

Spa Beauty

FROM YOUR TOES TO YOUR FINGERTIPS

Spa manicure 60 min	MUR 2700	Underarm 15 min	MUR 800
Spa Pedicure 60 min	MUR 3000	Bikini line 30 min	MUR 1500
French nail polish application 30 min	MUR 1000	Full back 45 min	MUR 1800
File and Polish 15 min	MUR 700	Half back 20 min	MUR 800
Removal of false Nail 15 min	MUR 700	Thread eyebrows shaping 20 min	MUR 800
WAXING		Upper lip 20 min	MUR 800
Half leg 30 min	MUR 1600	TEMPORARY TATTOO	
Full leg 45 min	MUR 2200	Henna body art tattoo	MRU 700 - 2100
Full arm 45 min	MUR 1500		

HAIR AND MAKE UP SERVICES

Please enquire at our spa reception for full list of available services and rates.

PERSONAL TRAINING

Take your training program to the next level with a personalized fitness program.

A fitness coach will evaluate your abilities and objectives, before motivating you towards success.

Individual Session 45 min	MUR 1500
Couple Session 45 min	MUR 2500

Wellness Consultant

Choose the treatments that fit your needs, allow our wellness consultant to customize your wellness package.

Free consultation upon advance booking.

Every 3 x 50 min Therapies combined with your consultation, will receive a 10% discount

Every 5 x 50 min Therapies combined with your consultation, will receive a 15% discount

Every 7 x 50 min Therapies combined with your consultation, will receive a 20% discount

Spa Etiquettes

In an effort to provide an environment of peace and serenity, we would be most grateful if you could please respect the calm and privacy of each and every user during your visit.

Please also refrain from using your mobile phone.

Please advise upon booking if you have any health concerns or may be pregnant.

Disposable underwear is provided for all treatments to ensure your privacy.

To avoid cancellation fees, please advise us 4 hours before your treatment time

Arriving late will shorten your treatment. We recommend therefore that you check in 15 minutes prior to your treatment to guarantee that you begin your treatment on time.

Should you wish to enjoy the sauna and steam room, we recommend that you arrive 30 minutes prior to your treatment time.

We recommend you leave all jewelry and valuables in your room safe before entering the spa.

Sauna, Steam room and Whirlpool Facilities

Facilities are complimentary and are open daily from 9am to 7.30pm

A swimming costume is obligatory when using the sauna, steam room and whirlpool.

Contact us on 3581 for any queries or Spa reservation

THE WESTIN TURTLE BAY RESORT & SPA MAURITIUS

Turtle Bay, Balaclava
Mauritius

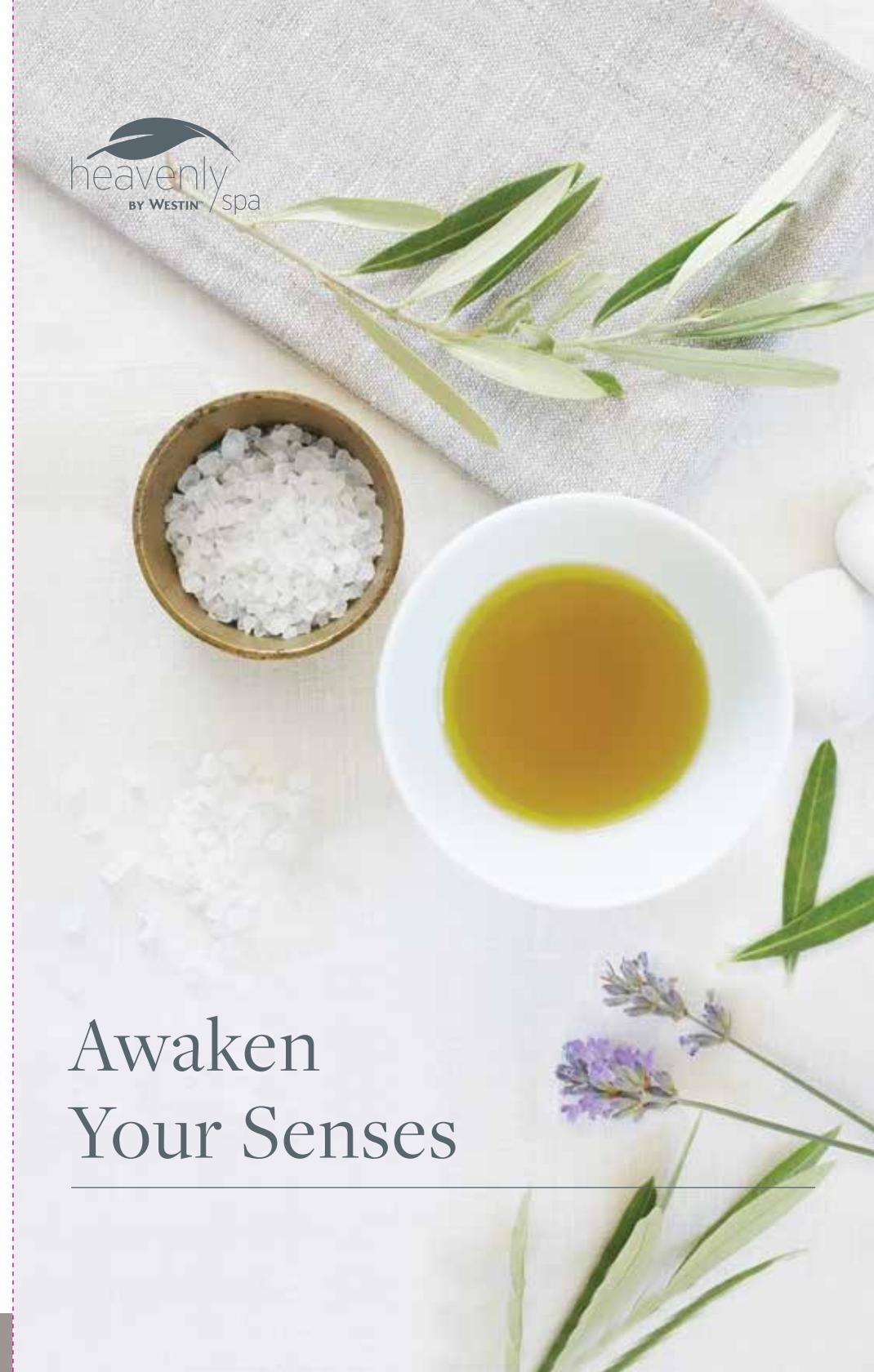
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Awaken Your Senses



