



**REVIVE  
YOUR SPIRIT.**



SPA PRODUCTS AND SERVICES

## MASSAGES

Mon-Thurs

Fri-Sun

### Signature Massage

A classic massage using Swedish techniques to promote relaxation, increased blood flow, and overall rejuvenation.

<b>50 mins.</b>	<b>\$130</b>	<b>\$140</b>
<b>80 mins.</b>	<b>\$195</b>	<b>\$205</b>
<b>110 mins.</b>	<b>\$255</b>	<b>\$265</b>

### Custom Massage

Make your massage your own. Customize your massage with light, medium or deep tissue enhanced with hot stone therapy.

<b>50 mins.</b>	<b>\$135</b>	<b>\$145</b>
<b>80 mins.</b>	<b>\$200</b>	<b>\$210</b>
<b>110 mins.</b>	<b>\$260</b>	<b>\$270</b>

### Deep Tissue Massage

Full body deep tissue work and sports massage to remove tension and pain. 50 minute massage is customized to focus on problem areas. 80 and 110 minute treatments are full body massages.

<b>50 mins.</b>	<b>\$145</b>	<b>\$155</b>
<b>80 mins.</b>	<b>\$210</b>	<b>\$220</b>
<b>110 mins.</b>	<b>\$270</b>	<b>\$280</b>

### Hot Stone

Smooth basalt stones gently radiate heat, warm muscles and relieve pain as they are placed on specific areas of your back and used with Swedish technique to increase blood flow and release tension.

<b>50 mins.</b>	<b>\$155</b>	<b>\$165</b>
<b>80 mins.</b>	<b>\$200</b>	<b>\$210</b>
<b>110 mins.</b>	<b>\$260</b>	<b>\$270</b>

### Couples Massage

Swedish techniques are used in a full body massage while you unwind and relax together in our couples treatment room.

<b>50 mins.</b>	<b>\$260</b>	<b>\$270</b>
<b>80 mins.</b>	<b>\$380</b>	<b>\$390</b>
<b>Deep Tissue</b>	<b>\$15 per person</b>	<b>\$20 per person</b>

### Prenatal

A treatment designed just for the mother-to-be. Relaxing Swedish techniques are used to melt away pregnancy related aches and pains. **Requires your doctor's written release, only for guests in second or third trimester.**

<b>50 mins.</b>	<b>\$145</b>	<b>\$155</b>
<b>80 mins.</b>	<b>\$210</b>	<b>\$220</b>
<b>110 mins.</b>	<b>\$270</b>	<b>\$280</b>

### Tension Tamer

Your therapist will focus on one or two specific areas of your choice to relieve pain and promote relaxation.

<b>25 mins.</b>	<b>\$70</b>	<b>\$80</b>
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### Reflexology

Points on the feet correlating to imbalanced areas in the body are stimulated through acupressure and massage.

<b>25 mins.</b>	<b>\$70</b>	<b>\$80</b>
<b>50 mins.</b>	<b>\$135</b>	<b>\$145</b>

## SIGNATURE BODY TREATMENTS

Mon-Thurs

Fri-Sun

### Signature Wrap

Choose from Bluegrass Wrap, Ayate Mud, or Bindi.

<b>80 mins.</b>	<b>\$225</b>	<b>\$235</b>
<b>110 mins.</b>	<b>\$280</b>	<b>\$290</b>

### Signature Special Body Scrub

Choose from Bourbon Bubbler, Mint Julep, Honey Magnolia or Seasonal.

<b>50 mins.</b>	<b>\$125</b>	<b>\$135</b>
<b>80 mins.</b>	<b>\$190</b>	<b>\$200</b>
<b>110 mins.</b>	<b>\$250</b>	<b>\$260</b>

### Ultimate Unwind

Slow down, chill out and recharge with this unforgettable head-to-toe experience. We start you off with a completely customized 50-minute massage using both traditional Swedish and targeted deep-tissue techniques, followed by a rejuvenating foot scrub, aromatherapy facial treatment and relaxing scalp massage.

<b>80 mins.</b>	<b>\$205</b>	<b>\$215</b>
<b>110 mins.</b>	<b>\$265</b>	<b>\$275</b>

### Refresher Scrub

Choose a focus area or add on to any service.

<b>25 mins.</b>	<b>\$50</b>	<b>\$70</b>
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## ENHANCEMENTS

### Hands or Feet Revitalizer Scrub

Infused with aromatherapy, this treatment will detoxify, deep cleanse, soften, smooth and hydrate. **\$30**

### Warm Stone Muscle Melt

Smooth basalt stones radiate heat deep into the muscles to loosen and relieve deep set tension and stress. **\$30**

### Moroccan Oil Scalp Massage

Argan and essential oils of organic ginger, lavender and geranium improves the condition of the scalp while hair is left revitalized with a lustrous shine. **\$30**

### Muscle & Joint Relief

Yoga Balm & St. John's Wort reduces joint and muscle inflammation, improving blood flow and elevating mood (take home product included in price). **\$30**

## FACIALS

*Mon-Thurs*

*Fri-Sun*

### **Signature Facial**

This relaxing facial includes key elements of a classic European facial, deep cleansing and an aromatherapy scalp, arm and hand massage.

