



CALM

MASSAGE STRESS RELIEF

Experience the subtle difference between being relaxed and being restored with this profoundly healing massage designed to dissolve stress and tension. (60 or 90 MINUTES)

SLEEP DEEPLY

Achieve an elevated sense of balance with this curative aromatherapy massage that restores the body for a deeper feeling of relaxation and enhanced sleep. (60 or 90 MINUTES)

SHIRODHARA

A powerful treatment which relaxes deeply and is one of the most popular traditional Ayurveda treatments. Luke warm herbal oil is poured in a continuous stream onto the forehead; that promotes deep sleep and is known to relieve stress. (45 MINUTES)

FACIAL SOOTHING

Restore balance and radiance to the skin with the naturally healing blend of aromatherapy oils intended to alleviate redness and irritation. (60 or 90 MINUTES)

BODY CREATE BALANCE

Appreciate the power of mind–body balance beginning with a gentle exfoliation, followed by a pressure point body massage, a soothing facial mask and relaxing scalp massage. (60 or 90 MINUTES)



INDULGE

MASSAGE

ULTIMATE AROMATHERAPY MASSAGE

Be truly pampered with this soothing head-to-toe aromatherapy massage that infuses a personalized blend of powerful therapeutic essential oils. (60 or 90 MINUTES)

CLEAR YOUR MIND

Indulge your senses with this aromatherapy body, face and scalp massage as you breathe in the soothing aromas of chamomile, ginger and rosemary. (90 or 120 MINUTES)

SIGNATURE SPA BY JW

Surrender to a relaxing experience with a Thai massage stretching followed by a specially designed massage using deep renewal and slow rhythmic movements. (90 MINUTES)

FACIAL

FIRMING & BRIGHTENING

Achieve a nonsurgical facelift with micro current technology that noticeably lifts firms and brightens the skin. (90 MINUTES)

ANTI-AGING

Recapture a youthful complexion through a precise combination of exceptional skin care, telomere technology, healing rose and plant stem cells proven to regenerate the skin. (90 MINUTES)

EYE LIFT

Take the Anti-aging facial to the next level with gentle micro currents that lift and firm the eyes while dynamic regenerating products reduce redness and dark circles. (30 MINUTES)

BODY

INTENSE NOURISHMENT

Nourish your body with this luxurious treatment that combines an aromatic salt and coffee scrub to prepare the skin for a soothing coating of velvety body butter. (90 MINUTES)



RENEW

MASSAGE **FEEL REVIVED**

Awaken tired muscles with a revitalizing massage that rejuvenates both mind and body leaving you naturally relaxed. (60 or 90 MINUTES)

INTENSE MUSCLE RELEASE

Enjoy a welcome sense of renewal for sore muscles from this intensely satisfying, powerful massage that reaches the deeper structures of the body. (60 MINUTES)

FACIAL **BRIGHTENING**

Purify every pore with a perfect combination of aromatherapy skin care and a gentle micro current that penetrates deeply into the skin leaving it clean, clear and refreshingly renewed. (60 MINUTES)

DEEP CLEANSE

Bring your skin back to a natural balance with a purifying cleanse that infuses aromatherapy ingredients like tea tree and lavender into every pore. (60 or 90 MINUTES)

EYE LIFT

Enhance the Deep Cleanse facial with gentle micro currents that lift and firm the eyes while regenerating products reduce redness and dark circles. (30 MINUTES)

FOR MEN

Achieve a clean and bright complexion full of health and vitality with this essential male facial that is deep cleansing and brightening. (60 MINUTES)

BODY **DETOX & REVITALIZE**

Complement the benefits of good diet and exercise with this detox treatment that stimulates the body's systems. (60 MINUTES)

*All Rates are in INR and are not inclusive of 14% Govt Taxes.
Prior reservations required. Subject to availability.
For reservations, please call 022 28538791



INVIGORATE

MASSAGE RE-ENERGIZE

Feel newly energized with a restorative massage that brings tired muscles back to life. (60 or 90 MINUTES)

JET LAG CURE

Recover from the long journey with this profoundly curative massage that blends and integrates essential oils to revive the senses. (90 MINUTES)

BALINESE MASSAGE

Create a sense of well-being with ancient rhythmic massage techniques that include application of essential oils to stimulate your body's personal energy. (60 MINUTES)

ABHYANGAM MASSAGE THERAPY

Use of warm herbal oils stimulate circulation and detoxify. Long strokes are applied in rhythmic manner either by one or two therapist. (60 MINUTES)

HERBAL POUCH MASSAGE

Therapy begins with the application of warm oil to the entire body in a rhythmic manner. An herbal bundle is warmed up and applied on muscular areas. (60 or 90 MINUTES)

AYURVEDA STRESS REDUCTION PACKAGE

This treatment combines the Abhyanga Body Massage and Shirodhara, designed to keep your body; mind and soul in perfect harmony (90 MINUTES / Add: herbal pouch package - 120 MINUTES)

FACIAL FIRMING

Reduce fine lines with this ultra-healing facial that combines an exfoliating enzyme peel and soothing skin boosters to achieve an exceptionally rejuvenated complexion. (60 MINUTES)

RADIANCE

Stimulate cell renewal, deep hydration and softening for all skin types with aromatherapy ingredients that are expertly massaged into the skin. (60 or 90 MINUTES)

EYE LIFT

Enhance the Radiance facial with gentle micro currents that lift and firm the eyes while revitalizing products reduce redness and dark circles. (30 MINUTES)

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BODY POLISH

Re discover your natural glow as the body is exfoliated with stimulating coffee and salts rich in minerals and trace elements. (60 MINUTES)

EXPRESS TREATMENTS

ENERGY BOOST MASSAGE

Feel refreshingly renewed with a scalp, neck, back and arm massage. (12, 25 or 40 MINUTES)

ACHING FEET

Respect these hard-working extremities with a refreshing and restorative massage that revives tired feet. (12 or 25 MINUTES)

TENSION RELEASE MASSAGE

Take a moment to renew with this massage that targets tension spots in the back, neck and shoulders. (12, 25 or 40 MINUTES)

RELAXING SCALP MASSAGE

Discover a deeper sense of clarity when you take a moment to simply let go. (12 or 25 MINUTES)

TENSE SHOULDERS

Release tension from the body and the mind will follow. (12 or 25 MINUTES)

HYDRATING HANDS

Give your hands the love they deserve with an exquisitely moisturizing hand treatment that's long overdue. (12 or 25 MINUTES)