



## Breakfast

Served from 7:30-11:30am

### Healthy Start

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|   |            |
|---|------------|
| <b>Oatmeal</b>  | <b>\$6</b> |
| <b>Toppings</b>   | <b>\$2</b> |
| Fresh Berries   House made Granola   Brown Sugar   Dried Fruit   Chia Seeds |            |
| <b>Fruit Cup</b>  | <b>\$6</b> |
| <b>Yogurt Parfait</b>   | <b>\$8</b> |
| <b>Power Beet Juice</b>   | <b>\$5</b> |
| Spinach   Beets   Pineapple   Kale   Farm Honey                             |            |

### Bakery

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|   |            |
|---|------------|
| <b>Assorted Pastries</b>  | <b>\$3</b> |
| <b>Einstein Brothers Bagels</b>   | <b>\$4</b> |
| Plain   Whole Grain   Everything   Cinnamon Raisin – Low Fat Cream Cheese   Butter   Justin's Peanut Butter |            |

### Gluten Sensitive

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|---|-------------|
| <b>Egg White with Spinach and Tomato</b>  | <b>\$11</b> |
| Lake Meadow Farm Egg White   Cheddar Cheese   Caramelized Onion   Gluten Free Udi's Bagel |             |
| <b>Gluten Free Muffins</b>  | <b>\$3</b>  |

### With your coffee...

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#### Hand Crafted Quiches

|   |             |
|---|-------------|
| <b>Vegetarian Quiche</b>  | <b>\$11</b> |
| Lake Meadow Farm Egg Whites   Roasted Tomato   Feta Cheese   Grilled Artichokes |             |
| <b>Lorraine Quiche</b>  | <b>\$11</b> |
| Lake Meadow Farm Eggs   Smoked Bacon   Caramelized Onions   Swiss cheese        |             |

#### Breakfast Sandwiches

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|--|-------------|
| <b>Bacon Egg and Cheese</b>  | <b>\$10</b> |
| Lake Meadow Farm Eggs   Noble Star Bacon   Cheddar Cheese   Sprouted Wheat Bread             |             |
| <b>Sausage Egg and Cheese</b>  | <b>\$10</b> |
| Lake Meadow Farm Egg   Chicken Sausage   Sawgrass Swiss Cheese   Tomato Jam   Einstein Bagel |             |
| <b>Ham Egg and Cheese</b>  | <b>\$10</b> |
| Lake Meadow Farm Egg   Ham   Gouda Cheese   Croissant  |             |
| <b>Hickory Smoked Salmon Bagel</b>   | <b>\$11</b> |
| Chive & Dill Cream Cheese   Fried Capers   Pickled Red Onion   Einstein Bagel                |             |



## Lunch

Served from 11:30am-5:00pm

### Salads

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- Gluten Free Bow Tie Pasta Salad**      **\$11**  
Broccoli | Roasted Peppers | Cherry Tomatoes  
Pesto Vinaigrette
- Chicken Caesar Salad**      **\$12**  
Romaine Lettuce | Kale | Radicchio | Olive Oil  
Garlic Croutons | Egg | Parmesan | Cesar  
Dressing Vinaigrette
- Wild Isles Smoked Organic Salmon**      **\$16**  
French Lentils | Arugula | Roasted Sweet Potato |  
White Lemon Balsamic Vinaigrette
- Nicoise Salad**      **\$16**  
Ahi Tuna | Farm Quail Egg | Marble Potatoes |  
Green Beans | Kalamata Olives | Mustard  
Vinaigrette
- Citrus Brined Pork Tenderloin**      **\$14**  
Marinated Radish | Squash | Celery | Cilantro |  
Green Onions | Toasted Couscous
- Heirloom Tomato & Mozzarella Salad**      **\$12**  
Marinated Heirloom Tomatoes | Baby Herbs  
Shaved Fennel | Gremolata | Olive Oil
- Garden Salad**      **\$7**  
Mixed Greens | Carrots | Cherry Tomato |  
Cucumber | Radish | Lemon Vinaigrette

### Small Bites

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- Lemon Hummus**      **\$8**  
Crisp Vegetables
- Protein Box**      **\$8**

### Tartines

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- Lake Meadows Chicken Salad**      **\$12**  
Organic Chicken Breast | Roasted Cashews |  
Tarragon Mayo | Green Apples | Celery |  
Multigrain Toast
- Hickory Smoked Salmon**      **\$12**  
Chive & Dill Cream Cheese | Fried Capers  
Pickled Red Onion | Marble Rye
- Avocado & Local Tomato**      **\$10**  
Avocado | Heirloom Tomatoes | Farmer's  
Cheese | Lemon Zest | Multigrain Batard

### Farm to oven

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- Grilled Focaccia BLT**      **\$14**  
Smoked Bacon | Baby Iceberg | Heirloom  
Tomatoes | White Cheddar | Provolone Cheese  
| Grilled Focaccia
- Grilled Cheese & Tomato Soup**      **\$13**  
Farmhouse Cheddar | Brioche

### Bakery

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- Hand Crafted Cookies**      **\$4**  
Choc Chip | Oatmeal Raisin | Bodega's Signature
- Red Velvet and Chocolate Cupcakes**      **\$5**
- French Pastries**      **\$5**  
Raspberry Tart | Valrhona Chocolate Cake  
| Tiramisu