

IRIDIUM SPA



ST. REGIS
CAIRO



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A Singular Sanctuary

Ravel in a glorious world of sensational treatments at the Iridium Spa at The St. Regis Cairo. Inspired from the original Iridium room at The St. Regis New York that brought together the city's aristocrats and iconoclasts, the spa presents a world-class haven of phenomenal treatments and unparalleled experience for clients to luxuriate in.



Signature Collection

Caroline Astor, better known only as 'Mrs. Astor', was the curator of the upper echelons of New York society during the latter half of the 19th century. As matriarch of one of the great dynasties of New York she was a symbol of luxury, opulence, and taste. Paying homage to Caroline's passion for innovation, refinement and vibrancy, this collection of treatments is unique to each Iridium Spa, crafted from the very best ingredients to create distinguished and perfectly tailored experiences.

NEFERTITI GOLDEN PACKAGE

180 minutes

Indulge yourself into ancient skincare rituals with our oriental honey exfoliation treatment then dive in Nefertiti's honey and milk bath and watch your skin glow vibrantly. Fulfill this ancient experience with a bespoke massage and light therapy for utter recreation.

ANCIENT NILE SPECIAL

120 minutes

Rejuvenate your body and bring back life and youth to it with our pharaonic traditional body treatment. Surrender to the distinctive charm and mystique of ancient Egypt with the miraculous date and coconut scrub followed by a phenomenal massage experience for complete relaxation.

CRYSTAL SHINE RITUAL

90 minutes

Escape to the art of extravagance and pleasure with the legendary Crystal Scrub and Lavender bath fashioned exclusively for Iridium Spa. Complete the luxurious experience with our special-tailored light therapy.



Bath Collection

Pamper yourself with our wide selection of special tea, served in our signature bath.

CLEOPATRA BATH

30 minutes

Luxuriate in our signature Cleopatra bath inspired by Cleopatra's iconic skin routines. Famed for the vitality and beauty of her skin, Cleopatra bath blends the finest natural ingredients with posh oils for magnificent and radiant skin. Unwind in our customized light therapy to restore your mental balance, too.

PHARAONIC BATH

30 minutes

Enrich your skin with the healing properties of Pharaonic Aromatherapy salt bath. The magnificent therapy bomb is designed to decrease inflammation, restore vitality to your skin, and help you unwind after a tough week.

NEFERTITI CRYSTAL BATH RITUAL

60 minutes

Refine and nourish your skin with the exquisite Nefertiti Crystal Bath and sea crystal salt body scrub. Let your mind escape to a haven of peace and relaxation as you enjoy light therapy bath infused with milk and lavender essence.



Massage

Curate and bespoke your own massage experience with the choice of three sensory escapes from the scent bar and choice of unique skin-enhancing textures that are aligned with the healing hand of nature.

BALANCING MASSAGE

60 - 90 minutes

Relax and refresh as our certified massage therapist will take all your worries and stresses away. Restore mental balance, detoxify your body, and refresh your soul with a therapeutic and wholesome massage.

DEEP MUSCLE RELIEF

60 - 90 minutes

The Deep Muscle Relief massage is a dynamic therapy system of healing that combines gentle rocking and rhythmic compressions with targeted point pressure and assisted special stretches. This deep tissue massage revitalizes body and mind, as well as balances the energy flow, leaving you fully energetic.

HOT STONE MASSAGE

90 minutes

Dwell in warmth of the hot stones and revel in a wealthy number of benefits, including muscle relief, better blood circulation, deeper sleep, enhanced mood, less body toxins, and more sense of comfort. Our exceptional hot stone massage will leave you stress free and full of vitality.

BACK/NECK/SHOULDER MASSAGE

30 minutes

After an in-depth consultation to identify your concern, enjoy a special back/neck or shoulder massage suitable only for you.

BALINESE MASSAGE

60 - 90 minutes

Amble in the bushy island of Bali and indulge in a rewarding experience like no other. Experience a new definition of relaxation with this traditional massage technique based on gentle stretching, acupressure, and aromatherapy oils, stimulating blood flow and oxygen around your body.

PHARAONIC DETOX

60 - 90 minutes

Ravel in a flawless massage experience starting with a dry scrub using fast gentle and comforting strokes during the massage. The kneading, treading, and soothing movements will drain lymph, release tension in the body, and leave you energized.

REFLEXOLOGY SOOTHING EXPERIENCE

60 minutes

Allow vital energy to flow through your body and heal your soul with ancient Reflexology. Our specialized therapists apply different types of pressure on specific reflex points to boost energy levels and circulation as well as relieve stress.



Body

Iridium Spa meticulously crafts leading-edge classic body treatments by Phytomer with proven scientific innovation to present an exotic and results-driven experience.