**50 mins.**

**\$130**

**\$140**

### **Custom Facial**

This luxurious facial balances and nourishes devitalized skin and assists in the prevention of unwanted skin conditions via a powerful combination of botanical anti-oxidants and a gentle enzyme peel. Each service also includes a relaxing, hot stone facial massage, as well as pampering for the hands, arms, neck and scalp.

**50 mins.**

**\$145**

**\$155**

### **Radiance Facial**

The luxury begins with a renewing hand treatment then moves into a classic European facial enhanced with an enzyme treatment to refine the skin. A 12-point acupressure facial massage and mask is next, to balance mind and body.

**80 mins.**

**\$185**

**\$195**

### **Back Facial**

Designed for your back to maintain healthy skin and help to remove any unwanted skin concerns such as acne, redness or dryness.

**50 mins.**

**\$130**

**\$140**

## FACIAL ENHANCEMENTS

**Deep Extractions \$30**

### **Eye & Lip Collagen Mask**

Diminishes the appearance of puffiness, dark circles and fine lines, leaving a rejuvenated youthful look. **\$30**

### **Peels**

Glycolic Peel, Vitamin C, Brightening, and Alpha Hydroxy Acid. **\$30**

## HANDS AND FEET

*Mon-Thurs*

*Fri-Sun*

### **Signature Manicure**

Let us take you on a journey with the SpaRituals aromatherapy collection. Our signature treatment goes beyond your expectations by surrounding you in the luxury of organic fragrances combined with the expert attention of our highly trained nail specialists.

**50 mins.** **\$60** **\$65**

### **Signature Pedicure**

**50 mins.** **\$80** **\$85**

### **Custom Manicure**

Choose from Bourbon Bubbler, Honey Magnolia or Bindi.

**50 mins.** **\$65** **\$70**

### **Custom Pedicure**

Choose from Bourbon Bubbler, Honey Magnolia or Bindi.

**50 mins.** **\$85** **\$90**

### **Hot Stone Pedicure**

**65 mins.** **\$90** **\$100**

### **Short & Sweet Polish change - Hands**

**25 mins.** **\$25** **\$30**

### **Short & Sweet Polish change - Feet**

**25 mins.** **\$45** **\$50**

### **Gel Manicure**

All the necessities for maintaining healthy, natural nails are provided in these two efficient services. Nails are trimmed and shaped, cuticles cared for and polish perfectly applied. The Gel Manicure does not include a scrub or mask.

**50 mins.** **\$65** **\$70**

### **Gel Pedicure**

**50 mins.** **\$85** **\$90**

### **Foot Soak Refresher**

Let go while you soak your feet and enjoy true pampering. Complete with an aromatic moisturizing of your lower legs and feet.

**25 mins.** **\$60** **\$65**

**50 mins.** **\$110** **\$115**

### **French Finish**

**10 mins.** **\$10** **\$15**

### **Gel Soak Off**

**25 mins.** **\$20** **\$25**

### **Gel Finish**

**25 mins.** **\$20** **\$25**

## HAIR AND SALON TREATMENTS

	Mon-Thurs	Fri-Sun
<b>Cut &amp; Style</b>		
Shampoo & Style	\$40	\$45
Cut & Style - Women's	\$50	\$60
Cut & Style - Men's	\$35	\$45
Cut & Style - Children's	Starts at \$30	Starts at \$35
Formal Style - includes trial	Starts at \$95	Starts at \$100
<b>Colorful Creations</b>		
All Over Color	\$85	\$95
Partial Highlight/Lowlight	Starts at \$100	Starts at \$110
Full Highlight/Lowlight	Starts at \$120	Starts at \$130
<i>All colorful creations include shampoo, trim and style</i>		
<b>Moroccan Oil Hair Therapy</b>		
Dry Scalp Treatment	\$50	\$60
Oily Scalp Treatment	\$50	\$60
Thermal Styling	\$25	\$35

## WAXING

Back	\$70	\$80
Bikini	\$50	\$60
Brazilian	\$75	\$85
Brow	\$30	\$35
Chest	\$60	\$70
Chin	\$30	\$35
Full Leg	\$60	\$70
Half Leg	\$45	\$55
Lip	\$15	\$20
Underarms	\$35	\$40
Full Face, Chin, Lip, Face	\$60	\$70

