

HEALTH, SAFETY AND WELLBEING



The foundation of Marriott International’s success lies in our core value to Put People First. The company’s longstanding philosophy as was expressed originally by our founder, J. Willard Marriott, and is still embraced by our associates around the world today, is “Take care of your associates and they’ll take care of your customers and the customers will come back.”

When our associates feel valued, respected and trusted, they are better able to take care of themselves, our customers and our communities. We believe the health, safety and wellbeing of our associates and guests is critical to our success and the vitality of our local communities. We have established formal programs to help drive our efforts in each of these areas.

GOALS/TARGETS

Taking care of our guests and associates is a priority for Marriott. Our goals include:

- Offering a comprehensive benefits package, including the TakeCare Wellbeing program, to ensure associates have the tools they need to live and prosper.
- Providing a safe and healthy environment for associates and guests.
- Raising awareness of potential hazards for associates and guests.
- Educating associates on proper reporting procedures.

TAKECARE HEALTHY CERTIFIED HOTEL PRACTICES* AND RESULTS**

WELLNESS CHALLENGES



Rolled out at least three TakeCare national level challenges.



Rolled out at least one local level challenge.

HEALTHY NUTRITION



Eliminated use of deep fryer in employee cafeteria.

PHYSICAL ACTIVITY



On-site gym or fitness center is available to associates.

STRESS MANAGEMENT AND SLEEP



Designated relaxation room for relaxation, sleep, stress management sessions or group meditation.

* More than 40 percent of our full-service hotels applied for the TakeCare Healthy Hotel certification. Eighty-two percent of these applicants received certification.

** Percentage results indicate participation of our U.S. full-service and certified hotels.

WHAT'S TRENDING @MARRIOTTINTL



We use social media channels like Twitter to tell our story. Web links not functional in Chrome browser.



HEALTHY EMPLOYEES MAKES FOR A HEALTHY COMPANY

"Healthy employees make for a healthy company," says Executive Chairman Bill Marriott **#PutPeopleFirst** <http://bit.ly/1AkN6eB>

In 2014, Marriott introduces the **#TakeCare** Healthy Hotel Certification to recognize properties that go above and beyond to be a **#healthy** place to work.



Since Marriott's **#TakeCare** Wellbeing program began, participating properties have experienced higher associate **#engagement** + cost savings on lower medical claims.

70+ Marriott occupational health **#nurses** **#ProvideCare** to associates in some of our largest hotels around the world.

Marriott HQ associates team up for the **#TakeCare** 'Race the Globe' steps challenge using interactive site to track progress, network & score.



#HealthyLifestyles: Marriott is one of only two hospitality companies recognized in 2014 by the National Business Group on **#Health** <http://bit.ly/1KrNUEo>



Marriott honored w/ **#Work-Life** Seal of Distinction for 3rd year in a row by @WorldatWork's Alliance for Work-Life Progress® <http://bit.ly/1AgvQYX>



#SavingLives: Marriott recognized 35 associates with the Chairman's Award for their life-saving action on-property in 2014.



GLOBAL SAFETY & SECURITY

TakeCare was created to help associates prioritize their wellbeing, both at work and at home. Associates are taking action and seeing results.



#Health & #wellness go for a run... Marriott HQ sponsors TakeCare 5K, named **#HealthiestEmployer** by *Washington Business Journal* <http://bit.ly/1HEqXOC>



RELATED LINKS

- [*Awards and Recognition*](#)
- [*Marriott 2015 Sustainability Issue Reports*](#)
- [*Marriott Internet Privacy Statement*](#)
- [*Marriott Point of View on Twitter @MarriottPOV*](#)
- [*Marriott Safety and Security*](#)

Unless otherwise noted, the reports are based on data from Marriott's 2014 fiscal year and reflect operational performance of our 1,153 company-operated hotels, which include owned, leased and managed properties, and exclude rooms from franchised, unconsolidated joint ventures and timeshare properties.