,13</sup> Grilled Plum Tomato, Flat Cap Mushroom & Onion Rings, House Fries Choice of: Peppercorn Sauce, Garlic Butter or Blue Cheese butter	€24.95

## BETWEEN THE BREAD

<b>The Club Special</b> <sup>1,2 10,11,13</sup> Smoked chicken, Crisp Bacon, Baby Gem Lettuce, Beef Tomato, Savoury Relish, Doorstep White Bread, Siracha slaw, House Fries	€14.50
<b>Croque Monsieur</b> <sup>2,8,11, 13</sup> Grilled Ham and Mature Irish Cheddar sandwich, Mixed Leaves, House Fries	€10.50

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## SIDES

Homemade Fries <sup>11</sup>	€4.95
Truffle & Parmesan Fries <sup>2,11</sup>	€4.95
Mixed Leaf Salad <sup>13</sup>	€4.95
Baked Flat Cap Mushroom <sup>2,12</sup>	€4.95
Beer Battered Onion Rings <sup>1,2,11</sup>	€4.95
Seasonal Green Vegetables <sup>2</sup>	€4.95
Creamed Potatoes <sup>2</sup>	€4.95

## DESSERTS

Oreo Biscuit Cheesecake <sup>1,2,10,11</sup>	€7.95
Chocolate Fudge Sauce, Fresh Cream	
Sheraton Selection of Ice creams <sup>1,2,10,11</sup>	€7.95
Vanilla Bean, Strawberry, Chocolate, Wafer basket	
Chocolate & Roasted Hazelnut Brownie <sup>1,2,10,11</sup>	€7.95
Vanilla Ice Cream	
Seasonal Fresh Fruit Salad	€7.95
Light Sugar Syrup with Raspberry Sorbet	

## ALLERGENS:

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## LATE-NIGHT

10:30 PM – 7:00 AM

Dial Guest Services to place your order.

Cold Cereal <sup>2,11</sup>	€4.95
Soup of the Day <sup>1,2,11,12</sup> Famous Multi Seed Harvest Brown Bread	€8.95
Late Night Caesar <sup>1,2,5,11,13</sup> Classic Caesar Salad, Smoked Chicken, Parmesan, Croutons & Creamy Caesar Dressing	€15.95
Tossed Green Salad Leaves <sup>2,13</sup> House Dressing, Tomato, Vegetables & Mixed Seeds	€11.95
The Club Special <sup>1,2 10,11,13</sup> Smoked chicken, Crisp Bacon, Baby Gem Lettuce, Beef Tomato, Savoury Relish, Doorstep White Bread, Siracha Slaw	€15.50
Croque Monsieur <sup>2,8,11,13</sup> Grilled Ham and Mature Irish Cheddar Sandwich, Mixed Leaves, House Slaw	€10.50
Balti Style Chicken Curry <sup>2,10,11,12</sup> Coconut & Tomato Curry, Cucumber Yogurt & Coconut Rice	€19.95
Warm Quiche of the Day Side Salad & Spicy Slaw	€15.50

## DESSERTS

Oreo Biscuit Cheesecake <sup>1,2,10,11</sup> Chocolate Fudge Sauce, Fresh Cream	€7.95
Sheraton Selection of Ice creams <sup>1,2,10,11</sup> Vanilla Bean, Strawberry, Chocolate, Wafer Basket	€7.95
Chocolate & Roasted Hazelnut Brownie <sup>1,2,10,11</sup> Vanilla Ice Cream	€7.95

## ALLERGENS:

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## KIDS

Dial Guest Services to place your order.

### KIDS BREAKFAST

6:30 AM – 10:30 AM Monday – Friday

7:00 AM – 11:00 AM Saturday – Sunday

Little Scrambler <sup>1,2,8,11</sup> Fluffy Scrambled, Sunny Side Up or Boiled Egg, Bacon & Sausage	€6.50
Freshly Prepared Pancakes <sup>1,2,11</sup> Three pancakes served with preserves and honey	€3.50
Kids Cereal <sup>2,8,11</sup> Served with whole milk, low fat milk or soya milk	€3.50
Seasonal Fruit Salad <sup>2</sup> Served with low fat or greek yoghurt	€3.50

### KIDS DINING

12:00 PM – 10:00 PM

### KIDS ENTREES

Cup of Soup of the Day <sup>1,2,11,12</sup>	€4.95
Mini Tossed Salad with Nuts and Seeds <sup>6,7,10,12,13</sup>	€4.95
Cup of Atlantic Chowder <sup>1,2,3,4,5,11,12</sup>	€4.95

