

## INVIGORATE

<b>Continental Buffet</b> . . . . .	<b>12</b>
Starbucks® coffee, juice and all “Cool” items	
<b>Full Breakfast Buffet</b> . . . . .	<b>16</b>
Starbucks® coffee and juice included	
<b>Fresh Berries</b> . . . . .	<b>9</b>
Blackberries, blueberries, strawberries	
<b>Low Fat Greek Yogurt Parfait</b> . . . . .	<b>9</b>
Vanilla yogurt with house made granola	
<b>Berry, Apple, Banana Muesli</b> . . . . .	<b>9</b>
Organic granola, yogurt, honey, apple, walnuts & pomegranate molasses	
<b>Greek Yogurt</b> . . . . .	<b>8</b>
Fresh berries	

## REJUVENATE

Choice of toast and a side, crispy hash browns, arugula & heirloom cherry tomato salad or fresh cut fruit. Egg beaters and Egg whites available upon request

<b>Roast Turkey &amp; Egg White Wrap</b> . . . . .	<b>13</b>
Aged cheddar, spinach, whole wheat tortilla	
❖ <b>Eggs Benedict</b> . . . . .	<b>14</b>
Toasted english muffin topped with Boars Head® Black Forest Ham, 2 poached eggs, topped with hollandaise	
<b>Your Omelet</b> . . . . .	<b>13</b>
Choose 3: Ham, bacon, sausage, spinach, tomatoes, onions, mushrooms, asparagus, mixed peppers, swiss or cheddar cheese. (\$.50 per for additional items)	
❖ <b>Eggs Your Way</b> . . . . .	<b>11</b>
Two eggs as you like with either bacon or sausage	
<b>Egg White Omelet</b> . . . . .	<b>12</b>
Folded with tomato, spinach, green onions, aged white cheddar cheese	

## EAT WELL MENU

<b>Yogurt Bowl</b> . . . . .	<b>8</b>
Cocoa nibs, hemp seeds, banana, peanuts	
<b>Coconut Ginger Chia Pudding</b> . . . . .	<b>9</b>
Blood orange, blueberries, coconut water	
<b>Morning Breakfast Overnight Oats</b> . . . . .	<b>7</b>
Almonds, walnuts, raisins, carrot, granny smith	
<b>Chocolate Peanut Butter Bars</b> . . . . .	<b>7</b>

We believe that feeling good starts with eating well. We empower choice by crafting a variety of food and beverage offerings to suit your individual preferences. We strive to source ethical, sustainable and organic produce wherever possible. We are passionate about providing options that refuel and energize the body, mind and soul.

## SOUTHERN FAVORITES

<b>Turkey and Sweet Potato Hash</b> . . . . .	<b>14</b>
Roasted sweet potatoes sautéed with onions, red & green bell peppers. Topped with 2 poached eggs and chipotle hollandaise sauce	
<b>Almond Steel Cut Oatmeal</b> . . . . .	<b>8</b>
Cinnamon and almond scented oatmeal served with toasted almonds and dried fruit	
❖ <b>Smoked Salmon Benedict</b> . . . . .	<b>16</b>
Smoked bourbon barrel salmon, griddled tomatoes, arugula, poached eggs and dill cream	
❖ <b>Smoked Salmon Breakfast Bowl</b> . . . . .	<b>14</b>
Sautéed arugula, broccoli, mushrooms, diced potatoes, fresh dill, ancho yogurt, feta cheese, poached eggs	
<b>Scrambled Eggs Salmon Tacos</b> . . . . .	<b>13</b>
Corn tortilla, avocado, queso fresco, shredded romaine, salsa served with lime and chipotle yogurt	
<b>Country Sweet Waffle</b> . . . . .	<b>13</b>
Fresh berries, butter and Ohio maple syrup and your choice of bacon or sausage	
<b>Cinnamon-Banana Pancakes</b> . . . . .	<b>14</b>
A stack of fluffy buttermilk pancakes served with Ohio maple syrup	
<b>Steel Cut Oatmeal</b> . . . . .	<b>6</b>

## REVIVE

<b>Freshly brewed Starbucks® Coffee</b> . . . . .	<b>3</b>
<b>Freshly brewed Tazo® Teas</b> . . . . .	<b>3</b>
<b>Juices</b> . . . . .	<b>3</b>
Orange, Apple, Grapefruit, Tomato, V-8	
<b>Milk</b> . . . . .	<b>3</b>
2%, Skim, Almond, Coconut, Soy or Chocolate	

### Westin Fresh by the Juicery

#### Juices

<b>Beet, Carrot, Kale, Apple, Lemon &amp; Ginger</b> . . . . .	<b>7</b>
<b>Orange, Grapefruit, Lemon &amp; Lime</b> . . . . .	<b>7</b>

#### Smoothies

<b>Strawberries, Mint, Honey &amp; Almond Milk</b> . . . . .	<b>7</b>
<b>Kale, Spinach, Banana, Mango, Soy Milk</b> . . . . .	<b>7</b>
<b>Blueberry, Banana, Apple &amp; Soy Milk</b> . . . . .	<b>7</b>

## SIDES

<b>Low Fat Greek Yogurt</b> . . . . .	<b>4</b>
<b>Crispy Bacon</b> . . . . .	<b>5</b>
<b>Saddleberk® Blueberry Maple Sausage</b> . . . . .	<b>5</b>
<b>Hash Browns</b> . . . . .	<b>5</b>
<b>Assorted Dry Cereals</b> . . . . .	<b>4</b>
<b>Freshly Baked Mini Pastries</b> . . . . .	<b>4</b>

❖ May be cooked to order. The Board of Health suggests that raw or undercooked meats or seafood may increase your risk of foodborne illnesses, especially if you have certain medical conditions.