

BOOKINGS

Please book spa appointments in advance. Bookings can be made directly on 01622 632 007. Credit card details are required to secure an appointment.

Alternatively you can call the Spa Central Booking line on 0800 054 6505 (Monday to Friday 9-5pm excluding Bank Holidays).

You can also book online at MarriottSpas.co.uk*

Please note we have an Age Policy for treatments as detailed in the How to Spa section.

All appointment durations stated include consultation and changing time and not the total 'hands on' time. Arrival is recommended 20 minutes before treatment time to Check In and complete questionnaires.

*Not available at all Marriott locations.

CANCELLATION POLICY

There will be a full charge of the treatment(s) booked if you do not show for your booked appointment or if less than 12 hours notice is given. 50% charge if less than 24 hours notice is given.

[VISIT MARRIOTTSPAS.CO.UK](http://MARRIOTTSPAS.CO.UK)

OPENING HOURS

Sunday – 9am to 6pm

Monday to Saturday – 9am to 8pm

GIFT VOUCHERS

Beautifully presented gift vouchers are available at a variety of monetary values and for any treatment or package; these can be purchased from Spa Reception. Vouchers are an ideal way of solving those 'what-to-buy dilemmas' for that special occasion, an anniversary surprise, birthday treat or just because you care!



HEALTH AND BEAUTY AT THE TUDOR PARK SPA



TUDOR PARK

MARRIOTT HOTEL & COUNTRY CLUB

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Ashford Road, Bearsted, Maidstone, ME14 4NQ



TUDOR PARK

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TREATMENT PRICE LIST



WELCOME TO THE SPA AT TUDOR PARK

Working with some of the world's finest product houses our team of spa specialists can offer you the ultimate experience in holistic beauty care, whether you are looking for a de-stressing massage, nourishing facial or glamorous nails our spa professionals are able to assist.

THE SPA AT TUDOR PARK PREFERRED TREATMENTS

ELEMIS Garden of England

Rose Restore Massage £59

Take a walk in an English rose garden with this lavishly hydrating massage and micro wrap. The unique trio of Rose, Camelina and Poppy seed oils, leave skin exquisitely moisturised, intensely supple and delicately scented.

55 minutes.

ELEMIS Intensely Cleansing

Salt Scrub £49

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells, leaving a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. **45 minutes.**

ELEMIS Super-Food Pro-Radiance Facial £68

A nutritional boost, rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and alight with good health.

55 minutes.

Jessica Citrus Manicure or Pedicure £35

Hands/Feet and cuticles are conditioned and moisturised. Nails are beautifully shaped and treated with a prescriptive basecoat after you have relaxed with an invigorating hand massage. This treatment is completed by the perfect polish. **45 minutes.**

TUDOR PARK FACE

ELEMIS TOUCH FACIAL TREATMENTS

A healing hub where touch and technology are turbo charged by the power of minerals, plants and active natural aromatics.

All the treatments are designed to support great skin health; to respect that skin is alive. No two skins are the same and no two bodies are the same. Every spa therapy is shaped and moulded around you. Personalised for a results-driven, personalised experience.

ELEMIS Pro-Collagen Age Defy £72

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin. **55 minutes.**

ELEMIS Pro-Definition Lift and Contour £75

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect. **55 minutes.**

ELEMIS Dynamic Resurfacing Precision Peel £72

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin. **55 minutes.**

ELEMIS TECHNOLOGY

The pioneering BIOTEC machine works to "switch your skin back on", increasing its natural cellular energy. Technology turbo-charges touch, revealing visibly healthier, nourished and energised skin.

ELEMIS BIOTEC Line Eraser £85

Target wrinkles and energise the skin towards optimum performance with micro-current pulses and red and blue light therapy. A powerfully rejuvenating clinically proven* facial treatment that effectively irons out wrinkles and fills out lines. **55 minutes.**

ELEMIS BIOTEC Firm-a-Lift £85

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted. **55 minutes.**

ELEMIS BIOTEC Skin Resurfacer £85

This revolutionary clinically proven* facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother. **55 minutes.**

ELEMIS BIOTEC Eye Treatment £50

BIOTEC technology is refined enough to gently stimulate and tighten the delicate eye area without disturbing fragile skin. **25 minutes.**

ELEMIS BIOTEC Neck Treatment £50

Microcurrent reminds the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring. **25 minutes.**

*Independent Clinical Trials.

DECLÉOR FACIALS

Every treatment begins with the unique back diagnostic massage, utterly relaxing for you and a wonderful insight for your therapist into your overall state of health and therefore your precise needs. The use of expert massage techniques and 100% pure preservative free essential oils address the demands of every skin type to leave all complexions balanced, comforted and glowing with health.

