

# Daily Lunch Buffet, the Centro Way

*\$37.50 PP*

## Monday

### Soups

- Roasted Pumpkin Soup

### Salad Bar Selection

- An array of Local Crispy Lettuce Greens  
Composition Salad, Dressings, & Other  
Condiments

### Meats

- Grilled Breast filled with sautéed calaloo & feta  
cheese
- Pan Seared Fish with a General Tso fruit Sauce

### Starches

- Chef's Vegetable Creation
- Sautéed Asian Pasta Noodles

### Desserts

- Centro's Pastry Chef Inspiration

*Hot & Cold Beverage Choices*

*Exotic Flavored Water*

## Tuesday

### Soups

- Lentil Peas soup

### Salad Bar Selection

- An array of Local Crispy Lettuce Greens,  
Composition Salad, Dressings, & Other  
Condiments

### Meats

- Mild Jerk Chicken Breast with a mild honey jerk  
sauce
- Roasted Fish & Vegetables in Foil

### Starches

- Rice and peas
- Festival
- Steamed Bammy

### Desserts

- Centro's Pastry Chef Inspiration

*Hot & Cold Beverage Choices*

*Exotic Flavored Water*

# Daily Lunch Buffet, the Centro Way

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## Wednesday

### Soups

- Pepper pot soup

### Salad Bar Selection

- An array of Local Crispy Lettuce Greens, Composition Salad, Dressings, & Other Condiments

### Meats

- Chicken Alfredo
- BBQ Smoked Pork Chops

### Starches

- Sautéed Herb Pasta
- Garlic Bread
- Boiled Corn on the Cob

### Desserts

- Centro's Pastry Chef Inspiration

*Hot & Cold Beverage Choices*

*Exotic Flavored Water*

## Thursday

### Soups

- Cream a pumpkin soup

### Salad Bar Selection

- An array of Local Crispy Lettuce Greens, Composition Salad, Dressings, & Other Condiments

### Meats

- Seared Chicken Breast stuffed with smoked turkey & creamy blue cheese
- Polenta Crusted Fillet with a coconut sauce

### Starches

- Chef's Vegetable Creation
- Daily Potato

### Desserts

- Centro's Pastry Chef Inspiration

*Hot & Cold Beverage Choices*

*Exotic Flavored Water*

# Daily Lunch Buffet, the Centro Way

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## Friday

### Soup

- Jamaican Fish Tea with Beer & Okra

### Salad Bar Selection

- An array of Local Crispy Lettuce Greens, Composition Salad, Dressings, & Other Condiments

### Meats

- Cajun Blackened Fillet with a Mango Relish
- Grilled Chicken breast topped with melted parmesan cheese & tomato sauce

### Starches

- Sautéed Garlic Pasta
- Maple Glazed Ripe Plantains

### Desserts

- Centro's Pastry Chef Inspiration

*Hot & Cold Beverage Choices*

*Exotic Flavored Water*

## Additional Meats or Accompaniment Option

*\$11.50*

- Chinese Roast pork loin
- Braised Oxtail with Broad Beans
- Bourbon Pork Strips

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