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## KIDS MAINS

Tossed Pasta in Tomato Sauce or Butter <sup>1,2,11</sup>	€8.95
Steamed Fillet of Silver Hake <sup>1,2,5,11,13</sup>	€8.95
Grilled Ham & Cheese Sandwich <sup>1,2,11</sup>	€8.95
Grilled Sausage with Roasting Gravy <sup>2,11,12,13</sup>	€8.95
Pan Fried Chicken Strips	€8.95
Crisp Chicken Goujons <sup>1,2,11,12</sup>	€8.95

All main courses are served with either Crisp Salad,  
Chips or Creamed Potatoes <sup>2,12,13</sup>

## KIDS DESSERTS

Giant Cookie & Vanilla Ice Cream <sup>1,2,6,10,11</sup>	€4.95
Chocolate Brownie, Toffee Sauce & Ice cream <sup>1,2,10,11</sup>	€4.95
Fruit Salad with Raspberry Sorbet	€4.95

## ALLERGENS:

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## DRINKS

12:00 PM – 12:00 AM

Dial Guest Services to place your order.

### WHITES

#### Icalma – Sauvignon Blanc<sup>9</sup>

Fresh Fruit notes dominated by pineapple. Intense aromas of grapefruit and lemon indicated vivacity

Glass €6.95 Bottle €23.50

#### Marques de Riscal - Spain - Rueda - Verdejo<sup>9</sup>

Delicate floral and tropical fruit aromas following to a palate showing pear and minerality.

Glass €6.95 Bottle €26.50

#### Icalma - Chile - Chardonnay<sup>9</sup>

This Chardonnay has a delicious golden apple and melon fruit Burs; it's crisp, fresh and very pure in flavour

Glass €6.95 Bottle €24.50

### REDS

#### Icalma – Chile – Merlot<sup>9</sup>

Blackberry and forest strawberry aromas with notes of thyme and rosemary. The coated tannins give a pleasing creamy mouth filling.

Glass €6.95 Bottle €23.50

#### Marques de Riscal - Spain - Catsilla y Leon - Tempranillo<sup>9</sup>

Spicy, red fruit combine with soft tannins and lead to a sweet vanilla oak finish.

Glass €6.95 Bottle €24.50

#### Icalma - Chile - Cabernet Sauvignon<sup>9</sup>

Deep Ruby Red Wine Showcases sumptuous Aromas of red fruit mixed with notes of fresh ground coffee and Dark Chocolate

Glass €6.95 Bottle €24.95

### ALLERGENS:

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## CHAMPAGNE & SPARKLING WINE

Masotina - Conegliano Valdobbiadene -

Prosecco - Superiore, extra dry<sup>9</sup>

Produced in the hill of Conegliano Valdobbiadene historical area, this sparkling wine fresh, pleasant and harmonic, with a scent of fruity and a pronounced note of wisteria in bloom and acacia flowers

Bottle €37.00

Moet & Chandon Brut Imperial N.V<sup>9</sup>

This is the largest selling and most respected Champagne in the world. Ideal for that special occasion

Bottle €85.00

## ALLERGENS:

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Must be of legal drinking age to purchase and/or consume alcohol.

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## SPIRITS

CDC Gin	€4.85
Smirnoff Vodka	€4.90
Bacardi Rum	€5.25
Selection of Irish Whiskeys	from €4.80
Selection of Scotch	from €5.20
Bailey's Irish Cream <sup>2</sup>	€5.75
Grand Marnier	€5.95
Hennessy	€5.35
Selection of Liqueurs <sup>11,9,2</sup>	from €5.35

## BEERS

Selection of bottled beers <sup>9,11</sup>	from €5.30
Selection of Craft Beers	from €6.25

## NON ALCOHOLIC

Selection of Soft Drinks	€3.10
Selection of Juices	€3.25
Still or Sparkling Water 250ml	€3.00

## MIXERS

Selection of Mixers	€2.25
Pepsi, Diet Pepsi, 7up, Diet 7up, Club Orange	€3.10
Orange Juice, Cranberry Juice, Pineapple Juice, Cidona	€3.25
Tonic, Ginger Ale, Soda Water	€2.25

## **HOTEL RESTAURANTS**

### **BREAKFAST**

Served in La Provence Restaurant (Level 1)

6:30 AM – 10:30 AM, Monday – Friday

7:00 AM – 11:00 AM, Saturday – Sunday

### **LA PROVENCE RESTAURANT (Level 1)**

6:30 PM – 9:30 PM, Open Daily

### **SHERATON BAR (Ground Floor)**

Showing sports events daily

Live entertainment every weekend

12:00 PM – 11:00 PM, Monday – Sunday

### **HARVEST CAFÉ (Level 1)**

Carvery, Delicatessen & Pastry Counters

9:00 AM – 6:00 PM, Monday, Tuesday, Wednesday & Saturday

9:00 AM – 7:00 PM, Thursday – Friday

12:00 PM – 6:00 PM, Sunday