

QUANTAN SPAN

M E N U

JW Marriott Marquis City Center Doha

Conference Centre Street, West Bay, P.O. Box 9282, Doha, Qatar

Tel +974.4429.5000



JW MARRIOTT

MARQUIS

CITY CENTER DOHA

CARESSED BY WATER

Quan is an experience that embraces one of nature's purest restorative elements: spring water. We believe in the balance between the nurturing power of water and the natural world it nourishes, granting the opportunity for complete release and mindful growth. Our treatments provide a transformative experience that restores through the tranquility and purity of water.

CENTRED BY BREATH

QUAN SIGNATURES

Quan Signatures are our indulgent treatments and packages that give you a unique experience, including a selection with local flair that are exclusive to this Quan location.

BALANCING MESSAGE 90 MINUTES - QAR 790

A gentle yet firm acupressure and palm massage with light pressure follows the body's natural meridian lines for deep relaxation and peace of mind. Ideal for treating jetlag and insomnia.

AROMA VITALITY 60/90 MINS QAR 590/790

This massage combines light to medium pressure using Swedish massage techniques to reduce tension, soothe sore muscles and increase circulation.

THERAPEUTIC HOT STONE 90/120 MINS QAR 790/990

Heated Basalt stones are used for its thermotherapy benefits with gliding massage strokes for a warm relaxing treatment.

Massages

DEEP TISSUE SPORTS
60/90 MINS
QAR 590/790

This deep tissue massage works into the layers of the muscles to naturally help release muscle tension from your body.

TRADITIONAL THAI
60/90 MINS
QAR 590/790

Performed on a traditional Thai mattress, the combination of gentle rocking, deep stretching movements.

MOTHER-TO-BE
60/90 MINS
QAR 590/790

A gentle and caring massage to bring peace and harmony to mother and baby.

FOOT REFLEXOLOGY
30/60 MINS
QAR 390/590

This foot massage will improve vitality by stimulating the blood circulation and relieving stress.

RESCUE RELEASE
30 MINS
QAR 390

A focused massage which quickly helps to release tension and relieve pain in the neck, back and shoulders.

Facials

DEEP CLEANSING FACIAL 90 MINS QAR 790

This results oriented signature facial dramatically lifts, tightens, and firms facial skin, increasing textural clarity and tone.

VEGAN AGE - PROTECT FACIAL 60 MINS QAR 690

Utilizing 100% vegan ingredients and the most cutting-edge antioxidant products this treatment prevents and corrects visible signs of aging giving it a more youthful appearance.

HYDRATING EXPRESS FACIAL 30 MINS QAR 390

A quick cleansing and rehydrating facial for the time-challenged.

BRIGHTENING & REFINING FACIAL 60 MINS QAR 690

Featuring a natural lightening ingredient, this facial will brighten the skin by decreasing the visibility of hyper pigmentation and uneven skin tone.

GENTS FACE & BEARD FACIAL 60 MINS QAR 690

A unique treatment carefully crafted for bearded men which includes a high frequency comb, a shea butter beard mask and a moisturizing beard oil to tame the scruff. – best way to treat a man any day!

Bathing Rituals

BATHING RITUALS 30MIN

Enjoy a soothing bath in an oversized tub in one of treatment suites before or after your treatment.

QAR 390 per person combined with other treatments

QAR 490 per person as single treatment

DREAM TIME

A special blend of Himalayan salts combined with essential oils to encourage blissful relaxation and jet-lag relief.

ROSE BLISS

Enjoy the natural scents of rose to create a sense of inner peace.

Journeys

BACK TO BASICS 2 HOURS QAR 990

*Deep Tissue Sports Massage
Sugar, Salt and Organic Shea
Butter Polish*

TIMELESS RELAXATION 2 HOURS 30 MINS QAR 1350

*Rose Bliss Bath Ritual,
Balancing Massage
Hydrating Express Facial*

ULTIMATE SPA EXPERIENCE 3 HOURS QAR 1650

*Oriental Steambath Cleansing
Ritual, Aroma Vitality Massage,
Brightening and Refining Facial*

Body Therapies

BODY SCRUBS 30 MIN QAR 390

SUGAR, SALT & ORGANIC SHEA BODY POLISH

Sugar, salt, shea and coconut oil polish hydrates as it exfoliates, gentle yet effective and great with sensitive skin.

REJUVENATING CINNAMON VANILLA BODY POLISH

Using brown sugar combined with coconut oil and the light aroma of vanilla and cinnamon is a treat for all of the senses. Recommended for all skin types.

BODY WRAPS 90 MIN QAR 850N

DETOX SLIMMING BODY TREATMENT

A detoxifying and firming treatment beginning with a citrus herbal body brushing to stimulate lymphatic drainage and detoxification. Your body will then be covered in a specialized slimming oil formulated to purify and tone the body.

ORIENTAL STEAMBATH CLEANSING RITUAL 60/90 MINS QAR 650/850

Based on the traditional bathing ritual of the Middle East and Orient using steam, black soap and a thorough scrubbing. This treatment is revitalizing and leaves a soft and satin-smooth skin.

Enhancements

QAR 75

Enhance the quality of your treatment. Select one or as many as you like. No extra time is required and results are effective and immediate.

HOT OIL HAIR AND SCALP TREATMENT

Organic passion flower soothes the scalp while coconut oil leaves your hair hydrated, soft and brilliant. Leave on overnight for extra hydration.

HYDRATING AND AGE-DEFYING HAND OR FOOT TREATMENTS

Soften, hydrate and return youth to your hands or feet with organic shea butter and paracress (nature's answer to botox).

ORGANIC SHEA BUTTER AND SUGAR SCRUB

This hydrating sugar, salt and organic shea infusion provides the perfect polish while soaking in your bath.

SPA

UNIQUE FEMININE

The Quan Spa team is delighted to recommend you the best treatments suited for your body and skin condition.

WHAT SHOULD I WEAR TO THE SPA?

All of our treatment rooms are equipped with changing facilities and we will provide a change of clothing for your session. In addition, please feel free to wear your robe provided in your hotel room.

WHAT SHOULD I WEAR DURING MY TREATMENTS?

Disposable undergarments are offered in our facilities.

IS THERE A MINIMUM AGE REQUIREMENT?

Guests 12 to 16 years of age can experience select treatments. Guests under 12 years are not permitted in the spa.

IS IT NECESSARY TO ARRIVE EARLY FOR MY TREATMENT?

We ask that you arrive at least 15 minutes before your scheduled appointment to allow yourself time to complete a wellness questionnaire, to help us personalize your spa visit.

WHAT IF I AM RUNNING LATE FOR MY APPOINTMENT?

To ensure the best possible spa experience, please ensure you are on time, as treatment times will be shortened for the next guest's appointment. The full price of the treatment will still be charged.

WHAT DO I DO IF I NEED TO CANCEL MY SPA TREATMENT?

If you wish to reschedule or cancel your treatment, please inform us at least 2 hours prior to your appointment time to avoid cancellation charges. All bookings must be guaranteed by either your hotel room number or with a valid credit card.

WHAT DO I DO IF I AM PREGNANT OR HAVE ALLERGIES?

Kindly consult with your physician before signing up for any treatment. We do offer select treatments for pregnant guests. Please make sure to inform the Quan Spa team.



SPA RESERVATIONS

EMAIL: JW.DOHJB.RESERVATIONS@MARRIOTT.COM

TEL: +974 4429 5118

SPA OPENING HOURS

10:00AM - 10:00PM

MONDAY - SUNDAY

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