indulge  
relax  
revitalize

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DAY SPA

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HAIR  NAILS  FACIALS  MASSAGE

located at
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670 White Plains Road  
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Body Treatments

Swedish Massage
Considered one of the most relaxing forms of massage using long, smooth strokes with gentle to medium pressure working in the direction of the body's blood flow. Improved circulation, a reduction in physical and emotional stress and a gentle stimulation to the body's nervous system are some of the benefits.

60 min  90 min

Deep Tissue Massage
Used to release chronic patterns of muscular tension, this massage uses greater pressure and at deeper layers of the muscle than Swedish massage. The movements are directed across the grain of the muscles, usually on a focused problem area.

60 min  90 min

Hot Stone Massage
Smooth heated Basalt stones provide an extraordinarily relaxing and stimulating massage treatment, focusing on the seven chakras—your body's energy centers. You'll leave this treatment in a state of pure relaxation.

60 min  90 min

Signature Massage
Enjoy the benefits of a Swedish massage with the added bonus of a facial using fine products from Yonka of Paris for naturally radiant beauty at any age. Our experts will help you choose the right treatment for you.

70 min

Couples Massage
The two of you, side by side, in a state of complete serenity and relaxation. Share a pampering experience with a significant other while two therapists immerse your senses and invigorate your bodies in our luxurious spa suite.

60 min  90 min

Reflexology
Focused on the feet, this Oriental treatment applies pressure point massage to relieve stress and tension. It will restore energy and improve circulation throughout the body.

30 min  60 min

Marine Algae Body Wrap
This highly effective treatment focuses on the elimination of toxins and excess water from the body. The dressing is rich in nutrients and includes an aromatic blend of essential oils. This treatment leaves the body feeling refreshed and revitalized.

60 min

Hair
Women’s Cut and Blow Dry
Cut only
Blow Dry only
Men’s Cut and Blow Dry
Child’s Cut and Blow Dry
Updo / Formal Styling
Updo / Formal Styling and Blow Dry

Color
Single Process
Foil Highlight
T-Bar
Glazing
Corrective
Lowlight added to Color Service

Retexturize
Perm
Relaxer

Conditioning Treatments
Moisture or Repair
Express Hair Therapy

Nails
Manicure
Pedicure
Spa Manicure
Spa Pedicure
Women’s Manicure / Pedicure
Women’s Spa Manicure / Pedicure
Polish Change
Toe Polish Change
French Manicure
Men’s Manicure
Men’s Pedicure
Men’s Manicure / Pedicure

Waxing
Brow Shaping / Tweezing
Eyebrow
Lip
Chin
Full Leg
Half Leg
Underarm
Full Arm
Half Arm
Stomach
Men’s Back
Men’s Chest

Facials
Full Facial
Mini Facial
Men’s Facial

Cosmetic Services
Brow Tinting
Eyelash Tinting
Makeover
Bride on Wedding Day