

# RECREATION CALENDAR 2019

HOUR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM	RECREATIONAL WALK (LOBBY)	YOGA LESSONS (SPA)**	RECREATIONAL WALK (LOBBY)	YOGA LESSONS (SPA)**	RECREATIONAL WALK (LOBBY)	YOGA LESSONS (SPA)**	RECREATIONAL WALK (LOBBY)
10:30 AM	STRETCHING CLASS (FITNESS CENTER)	DYNAMIC TRAINING (FITNESS CENTER)	BEACH SOCCER (AZUL GRILL)	DYNAMIC TRAINING (FITNESS CENTER)	STRETCHING CLASS (FITNESS CENTER)	BEACH SOCCER (AZUL GRILL)	DYNAMIC TRAINING (FITNESS CENTER)
11:30 AM	COSTA RICA TYPICAL REVIEW (FAMILY BY JW)	BOARD GAMES (FAMILY BY JW)	COSTA RICA TYPICAL REVIEW (FAMILY BY JW)	POOL VOLLEYBALL	COSTA RICA TYPICAL REVIEW (FAMILY BY JW)	BOARD GAMES (FAMILY BY JW)	COSTA RICA TYPICAL REVIEW (FAMILY BY JW)
1:00 PM	PING-PONG GAME (FAMILY BY JW)	SPANISH CLASS (FAMILY BY JW)	PING-PONG GAME (FAMILY BY JW)	CHESS (FAMILY BY JW)	SPANISH CLASS (FAMILY BY JW)	PING PONG (FAMILY BY JW)	POOL VOLLEYBALL
2:00 PM	WATER AEROBICS (POOL)	WATER AEROBICS (POOL)	CHESS (FAMILY BY JW)	WATER AEROBICS (POOL)	WATER AEROBICS (POOL)	CHESS (FAMILY BY JW)	WATER AEROBICS (POOL)
2:30 PM	MIXOLOGY CLASS 15\$ p/p (RESERVATION)	COOKING CLASS COSTA RICAN STYLE 15\$ p/p (RESERVATION)	MIXOLOGY CLASS 15\$ p/p (RESERVATION)	COOKING CLASS COSTA RICAN STYLE 15\$ p/p (RESERVATION)	MIXOLOGY CLASS 15\$ p/p (RESERVATION)	COOKING CLASS COSTA RICAN STYLE 15\$ p/p (RESERVATION)	MIXOLOGY CLASS 15\$ p/p (RESERVATION)
3:00 PM	LATIN DANCE CLASS (FITNESS CENTER)	LATIN DANCE CLASS (FITNESS CENTER)	SPANISH CLASS (FAMILY BY JW)	LATIN DANCE CLASS (FITNESS CENTER)	LATIN DANCE CLASS (FITNESS CENTER)	SPANISH CLASS (FAMILY BY JW)	LATIN DANCE CLASS (FITNESS CENTER)
4:00 PM FAMILY BY JW	CULINARY ART (SABANERO) (RESERVATIONS)**	KITES IN FAMILY (MANSITA BEACH) (RESERVATIONS)**	DANCE CLASS (NAU-BAR) (RESERVATIONS)**	SCULPTURE CLASS (CLAY) (RESERVATIONS)**	PAINTING SHIRTS (FAMILY BY JW) (RESERVATIONS)**	BONFIRE (MANSITA BEACH) (RESERVATIONS)**	TREE PLANTING (PARKING) (RESERVATIONS)**

## IMPORTANT INFORMATION

\* All activities require reservation with one of the following Family by JW (5730), Concierge (5632), or At Your Service Operator (O).

\* All activities have a duration of 40 to 50 minutes.

\* Activities are subject to change depending on weather conditions.

\*\* Yoga lessons \$30 per person. For group of minimum 2 people for class, reservation required 24 hours in advance at the SPA.

\*\*\* Mixology Class \$15 per person / reservations required 24 hours in advance at the concierge.

\*\*\* Costa Rican Cuisine class \$15 per person / reservations required 24 hours in advance at the concierge.

\*\*\* Activities (Family by JW) are for family only / reservations required 24 hours in advance at the concierge.

