Welcome to Spa by JW. Here you will discover an inspired well-being experience that favours simplicity over complexity, clarity over mystery. Knowing how important time and well-being are to you, we introduce accessible offerings, with inviting social spaces to gather or simply unwind, express spa treatments and experiential retail.

Spa by JW delivers treatments that are tailored to your exact needs and focused on delivering four distinctive benefits: Calm, Indulge, Invigorate and Renew. So whether you’re fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalised spa experience that’s as effortless as it is rewarding. Begin your journey with your desired results in mind.

**CALM**
Reset for a moment of serenity. Find your centre by slowing down time, so you’re ready to take on whatever comes next.

**INDULGE**
You deserve the best. For all that you do, take time for some special nourishment. After all, life’s simplest pleasures should not be forgotten.

**INVIGORATE**
Stress takes its toll. Embrace your own vitality by replacing what’s been lost, enlivening your body and clarifying your mind.

**RENEW**
Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.
So much is expected of us — to be brilliant, be ready, be connected. Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.
MASSAGE

STRESS RELIEF
Experience the subtle difference between being relaxed and being restored with this profoundly healing massage designed to dissolve stress and tension. (50 or 80 MINUTES)

SLEEP DEEPLY
Achieve an elevated sense of balance with this curative aromatherapy massage that restores the body for a deeper feeling of relaxation and enhanced sleep. (50 or 80 MINUTES)

MARCO ISLAND FOOT RITUAL
Treating our often forgotten feet can have a profound effect on our entire well-being. Allow us to exfoliate and massage your feet so that you feel balanced and refreshed. (50 MINUTES)

BALINESE MASSAGE
Our Signature Treatment. Drawing on modalities from around the world, our therapists weave an intricate, choreographed massage that soothes the sympathetic nervous system. (80 MINUTES)

FACIAL

SOOTHING
Restore balance and radiance to the skin with the naturally healing blend of aromatherapy oils intended to alleviate redness and irritation. (50 or 80 MINUTES)

REMARKABLE RESULTS
Our signature treatment. For exquisite results, indulge in our advanced Microdermabrasion Treatment followed by a pure Oxygen Cocktail Treatment. (80 MINUTES)

EXPRESS TREATMENTS

RELAXING SCALP MASSAGE
Discover a deeper sense of clarity when you take a moment to simply let go. (12 OR 25 MINUTES)

TENSE SHOULDERS
Release tension from the body and the mind will follow. (12 OR 25 MINUTES)
INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.
**MASSAGE**

**ULTIMATE AROMATHERAPY MASSAGE**
Be truly pampered with this soothing head-to-toe aromatherapy massage that infuses a personalised blend of powerful therapeutic essential oils. (50 OR 80 MINUTES)

**CLEAR YOUR MIND**
Indulge your senses with this aromatherapy body, face and scalp massage as you breathe in the soothing aromas of chamomile, petitgrain and rosemary. (50 OR 80 MINUTES)

**NURTURING PREGNANCY MASSAGE**
Give yourself a moment to appreciate the joy of pregnancy and leave the stresses of everyday life behind you. This massage will relieve stress and tension, ease the heavy feeling that can come with pregnancy and help alleviate an aching back. (50 MINUTES)

**FACIAL**

**FIRMING & BRIGHTENING**
Achieve a nonsurgical facelift with microcurrent technology that noticeably lifts, firms and brightens the skin. (80 MINUTES)

**ANTI-AGING**
Recapture a youthful complexion through a precise combination of exceptional skin care, telomere technology, healing rose and plant stem cells proven to regenerate the skin. (50 OR 80 MINUTES)

**EXPRESS TREATMENTS**

**RELAXING MASSAGE**
Enjoy a personal timeout to renew with a revitalising scalp, neck, back and arm massage. (12 OR 25 MINUTES)
The stresses of travel and everyday life all take a toll, making energy elusive. Replace what’s been lost with treatments designed to focus on your body’s less obvious engines and enliven every facet of your being. At Spa by JW, find balance and energy on your way to a new vitality.
INVIGORATE

MASSAGE

RE-ENERGISE
Feel newly energised with a restorative massage that brings tired muscles back to life. (50 or 80 MINUTES)

JET LAG CURE
Recover from the long journey with this profoundly curative massage that blends and integrates essential oils to revive the senses. (80 MINUTES)

MARCO ISLAND CUSTOM MASSAGE
Have your say on pressure and pace with this bespoke massage treatment, allow our talented therapists to customize a massage treatment suited for your needs. (50 or 80 MINUTES)

FACIAL

FIRMING
Reduce fine lines with this ultra-healing facial that combines an exfoliating enzyme peel and soothing skin boosters to achieve an exceptionally rejuvenated complexion. (80 MINUTES)

RADIANCE
Stimulate cell renewal, deep hydration and softening for all skin types with aromatherapy ingredients that are expertly massaged into the skin. (50 MINUTES)

MARCO ISLAND CUSTOM FACIAL
Allow your skin care specialist to create a customized facial treatment using organic ingredients designed specifically for your skin type and needs (50 MINUTES)

BODY

MARCO ISLAND COCONUT SCRUB
A stimulating body polish that utilizes sugar cane and the sweet scents of coconut milk and honey, this treatment will reveal new glowing skin as well as replenishing lost moisture. (50 MINUTES)