Massages

TAKE TIME FOR YOURSELF

SIGNATURE SPA HEAVENLY MASSAGE

A heated compress invites the muscles of the back to relax, before a Swedish massage leaves you feeling physically rested and mentally uplifted.

(Medium to deep pressure)

50 min*- MUR 2800 or 80 min - MUR 4100

FLOWING BALINESE MASSAGE

We use traditional Balinese deep tissue massage techniques, incorporating a deeper pressure combined with stretching to ease muscular tension.

(Medium to deep pressure)

50 min*- MUR 2800 or 80 min - MUR 4100

RHYTHMIC INDIAN MASSAGE

A profoundly relaxing massage for the overstressed, using Abhyanga, or literally, oil massage. This rhythmic and energetic massage rejuvenates by clearing stagnant energy and restoring the flow of Prana, the life force that stimulates the body's vital energy.

(Medium to strong energetic pressure)

50 min*- MUR 3300 or 80 min - MUR 4500

DETOX MASSAGE

Our Detox Massage releases toxins in the blood stream, by stimulating the lymphatic system. By unblocking the energy flow, the body will begin to harness its natural curative powers.

(Light to medium pressure)

50 min*- MUR 2800 or 80 min - MUR 4100

ARO - MAURITIAN MASSAGE

Inspired by the Mauritian culture and lifestyle, this calm and relaxing massage has been designed to harmonize the body, with its smooth movements, whilst uplifting the mind with the scents of our high grades aromatherapy oils.

(Light to medium pressure)

50 min*- MUR 2800 or 80 min - MUR 4100

ANCIENT STYLE MASSAGE

An invigorating massage that combines Thai stretching, acupressure and Lomi Lomi technique to stimulate energy flow and restore vitality; the perfect massage to assist in muscle recovery, after sporting and leisure activities.

(Strong pressure and requires flexibility)

50 min*- MUR 3300 or 80 min - MUR 4500

MOTHER TO BE PREGNANCY MASSAGE

Mums to be can relieve tired feet or aching backs with this calming full body massage, which also includes the face and scalp.

(Light and soothing pressure)

60 min - MUR 3500

Added Treasures

ON THE GO? Choose from one of our express treatments for a quick fix, or add on to your treatment for some extra indulgence.

EYES REPAIR TREATMENT

A powerful Eye contour ritual that truly refreshes and revitalizes the eye area. Focusing on the delicate eye area, the therapy improves micro-circulation and drainage; helping to reduce puffiness.

30 min - MUR 2300

DESTRESS HEAD MASSAGE

This head massage combines the technique of warm oil pouring on the forehead, with scalp pressure points to relax and remove fatigue caused by mental stress.