CLEOPATRA SHIMER RITUAL 45 minutes

Pamper yourself with ancient invigorative body ritual. Start with a beautifying body scrub rich in Red Sea Salt Crystals followed by a nourishing massage, leaving your skin flawless and silky.

MARINE CRYSTAL EXPERIENCE 75 minutes

Dwell in the uttermost parts of the sea and revel in the warmth of our high performing marine body wrap and soothing body massage. This package is perfect for individuals who wish to eliminate toxins, break down fat, re-invigorate skin tissues, and re-energize skin.

RED SEA HOLISTIC RITUAL 90 minutes

Travel back in time and luxuriate in one of the fanciest Pharaonic body rituals assembled to rejuvenate and refresh your skin. Indulge in red sea crystal body scrub followed by our special majestic massage for absolute satisfaction.

PERFECT CONTOUR TREATMENT 75 minutes

Revel in this revolutionary treatment famous for its high concentration of innovative active ingredients that are administered into the deepest layers of the dermis. The treatment drains the body of toxins and impurities and strengthens the capillaries.



Face

Reclaim your youth, beauty, and radiance with our selection of facial treatments provided by Phytomer renowned for delivering clinically proven results. All treatments combine the best of science with the finest ingredients to fashion a one-of-a-kind experience for each guest - men and women alike.

SIGNATURE YOUTH CONTOUR FACIAL

90 minutes

Peel away the years for smoother and more radiant skin with our avant-garde anti-wrinkle and firming facial. Adhering to the highest biotechnology techniques, our facial and massage will restore youthfulness and promote smooth and bright skin.

LUMINOUS FACIAL

75 minutes

Because beauty deserves a masterpiece, luminous facial is a comprehensive treatment aimed at restoring vibrance and radiance into your skin.

HYDRA BLUE PLUMPING

60 minutes

Treat your tired skin with Hydra Blue Plumping. The treatment removes dead skin cells and extracts impurities while enriching the skin with cleansing, hydrating, and moisturizing properties. It will leave you with a velvety soft skin feel.

MARINE SOOTHING FACIAL

75 minutes

Refresh and revitalize your tired face with Marine Soothing Facial recommended for hyper-reactive skin. The facial is rich in natural, light ingredients to soothe irritation and all signs of discomfort effectively.

RED SEA BREEZE FACIAL

30 minutes

Awaken your skin and revitalize its clarity as you unwind in the breeze of Red Sea at The Iridium spa. The facial is the perfect solution for frequent travelers and individuals whose skin suffers from daily aggressors as it deeply restores the skin's clarity, tone, and glow.

EXPRESS BESPOKE FACIAL

30 minutes

Ravel in our splendid bespoke facial treatments tailored to the needs of everyone. Luxurious natural and organic treatments are created to nourish, hydrate, and protect all skin types, leaving the skin as fresh as morning dew.



Men

A collection of luxury treatments using Phytomer products, specially tailored to release tension, improve skin quality and deliver a rewarding experience to our male guests.

FACE

SKIN ESCAPE FACIAL

60 minutes

Escape to a parallel world and enjoy a unique experience with our Skin Escape Facial; an intensive treatment with specific professional products to moisturize, revive, and oxygenate your tired and dry skin.

PURIFYING BLEMISH FACIAL

30 minutes

Put an end to blemishes and enjoy a clear, fresh complexion with our intensive purifying facial. The treatment exfoliates and cleanses the skin without over-drying, leaving the skin refined and clean.

HYDRASEA PLUMPING FACIAL

45 minutes

This face treatment is made particularly for men who suffer from hyper-reactive skin. Crafted with natural ingredients and luscious exfoliators, HydraSea Plumping facial soothes irritation and purifies the skin.

SOOTHING COMFORT FACIAL

60 minutes

Indulge in a sensational experience and retrieve a healthy look. This ultra-light formula offers advanced skin hydration and nourishment while reducing the appearance of skin irritation and tiredness.



Men

BODY

OLIGOMER HOLISTIC EXPERIENCE

90 minutes

Embark on a relaxing and invigorating holistic journey into the heart of Phytomer DNA. This multi-sensorial exfoliating experience is based on Oligomer Phytomer's mythic active ingredient with demineralizing and fortifying benefits that will give your body an all-over boost.

DETOX BALANCE

45 minutes

Treat yourself to utter indulgence and extravagance. A relaxing body massage combined with detoxifying marine products and mud to awaken blood circulation and re-balance your body, mind, and soul.

MASSAGE

AROMATHERAPY MASSAGE

60 - 90 minutes

Explore the power of aromatherapy and its restorative properties to heal your body, mind, and soul. Enjoy a synergy of relaxing therapeutic techniques and specially blended essential oils for a refined serene experience.

ATHLETIC MASSAGE

60 - 90 minutes

Be ready for a deep pressure massage designed to relieve tension in the muscles and the connective tissue. This massage improves performance, circulation, and flexibility, and perfect for those who enjoy strong massages.

