



TATTVA REVIBE

SPA Memberships from Tattva

Tattva Revibe is the perfect solution for making wellness a part of your routine. A membership with Tattva offers you a wide range of value-added extras, in a luxurious environment. A good spa therapy will no longer be a drain on your pocket. We invite you to escape the chaos of your daily life and rejuvenate in an oasis of calm.

Commit to wellness with Tattva Revibe!

Membership Category	Pay	Opening Balance	Effective Discount**	Expected No. of Services***	Validity (in months)	Sharing with Friends & Family
Peace	INR 18000*	INR 24000	25%	8	8	Yes
Serenity	INR 24000*	INR 36000	33%	12	12	Yes
Tranquility	INR 39600*	INR 72000	45%	24	18	Yes



MORE SPA
Attractive membership discounts get you more spa services



CASHLESS
No hassles of payments on each visit



SHARING
Spread wellness cheer with your friends & family



NETWORK
Avail flat 25% off on spa across 50+ Tattva locations #

Tattva Revibe is a prepaid spa membership plan from Tattva.

The membership can be redeemed only at your home centre.**

Pay in advance and go cashless for every booking under membership.

Memberships can be availed during Spa operational hours.

Avail 25% discount through Tranquility Membership for other Tattva locations.

24-hours prior appointment required.

Membership plans are not applicable on spa packages.

* Taxes extra

** Centre where membership is purchased

*** Example referring to 60 minutes Swedish Massage

Number of services will change upon choosing different services

(Calculated assuming only 60 minutes Swedish massage at MRP 3000)



COURTYARD[®]
BY MARRIOTT

Gurugram
Downtown

Courtyard by Marriott Gurugram Downtown

Plot No. B-27, Sector Road, Block B, Sushant Lok Phase I,
Sector 27, Gurugram, Haryana 122002, Tel: 0124 488 8236

Spa Reservation - 8236 | 9999835852

Spa Timing : 09:00 AM to 10:00 PM

www.tattvaspa.com



Revive the spirit
Rekindle the senses
Rejuvenate the mind



Spa Sojourns

Deep Sleep

Hours hunched over a computer, seated in meetings or crammed into an aeroplane seat leads to stress & strain in the lower back, shoulders, neck, hands and eyes. This spa session is your much-needed stress buster.

Inclusive of : Deep tissue massage (60 min) | Indian head massage (30 min) | Leg fatigue reliever (30 min)

120 🕒 | INR 5600

Nourish

Give in to two hours of nourishment for your mind, body and soul. Tattva healer will begin with a deep tissue massage for your tired muscles that uses thumb pressures and deep pressures followed by a revitalising spa facial therapy to detoxify and enliven your facial skin. Be nourished.

Inclusive of: Choice of Swedish or Deep tissue massage (60 min) | Shine facial (60 min)

120 🕒 | INR 5200

Replenish

You are initiated into a journey to reconnect with your inner self through traditional Indian massage, followed by a floral body polisher and ending with an energising clay wrap. A truly rejuvenating experience that balances your body, mind and spirit.

Inclusive of : Abhyanga massage (60 min) | Floral mist body polisher (45 min) | Prithvi wrap (30 min)

135 🕒 | INR 7300

Bliss (Couple Spa)

Our therapists treat you like royalty in a tranquil natural setting and lead you and your love to a state of bliss with the perfect combination of our luxurious therapies of rejuvenation.

Inclusive of : Choice of full body Swedish, Deep Tissue or Abhyanga massage

90 🕒 | INR 8100

Serenity (Couple Spa)

Luxuriate in the candlelight of the couple's treatment suite as you both relax and rejuvenate. Why wait for an anniversary to celebrate togetherness?

Inclusive of : Choice of full body Swedish or Deep tissue massage (60 min) | Shine facial (60 min)

120 🕒 | INR 9100

Unwind Rewind

Avail any 5 massages of 60 minutes each over 15 days.*

(Choice of Swedish, Deep tissue & Abhyanga massage)
*Valid for 15 days only.

300 🕒 | INR 13000

Potali

Our unique therapy based on the Ayurvedic principles of therapeutic application of warmth. The body is massaged with linen potalis stuffed with essential herbs and oils, resulting in relaxation and detoxification. This also helps with harmonising the chi.