## MAKE UP SERVICES

<b>Finishing Touch Makeup Application</b>		
25 mins.	\$55	\$60
<b>Special Event Bridal Makeup</b>		
Includes trial		
50 mins.	Starts at \$95	Starts at \$105
<b>Temporary Lash Application</b>		
Lashes provided		
25 mins.	\$35	\$45

## YOGA

<b>Private 1-Hour Session</b>	<b>\$80</b>
<b>Semi-Private 1-Hour Session for 2–4 people</b>	<b>\$30/person</b>
<b>Group – Up to 12 people</b>	<b>\$20/person</b>

## PACKAGES

### **Relax and Renew** **\$199**

1-Hour Yoga Session  
50 minute Custom Massage  
Short & Sweet Manicure  
Short & Sweet Pedicure

### **Ladies Spa Day** **\$299**

50 minute Signature Massage  
50 minute Signature Pedicure  
50 minute Signature Facial

### **A Day for Him** **\$399**

50 minute Signature Massage with a Moroccan Oil Scalp Massage enhancement  
50 minute Custom Facial  
25 minute Foot Soaker Refresher  
Short & Sweet Manicure

### **Couples Spa** **\$399**

50 minute Couples Massage with Moroccan Oil scalp massage enhancement  
25 minute Foot Soaker Refresher  
Lunch for two

### **Bride and Groom** **\$340**

50 minute Couples Massage  
Signature Pedicure for both Bride and Groom

### **Bridal Package** **\$399**

50 minute Signature Massage  
Signature Facial  
50 minute Signature Body Scrub  
Shampoo & Style  
Lunch

## SPA DAY PASS

Includes full access to indoor/outdoor pool, fitness center, private Spa patio, Spa lounges including steam rooms and lockers.

<b>1 day</b>	<b>\$25</b>
<b>3 day</b>	<b>\$65</b>
<b>5 day</b>	<b>\$90</b>
<b>1 week</b>	<b>\$100</b>

### **The Spa at Griffin Gate**

Enjoy a revitalizing escape, right here at Griffin Gate Marriott® Resort & Spa. Relax in the oasis of our jewel-box spa as we take luxury and rejuvenation to a whole new level. Indulge in the finest spa products while benefiting from the personal advice that complements each treatment. At The Spa at Griffin Gate, we've married the healing power of native minerals and natural herbs to the undeniable benefits of our soothing spa services to create an unforgettable experience.

### **How to Enjoy the Ultimate Spa Experience**

While each visit to our Spa offers a unique, personalized experience, there are a few ways to help ensure all of our guests get the most from their experience. In order to preserve the tranquility of our environment, we ask that you please turn off cell phones prior to your arrival in The Spa.

### **Upon Arrival**

Plan to arrive at our Spa Desk at least 30 minutes prior to your first scheduled Spa or Salon service. This will allow time for changing and use of our facilities, including steam room and showers.

### **For Your Comfort and Convenience**

During your stay at The Spa, we will provide you with a cozy robe and slippers along with a private locker. Your robe and slippers are appropriate attire for anywhere in The Spa. Complimentary tea, water and light refreshments are also available for you to enjoy during your stay.

### **What Do I Wear?**

Whatever makes you feel most comfortable and relaxed. Some Spa guests prefer a bathing suit for the steam rooms, although this isn't required. During your service, be assured that our therapists will respect your privacy and are trained to keep you properly and modestly covered throughout your treatment.

### **We'd Like to Know About Any Health Issues**

Please advise our staff if you are pregnant, recovering from recent surgery or have any existing medical concerns. For your health and safety, we recommend avoiding the consumption of alcohol if you will be using the steam room. A doctor's note of consent is required for guests who are pregnant or receiving chemotherapy. Please note, our treatment tables support up to 500 lbs.

### **Gratuities**

For your convenience, a 20% service charge is automatically added to each Spa service received. Gratuities are dispersed to spa staff who served you during your stay. Additional gratuities are at your discretion.

### **Age Requirements**

The Spa, including massage and body treatments, is available to guests 18 years of age and older. For guests ages 16 and 17, nail and facial services are available with a parental chaperone. For your own peace of mind, and for the safety of your children, please make arrangements for childcare during your appointment times if they will not be receiving a Spa service.

### **Cancellation Policy**

For guests, group appointments or Spa Packages, we ask for a 12-hour cancellation notice to avoid being charged for a scheduled spa/salon service not taken. No-shows and late cancellations will be charged in full.

**The Spa at Griffin Gate is open daily, 8:30 a.m. – 8:00 p.m. Hours may vary seasonally or for special events. To book your spa appointment, call 859.288.6175 or email [GriffinGateSpa@Marriott.com](mailto:GriffinGateSpa@Marriott.com).**

A luxurious selection of products as well as gift cards are available in our Spa Boutique.

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