EXPRESS TREATMENTS

ENERGY BOOST MASSAGE
Feel refreshingly renewed with a scalp, neck, back and arm massage. (12 or 25 MINUTES)
What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from centre. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalised treatment feeling refreshed and rejuvenated.
**RENEW**

**MASSAGE**

**FEEL REVIVED**
Awaken tired muscles with a revitalising massage that rejuvenates both mind and body leaving you naturally relaxed. (50 OR 80 MINUTES)

**INTENSE MUSCLE RELEASE**
Enjoy a welcome sense of renewal for sore muscles from this intensely satisfying, powerful massage that reaches the deeper structures of the body. (50 MINUTES)

**FACIAL**

**BRIGHTENING**
Purify every pore with a perfect combination of aromatherapy skin care and a gentle microcurrent that penetrates deeply into the skin leaving it clean, clear and refreshingly renewed. (50 OR 80 MINUTES)

**DEEP CLEANSE**
Bring your skin back to a natural balance with a purifying cleanse that infuses aromatherapy ingredients like tea tree and lavender into every pore. (50 MINUTES)

**HYDRAFACIAL MD®**
A non-invasive, non-surgical anti-aging procedure that delivers instant results by using LED light therapy along with the benefits of the Hydrafacial MD technology.
- Cleanse, gentle hydra-exfoliation, Vortex extraction, hydrating Hyaluronic Acid infusion, Dermabuilder or Britenol (50 MINUTES)
- Lymph drainage for the face and neck, CTGF (Connective Tissue Growth Factor) (80 MINUTES)

**FOR MEN**
Achieve a clean and bright complexion full of health and vitality with this essential male facial that is deep cleansing and brightening. (50 MINUTES)

**EXPRESS TREATMENTS**

**TENSION RELEASE MASSAGE**
Take a moment to renew with this massage that targets tension spots in the back, neck and shoulders. (12 OR 25 MINUTES)
ESSENTIALS

GROOMING

Aromatherapy Associates Signature Manicure or Pedicure
Spa Manicure or Pedicure
Shellac “No Chip” Polish (Hands Only)
Gel Polish Removal
Express Manicure (25 minutes)
Child’s Manicure or Pedicure (Ages 10 & under)
French Polish

SPA DAY PASSES

Resort Guest $35; Local Guest $50

COUPLES TREATMENTS

Add an additional $30 to any 2 purchased massages and upgrade to a couples massage in our spa suite

HOW TO SPA

SCHEDULING AN APPOINTMENT
To schedule an appointment for a treatment, please speak with our Spa Curator, who will be happy to help you with your selection. Hotel guests can dial the hotel operator and request the Spa by JW. From outside the hotel, please call 239-642-2686. To ensure availability of your preferred time and service, we recommend making your reservation in advance. Online Booking for Spa available at https://spa.marriott.com/#/en-US/marco-island-marriott-beach-resort/spa/

SPA ETIQUETTE
In order to ensure all of our guests enjoy a relaxing experience, please respect all guests’ right to privacy and serenity. Please refrain from using a mobile device or pager. The Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age of 18 is required for access to the spa and pool areas.

EXPRESS TREATMENTS
Guests who schedule appointments for Express Treatments have access to the Express Treatment Suites area only. Guests utilizing these express services may purchase a spa day pass to access all of the spa amenities for an additional $35. Please speak with a Spa Curator for additional information.

HEALTH CONDITIONS
When making your Spa by JW reservation, please advise us of any health conditions, allergies or injuries, which could affect your experience.

Pregnancy
Please allow our Spa team to recommend suitable treatments for you during this special time.

CANCELLATION POLICY
As a courtesy to other guests, we strictly adhere to the cancellation policy. A 100% cancellation fee will be incurred for any treatment cancelled less than 4 hours prior to appointment.

FITNESS
All fitness centre guests must be at least 18 years of age. Proper athletic attire and footwear must be worn at all times in the fitness centre for the safety of our guests.
### Full Spa Experience

#### Calm

<table>
<thead>
<tr>
<th>Massage</th>
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<td>Nurturing Pregnancy Massage</td>
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<tr>
<td>Firming &amp; Brightening</td>
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#### Invigorate

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#### Renew

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<td>Intense Muscle Release</td>
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### Express & Essentials

#### Calm

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<td>Relaxing Scalp Massage</td>
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<td>Tense Shoulders</td>
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#### Indulge

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#### Invigorate

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#### Renew

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#### Essentials

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<td>Spa Manicure</td>
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<td>Spa Pedicure</td>
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<td>Express Manicure</td>
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<td>Shellac &quot;No Chip&quot; Polish</td>
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<td>Children’s Mani or Pedi (Use)</td>
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<td>Gel Polish Removal</td>
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<td>French Polish</td>
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### Spa Pass

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<tr>
<td>Local Guest</td>
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**Couple’s Massage** — Can be added to any two purchased massages for an additional $30.

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**JW Marriott Marco Island Beach Resort**

**400 S. Collier Blvd, Marco Island, Florida 34145**

**Telephone:** 239-642-1686  **Fax:** 239-389-6038

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**Follow JW Marriott Marco Island on Twitter @JWMARCOISLAND**