75 🕒 | INR 4000

Singnature Tattva Therapy

This is a signature wellness service of Tattva, incorporating yoga stretches along with a massage. This unique technique involves dry and oil based massage, eases muscle tension and energises the body with acupressure movements and stretching. The deep pressure applied during this massage works effectively on muscles and balances the energy levels of the body.

90 🕒 | INR 4800

Jetlag Recovery

The ideal massage to banish the dehydration, fatigue and sluggishness associated with jetlag. These movements are designed to stimulate and invigorate you. Surrender your weary self to our expert healers to leave you feeling renewed.

90 🕒 | INR 5000

Beauty Elixirs

Floral Mist (Body Polisher)

Tattva brings to you a misty fusion of aromatic oils - including palash, saffron and special floral extracts from the Himalayan valley. The gentle exfoliating polisher evens out the skin tone, leaving your skin soft and supple and giving you that dewy glow.

45 🕒 | INR 3000

Vanilla & Nutmeg Smoothie (Body Polisher)

A luxurious creamy treatment that leaves your skin soft and supple, this aromatic mixture provides essential hydration and conditions damaged skin, leaving your body with a delicate sweet fragrance.

45 🕒 | INR 3000

Kalp Vriksha (Body Scrub)

Kalp vriksha is an exceptional coconut-based herbal body scrub that helps hydrate your body and gives you an everlasting effect. This exceptional body tonic cleanses and hydrates the uneven and patchy skin from within.

45 🕒 | INR 3000

Prithvi (Earth's nectar-body wrap)

This rich, detoxifying and firming wrap draws from the goodness of exotic Indian herbs and clay. Its therapeutic properties, drains out the toxins, tighten the skin and leave it with a radiant, youthful glow. Good for all skin types. Recommended with massage or scrub.

30 🕒 | INR 2500

Face Mask Selection

INR 1500

White Mulberry - Peel off mask (Recommended for mature skin)

Green tea- Peel off mask (Recommended for oily/acne prone skin)

Activated Charcoal - Peel off mask (Recommended for cleansing and purifying)

Cleansing Facial

A simple yet effective deep cleansing treatment that helps exfoliate dead skin and blackheads and unclog pores. This treatment refines skin clarity and reduces acne blemishes to leave you with a fresh skin that breathes and glows.

30 🕒 | INR 1800

Shine Facial (Recommended for skin brightening)

With Tattva's Shine facial treatment, indulge your skin with a vivacious experience. Tattva's gentle facial massage, with well-crafted, detoxifying ingredients, revitalizes the skin-cells, rehabilitating the natural texture of your skin. Don't just glow, get your shine back.

60 🕒 | INR 2500

Young & Radiant Facial (Recommended for neglected skin)

Tattva's professional facial for mature and/or neglected skin infuses the skin with scientific ingredients proven to slow the ageing process, helps repair damage and restores freshness back into your skin. The result? Younger-looking radiant skin.

60 🕒 | INR 3500

Hydra Facial (Recommended for dry & patchy skin)

This facial offers deep hydration & nourishment to your skin. It improves skin elasticity and boosts natural skin cell regeneration thereby offering you that flawless smooth skin.

60 🕒 | INR 4000

Express Therapies

Indian Head Massage

This invigorating therapy helps restore the natural sheen of the hair fibre. This massage helps relieve stress from the head, neck and shoulders, creating a profound sense of joy and relaxation.

30 🕒 | INR 1500

Gentle Eye Reviver

The specialized lymphatic drainage massage technique improves the blood circulation around the eyes. It help reduce-eye dark circles and puffiness and natural aromatic oils give you that fresh, dewy look.

30 🕒 | INR 1500

Oriental Back Massage

Originating from the island of Bali, this therapy will soothe internal tissues, and relieve strained muscles and joint pain. We use carefully chosen aromatic oils during the massage to calm the nervous system, making this a serene experience indeed.

30 🕒 | INR 1800

Leg Fatigue Reliever

Based on ancient eastern techniques, reflex zones on the feet and calf muscles are worked on. This is a treatment that balances the energy flow in the body and eases swollen legs and ankles, using a hand-picked combination of soothing natural oils.

30 🕒 | INR 1800

Travel Energizer

The perfect combination of a foot massage and a back massage that is a quick fix relaxation for your body. Our traditional foot massage based on the eastern techniques of reflexology, followed by a de-stressing massage of the upper back, neck and shoulders is soothing experience.

30 🕒 | INR 1800

Health is a state of body

Wellness is a state of being