Power Packed Vitamin Surge Facial £62

Power-Packed with vitamins and anti-oxidants, this Award Winning facial melts away stress. This combines a re-balancing Essential oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing. **55 minutes.**

Ultimate Advanced Anti Ageing Facial £78

Target the seven signs of ageing to plump out skin and increase tone. Strengthening from within, skin becomes less sensitive and satin-smooth, with a new freshness and luminosity. **75 minutes.**

Orexellence Facial £72

Perfect for those who wish to refine those deeper lines and wrinkles. The Aromapilates triple performance massage helps to eliminate wrinkles whilst energizing and hydrating, as the Orexcence mask focuses on plumping and toning. **75 minutes.**

TUDOR PARK BODY

DECLÉOR Refine & Firm Massage £68

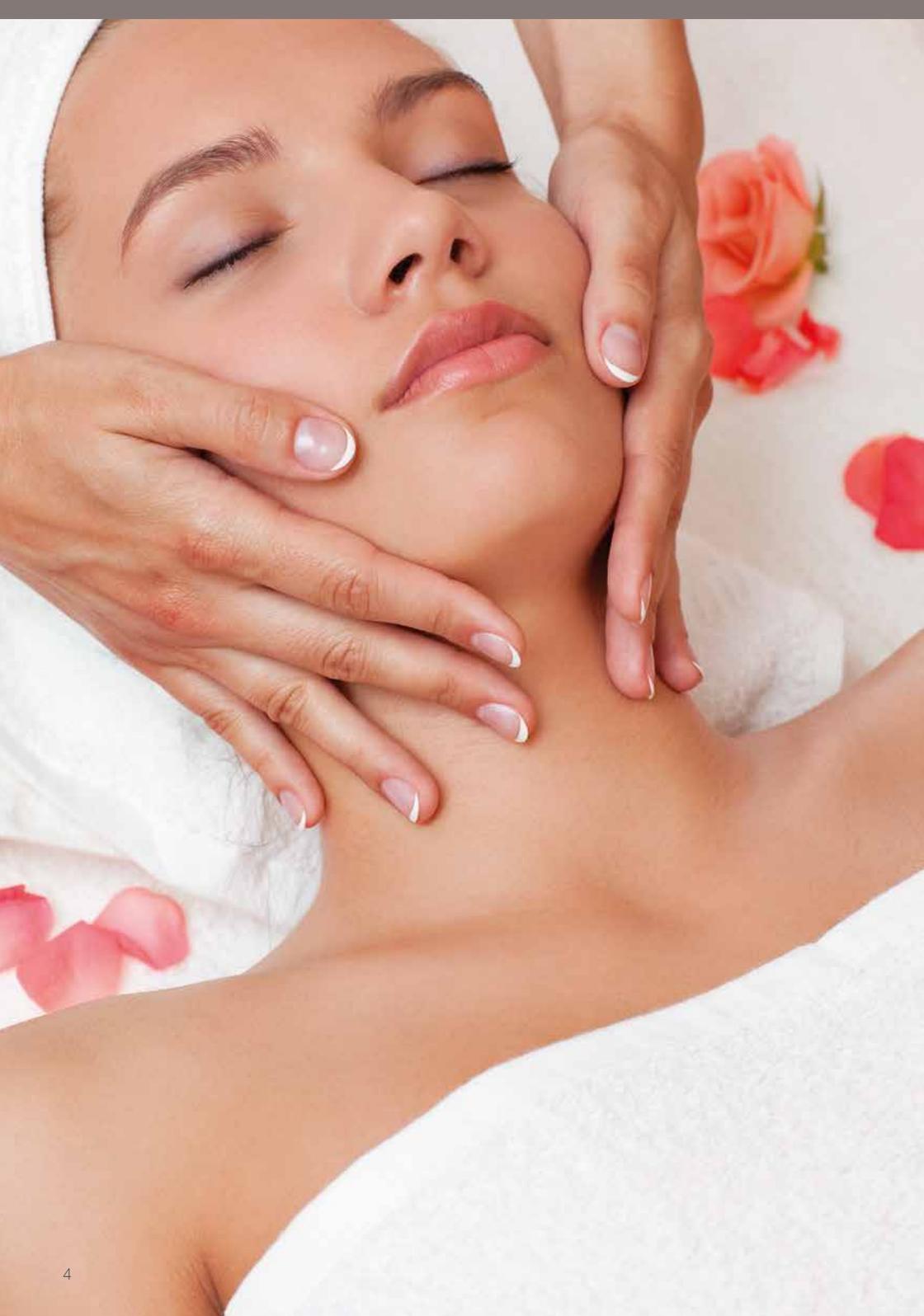
A completely new approach to massage and body sculpting. This highly effective tailor made massage is completely bespoke to you and your refining and firming needs. Your therapist will blend a fusion of essential oils and plants oils to focus on what you would like to achieve and how you would like to feel. Your body will feel recharged and your emotions balanced. **55 minutes.**

