



# FERDINAND'S

CARIBBEAN CAFÉ

Columbus discovered the Americas when he landed on a small island in the Bahamas in 1492. He made four voyages to the new world and on his final voyage, he and his younger son, Ferdinand, explored the Western Caribbean and the coast of Central America searching for a passage west to Asia. On the voyage, they navigated two of their ships past the Cayman Islands and the scenic shoreline that is now the beachfront home of Ferdinand's. As you enjoy your meal, you can imagine the explorers' ships on the turquoise sea.

## SALADS

<p><b>Field Green Salad with Chia Seeds</b> <span style="background-color: #2e7d32; color: white; padding: 2px;">GLUTEN FREE</span> 12 <i>Chopped greens, beets, fennel and fresh herbs, goat cheese, tomatoes, lemon honey vinaigrette</i></p> <p><b>Heirloom Tomato and Compressed Watermelon Salad</b> <span style="background-color: #2e7d32; color: white; padding: 2px;">GLUTEN FREE</span> 12 <i>Feta cheese, mint, lime, Cayman sea salt, balsamic glaze</i></p>	<p><b>Caesar</b> 12 <i>Romaine lettuce, parmesan cheese, garlic focaccia crouton, marinated white anchovy</i> <i>Add Jerk Chicken +5</i> <i>Add Mahi or Grilled Shrimp +12</i></p> <p><b>Organic Farro Salad</b> 14 <i>Kale/arugula/red onion/tomato/mozzarella/kalamata olives/basil/balsamic vinaigrette</i></p>
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## SOUPS

<p><b>Cayman Conch Chowder</b> <span style="background-color: #2e7d32; color: white; padding: 2px;">GLUTEN FREE</span> 10 <i>Tortuga rum, conch sausage, potatoes, tomato</i></p>	<p><b>Chicken Noodle</b> 8 <i>Egg noodles, celery, carrots, leeks, herbs</i></p>
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## ISLAND FAVORITES

<p><b>Grilled Jerk Chicken Quesadilla</b> 16 <i>Corn and black bean salsa, pepper jack and cheddar cheese, house made guacamole, pickled jalapenos, sour cream, hot sauce</i></p> <p><b>Garlic Shrimp with Lemon</b> <span style="background-color: #2e7d32; color: white; padding: 2px;">GLUTEN FREE</span> 18 <i>Avocado, tomato, arugula</i></p> <p><b>Shrimp or Fish Tacos</b> 20 <i>Pico de gallo, lime crema, jalapenos, cole slaw, cilantro, pickled red onions, lime, flour tortilla</i> <i>Add: lump crabmeat +5 Caribbean lobster +10</i></p> <p><b>Cayman Ceviche with Market Greens</b> <span style="background-color: #2e7d32; color: white; padding: 2px;">GLUTEN FREE</span> 14 <i>Coconut, local seasoning peppers, shallots, ginger, lime</i></p> <p><b>Island Conch Fritters</b> 14 <i>Local greens/scotch bonnet pepper sauce/lime</i></p>	<p><b>Lump Crabmeat Ravioli</b> 18 <i>Mascarpone, leeks, fennel, roasted tomato broth, lemon zest</i></p> <p><b>Nepali Steamed Chicken Dumplings</b> 16 <i>Scallions, garlic, ginger, cilantro, shallots, tomato chutney</i></p> <p><b>Spiced Black Bean Cake</b> <span style="background-color: #2e7d32; color: white; padding: 2px;">GLUTEN FREE</span> 16 <i>Callaloo, local seasoning peppers, grilled pumpkin, roasted pepper coulis</i></p> <p><b>Jerk Chicken Pasta</b> 21 <i>Penne, scotch bonnet, bell peppers, onion, callaloo, cream, parmesan</i></p>
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## BURGER, SANDWICHES & FLATBREAD PIZZAS

<p><b>Grilled Black Angus Burger</b> 18 <i>Half pound of certified angus beef, sesame or whole wheat bun, lettuce, tomato, onion, pickle</i> <i>Choice of American, Swiss, blue or pepper jack cheese</i> <i>Add: bacon, jalapenos, red onion marmalade or mushrooms + 1</i> <i>Add: sunny side up egg + 2 / seared foie gras +14</i></p> <p><b>Cuban Sandwich</b> 14 <i>Roast pork/ham/swiss cheese/pickles/yellow mustard</i></p> <p><b>Turkey Club Sandwich</b> 14 <i>Toasted 7 grain bread, bacon, avocado, Swiss cheese, lettuce, tomato, herb mayo</i></p> <p><b>Shrimp Salad</b> 18 <i>Croissant, avocado, lettuce, tomato, celery, tarragon, chives</i></p>	<p><b>Avocado Toast with Lump Crabmeat</b> 18 <i>Multi grain bread, local greens, heirloom tomatoes, jalapeno, radish, herbs</i></p> <p><b>Grilled Chicken Caesar Wrap</b> 14 <i>Hearts of romaine, marinated white anchovy, garlic breadcrumbs, parmesan, tomato, spinach tortilla</i></p> <p><b>Margherita Pizza</b> 13 <i>House made pizza sauce, mozzarella, parmesan, basil</i> <i>Add pepperoni, mushrooms, onions, olives, anchovies, broccoli + 1 each item</i></p> <p><b>Grilled Truffled Flatbread Pizza</b> 16 <i>Fontina, parmesan, mozzarella, boursin, spinach, caramelized onion, truffle essence</i> <i>Add: sunny side up egg + 2</i></p>
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## MAIN COURSES