30 min - MUR 2900

Facial Treatments

FACE EVERY MOMENT WITH A SMILE

REVIVE FACIAL

A natural treatment, perfect for those new to facials! Customized to meet your personal skin needs the treatment mask combines linseed flour, wheat germ and sunflower seeds for a fresh, relaxed and radiant complexion.

60 min - MUR 3000 or 90 min - MUR 4200

PURIFYING FACIAL

Created for combination, oily and problem skins, Ylang Ylang essential oils clean the skin and helps to regulate sebaceous secretions, without affecting the skin's oil balance. The pores are tightened, skin purified and the complexion evened out.... Leaving the face looking clear and fresh, with a radiant glow.

60 min - MUR 3000 or 90 min - MUR 4200

MEN'S FACIAL

A facial designed for male skin. This treatment increases skin's smoothness and fights wrinkles and skin fatigue.

60 min - MUR 3800

HEAVENLY BACK, NECK AND SHOULDER MASSAGE

Iron out aches and tensions from your neck, shoulders and back, an area where we commonly hold our day-to-day stress.

30 min - MUR 2000

FEET REFLEXOLOGY

By working on specific reflex points on the feet, reflexology improves circulation and lymph flow, cleanses the body of impurities and revitalizes energy, which will encourage the body to naturally restore its own healthy balance

30 min - MUR 2000

RESTORATIVE FACIAL

The perfect way to relax damaged and irritated skin. Neroli essential oils soothe, repair and calms the skin; replacing lost moisture and leaving the skin irresistibly soft. An intensely rich and balancing treatment.

60 min - MUR 3000 or 90 min - MUR 4200

AGE REPAIR FACIAL

An intensive treatment for ageing skin, including dual layering of intensive thermal masks, with tailored lifting, plumping and firming massage.

60 min - MUR 3200 or 90 min - MUR 4500

At the heart of every treatment are powerful Essential Oils imparting heavenly scents to relax the skin, body and mind. Beginning with a unique and relaxing back massage, each treatment is tailor-made to help meet your precise needs.

Body Care

FEEL ALIVE AND INSPIRED

ENERGIZED SCRUB

With fruit powders, essential oils and botanical oils, this exfoliating ritual leaves the skin soft and satin-smooth.

30 min - MUR 2300

MAURITIAN SKIN CLEANSE RITUAL

Indigenous herbs and salt were carefully selected to cleanse, purify and detoxify the skin. This ritual is commonly practice by Mauritian families throughout the ages and it is an ideal treat for those who have travelled a long journey and are feeling sluggish.

30 min - MUR 2000

DETOXIFYING BODY TREATMENT

The high-grade clay works in harmony with the deep layers of the skin to remove heavy metals and toxins. Whether it is from too much sun to urban pollution, allow skin stresses to fade away in this detoxifying body mask, leaving your skin feeling smooth and revived.

45 min – MUR 3000

Heavenly Packages

SHAPING AND TONING

Two professional rituals to help your body regain its perfect shape: each slimming ritual pairs with a firming ritual.

The perfect combination of treatments to help refine the look of your skin; restoring its softness and elasticity, whilst reducing the orange-peel appearance of cellulite. (24 hours of rest is required between the two sessions)

2 X 60 min - MUR 7300

INDIAN OCEAN EVASION

This treatment starts with a Mauritian sugar body scrub, followed by an energizing massage ritual that celebrates in each step, the many facets of Madagascar. Each technique tells a story. We hope that you enjoy your voyage of discovery!

90 min - MUR 5900

HYDRATING BODY WRAP

This wrap is ultimate skin hydrator, by using the purest of ingredient: HONEY! The wrap allows your skin to absorb the very best nutrients from the treatment and relax the body.

45 min – MUR 2000

AFTER SUN BODY REPAIR

Soothe and nourish your skin after over exposure to the sun and environment.

45 min – MUR 2000

MAURITIAN SUNBURN SOOTHER

A relaxing top to toe ritual to soothe the nervous system, calm the mind and repair the skin from the sun, sea and wind aggression. Combining the skin repairing benefits of honey and Aloe and the rebalancing benefits of essential oils on the body, this ritual treats the face, body and hair.

90 min - MUR 4500

REKINDLE AND ROMANCE

Enjoy a romantic massage for two. Candlelight, soft music and the expert hands of our therapists will sooth your muscles and release tension. This package consists of a full relaxing body massage of light to medium pressure, which includes a hydrating foot wrap, before receiving a divine foot reflexology session.

90 min - MUR 9750

* Kindly note that all 50 minutes sessions do not include head and face massage. For reservations, please contact the spa to schedule your appointments. We require 4 hour notice for changes or cancellations.