DECLÉOR Hot Stone Massage £62

This full body massage is a technique adored by many. The heat of the basalt stones encourages the muscles to relax quicker. Great for relaxation, anxiety, tension or improving circulation. **55 minutes.**

ELEMIS Freestyle Deep Tissue Massage £62

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deep into the tension, encouraging optimum circulation. **55 minutes.**



MOROCCANOIL

Argan trees grow and tenaciously survive in semi-desert areas of the Mediterranean. Pure Argan oil is a rare and precious oil that women across the Mediterranean have used for centuries

Scalp Massage £32

Focusing on the head, neck and shoulders any applying a variety of massage pressure and techniques. This will release tension, increase circulation and balance energy. **25 minutes**

Enhancements £10

Indulge and Enhance any treatment without additional time by choosing one of the following;

Hydrating hair mask

Hand softening treatment with warm mitts

Foot softening treatment with warm mitts

Hydrating facial mask

ALTERNATIVE THERAPIES

Hopi Ear Candling £29

The thermal auricular therapy is used to restore calm and balance within the body. The treatment is particularly effective for conditions such as blocked ear, tinnitus, vertigo, insomnia and stress, while the candles instil a feeling of peace and warmth into the body. It also includes a relaxing neck, face and scalp massage. **45 minutes.**

BRONZING

St Tropez Full Body Spray Tan £20

A quick, effective tanning treatment that develops to your own skin tone and has the added benefit of aroma guard technology. **25 minutes**

SPEED SPA

Back, Neck and Shoulder Massage £45 **25 minutes**

Express Facial £45 **25 minutes**

Mini Manicure or Pedicure £26 **25 minutes**

HANDS & FEET

Jessica LeRemedi Manicure £42

This luxurious hand treatment helps prevent premature ageing and significantly reduces signs already evident. As you enjoy your hands being exfoliated and moisturised, your nails will be perfectly shaped and polished using a prescriptive basecoat and choice of colour. **55 minutes.**

Jessica Zen Spa Pedicure £42

Hard skin will be removed whilst feet and legs will be massaged with deep conditioning creams leaving them softer and smoother. Your cuticles will be groomed and your toenails will be beautifully shaped and perfectly polished. **55 minutes.**

GEleration Gel Overlay £42 Manicure/Pedicure

Beginning with tidying the nails and cuticles, followed by an application of your chosen GEleration gel colour. The treatment concludes with a hand or foot massage. **60 minutes.**

Existing GEleration Removal £15

Removal of existing GEleration only. **20 minutes.**

FINISHING TOUCHES

Full Leg Wax	45 min	£25
Half Leg Wax	30 min	£15
Bikini Wax	15 min	£14
Underarm Wax	15 min	£12
Lip or Chin Wax	15 min	£15
Arm Wax	30 min	£20
Eyebrow Shape	15 min	£15
Eyelash Tint	30 min	£20
Eyebrow Tint	15 min	£15

SPA DAY PACKAGES

All packages include towels, robes and full use of the fitness facilities. 15% discount on beauty retail purchased on the day. Terms & Conditions apply

Time for Two Spa Package

£55 per person

Includes 30 minute treatment per person. Choices include: Mini Manicure OR Mini Pedicure OR Decléor Aromatherapy Discovery Facial OR Back, Neck & Shoulder Massage

Cream Tea & Spa Package

£65 per person

Includes ½ hour treatment per person and a Pot of Tea, Scones with Jam. Choices include: - Mini Manicure OR Decléor Aromatherapy Discovery Facial OR Back, Neck & Shoulder Massage.

Refresh & Revive Package

£130 per person

Includes 90 minutes of treatments per person and a light lunch. Treatment includes: - Decléor Power Packed Vitamin Surge Facial plus Back, Neck & Shoulder Massage OR a Full Body Massage and a Decléor Discovery Facial. Also includes a light Spa lunch.

Spa Retreat Package

£130 per person

Includes 120 minutes of treatments per person and a light lunch. Treatment choices include: - 1 Hour Body Massage OR Decléor Facial plus 1 Hour LeRemedi Manicure OR Zenspa pedicure.

Radiant Mum to Be Package

£100 per person

Includes 100 minutes of treatment. Treatments included: - Decléor Power Packed Vitamin Surge Facial, Hand and Leg Massage and a Mini Manicure.