<b>Caribbean Seafood Rundown</b> 36
<i>Lobster, shrimp, snapper, onions, peppers, tomatoes coconut milk, scotch bonnet pepper, flour dumplings, okra, pumpkin rice</i>
<b>Banana Leaf Baked Red Snapper</b> 28
<i>Green onion, tomato, bok choy, carrot, peppers, escabeche sauce, jasmine rice</i> <span>GLUTEN FREE</span>
<b>Grilled Atlantic Salmon</b> <span>GLUTEN FREE</span> 24
<i>Arugula salad, hearts of palm, toasted pecans, chipotle strawberry dressing</i>
<b>Sesame Seared Tuna</b> <span>GLUTEN FREE</span> 25
<i>Sweet potato, baby spinach, cherry tomatoes with edamame mint aioli</i>
<b>Pasta Bolognese</b> 24
<i>Spaghetti, three meat ragu, parmesan</i>
<b>West Indies Roti</b> 22
<i>Curried vegetables, kachumber salad, mint chutney raita</i>

<b>New York Striploin</b> <span>GLUTEN FREE</span> 36
<i>Herb fries, green beans, blistered shishito peppers, cherry tomato vinaigrette, lemon black garlic butter + two eggs sunny side up 4</i>
<b>Herb and Garlic Marinated Lamb Saddle Chops</b> 31
<i>Vegetable couscous, lemon yogurt, radish salad, gremolata</i>
<b>Filipino Rice Noodles with Shrimp and Pork</b> 18
<i>Scallions, cabbage, green beans, carrots, soy sauce, soft boiled egg, garlic chips</i>
<b>Truffled Mac and Cheese</b> 18
<i>White cheddar, fontina, gruyere, parmesan, asparagus, truffle essence + 6 oz Caribbean Lobster Tail 35</i>

## DESSERTS

<b>Sticky Toffee Pudding</b> 10	<b>Coconut Tapioca Pudding</b> <span>GLUTEN FREE</span> 10
<i>Vanilla ice cream</i>	<i>Mango chia seed salsa, toasted coconut flakes</i>
<b>Mango Trilogy</b> <span>GLUTEN FREE</span> 10	<b>7 Mile Rum</b>
<i>Mango panna cotta, fresh mango, mango coulis</i>	<b>Seven Layer Chocolate Cake</b> 10
<b>Caramel Banana Pecan Pie</b> 10	<i>Tropical compote</i>
<i>Blueberry compote, fresh berries, chantilly cream</i>	<b>Häagen-Dazs Ice Creams &amp; Sorbets</b> 9
<b>White Chocolate Cheese Cake</b> 10	<i>Vanilla, chocolate, strawberry ice cream</i>
<i>lemon graham sable, blueberry compote</i>	<i>Mango, raspberry, lemon sorbet</i>

## FRESH BY THE JUICERY

<b>Carrot, honeydew melon, turmeric juice</b> 8	<b>Pineapple, cucumber, mint juice</b> 8
<b>Cucumber, honeydew, cilantro juice</b> 8	<b>Watermelon, basil juice</b> 8

## WINES BY THE GLASS

### SPARKLING

CAVIT, PROSECCO, ITALY	12
MARQUIS DE LA TOUR, FRANCE	11
PIPER-HEIDSIECK, FRANCE	22
PIPER-HEIDSIECK ROSE, FRANCE	23

### WHITE

S.A. PRUM, RIESLING 2017, Mosel, Germany	12
OYSTER BAY, SAUVIGNON BLANC 2018, New Zealand	12
LES ROCHES, TOURAINE, SAUV. BLANC 2017, Loire Valley, France	11
LA CREMA, CHARDONNAY 2017, Sonoma, California	15
JOSEPH DROUHIN, CHARDONNAY 2016, France	12
CAVIT, PINOT GRIGIO 2018, Veneto, Italy	11
MARQUES DE CACERES, ALBARINO 2017, Spain	14
CAVIT, MOSCATO 2018, Provincia di Pavia, Italy	10

### ROSE

RICKETY BRIDGE 2018, South Africa	10
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### RED

ERATH, PINOT NOIR 2016, Oregon	15
BERONIA RESERVA, RIOJA 2014, Spain	14
ALTA VISTA, MALBEC 2018, Mendoza, Argentina	11
CHATEAU STE MICHELLE, MERLOT 2015, Washington	12
CATENA, CABERNET SAUVIGNON 2015, Argentina	13
14 HANDS, MERLOT-SYRAH-CAB 2016, Washington	13
JUSTIN, CAB. SAUVIGNON 2016, Paso Robles, California	17
ANTINORI, SANGIOVESE BLEND 2015, Tuscany, Italy	14