Time for You /Him Package

£70 per person

Includes 60 minutes of treatment per person treatment choices include: - Full Body Massage OR Decléor Power Packed Vitamin Surge Facial OR a LeRemedi Manicure OR Zen Spa Pedicure.

Morning Revive

£75 per person

Includes a 30 minute treatment per person. Choices include: Mini Manicure OR Mini Pedicure OR Decléor Aromatherapy Discovery Facial OR Back, Neck & Shoulder Massage. Light Spa Lunch.

Afternoon Tea

£75 per person

Includes a 25 minute treatment per person. Choices include: Mini Manicure OR ELEMIS Taster Facial OR Back, Neck & Shoulder Massage. Afternoon tea includes, sandwiches, cakes, scones with cream and a pot of tea.

Princess Party

£39 per child

(minimum of four children 5-13 yrs)

Includes a mini manicure or pedicure.

Tea includes sandwiches, cakes and a soft drink. **150 minutes**

Time to Chill

£99 per person

Includes ELEMIS Garden of England Super Facial and our Garden of England Restore Massage with a glass of Fizz. **85 minutes**

On the Go

£49 per person

Includes our 20 minute Garden of England Taster Facial and Back Massage and a glass of Fizz. **40 minutes**

Please note: Mini manicures and pedicures in the above packages include nail and cuticle tidy followed by a prescriptive basecoat and choice of colour. Decléor Aromatherapy discovery facial is a taster facial which includes cleanse, exfoliation, face mask and moisturise.

MEN'S TREATMENTS

Decléor Express Energising Facial £39

A high-speed solution to re-energise skin. This rejuvenating treatment re-charges the face instantly to leave skin looking clearer, fresher and with reduced beard growth. **30 minutes.**

ELEMIS Freestyle Deep Tissue Massage £62

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deep into the tension, encouraging optimum circulation. **60 minutes.**

Full Back Wax 30 minutes £25

Full Chest Wax 30 minutes £25

Jessica Gentleman's Club £26

Hands are exfoliated to remove dryness and massaged with nourishing creams. Cuticles are conditioned and groomed and nails are trimmed and shaped. **25 minutes.**

Jessica Executive Footcare for Men £37

A relaxing and grooming foot and leg treatment. Hard skin is removed, feet and legs are massaged with deep conditioning creams leaving them softer and smoother. Cuticles will be made neat and tidy and toenails will be perfectly shaped. **40 minutes.**

HOW TO SPA

How do I choose my treatments?

We offer a menu to pamper, relax and revive the body. Our Therapists can help you select those treatments that are most appealing and beneficial to you.

Treatment Consultations

Our consultations are confidential and complimentary and are included within the treatment time experience. Please notify us on booking if you have any allergies or medical concerns that may prevent us undertaking the treatment. Some treatments are not suitable for certain medical conditions and will require a letter from your Doctor confirming that the treatment can be performed. Please ask our Therapists on booking for any medical queries.

Arrival

We kindly ask that you arrive at The Spa Reception 20 minutes before your appointment time to enable you to relax and complete a consultation form. We offer our guests a reliable treatment schedule, please appreciate that late arrivals will not receive an extension of scheduled treatment time.

What shall I wear?

Wear whatever is comfortable. On arrival, your therapist will explain the elements of your treatment and advise what items of clothing should be worn during it. During treatments all our therapists are trained to drape you appropriately for privacy. Whilst using the wet spa and any of our holistic experiences, swimming shorts/trunks or costumes should be worn.

Young Adults

Young adults aged 15 years and younger may receive Manicures and Pedicures only. Young adults aged 16-17 years can also receive Facials once a Minors Authorisation Form has been completed and signed. Massage and Body treatments are available for young adults aged 18 years and over.

What if I'm pregnant?

Please notify us if you are pregnant when booking your treatments. We can then advise on the most appropriate and beneficial treatments for you.

Continue your experience at home.

As part of your complete experience, our trained Therapists will gladly recommend a skin care routine to enable you to continue the benefits of your treatment at home. Our products are available to buy directly from the Spa.

And finally a few spa tips.

To ensure a wonderful spa experience, please make us aware of any preferences that you may have. Talking with your Therapist will help them customise their service to ensure maximum enjoyment. Re-hydration is an important part of spa therapy. We therefore recommend that you drink plenty of water.

We recommend that men shave a few hours before a facial.

We endeavour to provide you with a tranquil, relaxing and reviving environment.

We therefore request that you respect the needs of fellow clients by leaving your mobile phones and pagers in your locker.

Smoking is not permitted on the premises.

