



BY JW



BYJW

Welcome to Spa by JW, an experience that favors simplicity over complexity, clarity over mystery. Knowing your time is valuable, we offer express spa treatments as a simple indulgence and our inviting spa lounge is the perfect place to gather with a group or simply unwind and take a moment.

Spa by JW delivers experiential retail and treatments that are tailored to your exact needs and focused on delivering four distinctive benefits — Calm, Indulge, Invigorate and Renew. Whether you're fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalized spa experience that is as effortless as it is rewarding. Begin your journey with your desired results in mind.

## CALM

Reset for a moment of serenity. Find your center by slowing down time, so you're ready to take on whatever comes next.

## INDULGE

You deserve the best. For all that you do, take time for some special nourishment. After all, life's simplest pleasures should not be forgotten.

## INVIGORATE

Stress takes its toll. Embrace your own vitality by replacing what's been lost, enlivening your body and clarifying your mind.

## RENEW

Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.

# CALM

So much is expected of us — to be brilliant, be ready, be connected. Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.



CALM

CALM

## MASSAGE

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### **BE MINDFUL MESSAGE**

*Have your say on pressure and pace with this bespoke massage treatment, allow our talented therapists to customize a massage treatment suited for The Whole You. (80 or 50 minutes)*

### **NURTURING PREGNANCY MESSAGE**

*Give yourself a moment to appreciate the joy of pregnancy and leave the stresses of everyday life behind you. This massage will relieve stress and tension, ease the heavy feeling that can come with pregnancy and help alleviate an aching back. (80 or 50 minutes)*

## FACIAL

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### **FULLY FOCUSED**

*Allow your skin care specialist to create a signature customized facial treatment using organic ingredients focused fully on your skin type and needs. 80 minutes includes back treatment. (80 or 50 minutes)*

# INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.



INDULGE

INDULGE

## MASSAGE

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### **ULTIMATE AROMATHERAPY MASSAGE**

*Be truly pampered with this specialized head-to-toe aromatherapy massage that infuses a personalized blend of powerful therapeutic essential oils. (80 MINUTES)*

### **BE TOGETHER RITUAL**

*Start with an invigorating exfoliating scrub and shower followed by our Be Mindful signature massage. Savor a spa beverage as your feet slip into a warm, therapeutic foot bath and treatment while cherishing memorable moments together. (110 OR 80 MINUTES)*

## BODY

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### **THE BODY CONTOUR**

*Shape and revitalize your body with rare plant stem cells, aromatic orange mimosa extracts and shaping massage techniques used to deliver a unique full body treatment. (80 minutes)*

# INVIGORATE

The stresses of travel and everyday life  
all take a toll, making energy elusive.

Replace what's been lost with treatments  
designed to focus on your body's less  
obvious engines and enliven every facet of  
your being. At Spa by JW, find balance and  
energy on your way to a new vitality.



**INVIGORATE**

## MASSAGE

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### **INTENSIVE MUSCLE RELEASE**

*Enjoy a sense of renewal for sore muscles from this intensely, powerful massage using warming ginger and cajuput oils that reaches the deeper structures of the body. (80 and 50 minutes)*

## FACIAL

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### **PRESCRIPTION THERAPY FACIAL**

*Specific and focused on individual skin challenges including fine lines/wrinkles, dry, oily skin, enlarged pores, hyper-pigmentation, or dull complexion, these prescription therapies are just what the doctor ordered. Our expert skin therapists will customize an advanced cosmeceutical treatment to obtain your optimal skin care results. This highly-experiential treatment leaves you completely relaxed with results you can see and feel. (80 and 50 minutes)*

# RENEW

What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from center. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalized treatment feeling refreshed and rejuvenated.



RENEW

RENEW

## MASSAGE

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### **FOREST THERAPY MASSAGE**

*Bring the serenity of nature to your mind, body & skin. Feel restored from the stresses of modern day living, cleansed of pollution and relieved from restlessness & agitation. Forest Therapy's® unique essential oil blend & treatment massage will reinforce your intention to feel refreshed, tranquil & grounded. (80 or 50 minutes)*

## FACIAL

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### **HYDRA-INFUSION FACIAL**

*Powered by JetPeel, this is the solution to reveal healthy, refreshed, and glowing skin. The JetPeel combined with the most potent cosmeceutical products from Dr. Babor, is a non-invasive multi-step transdermal infusion system that delivers immediate visible results without needles, downtime or skin irritation! It is ideal for all skin types, improves overall skin health. (80, 50, or 25 minutes)*

### **PURE FOREST FACIAL**

*Relax and uncover a pure, glowing complexion with this luxurious facial. Soak in the healing properties of nature's most potent ingredients as they work in perfect harmony to hydrate, purify and repair. 80 minute includes microcurrent and LED Light Therapy (80 and 50 minutes)*

## BODY

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### **STONE CROP BODY TREATMENT**

*Elevate your body ritual with head-to-toe organic healing. This signature treatment extends firming and moisturizing to the entire body. Every inch of you is left soothed and smoothed. (50 minutes)*

# ABOUT SPA BY JW

## SPA DAY PASSES

*Day passes grant access to the fitness center, spa steam room, sauna, experience showers and locker rooms. **Access to lockers based on availability.** (Local Guests \$55, Resort Guests \$40).*

## SPA FACILITIES

*Towels, slippers, toiletries, shower cap and required amenities will be provided for use during your visit. The minimum age of 18 is required for access to the spa and locker rooms areas.*

## FITNESS

*All fitness center guests must be at least 16 years of age. Proper athletic attire and footwear must be worn at all times in the fitness center for the safety of the guests. Fitness classes will be offered daily, please see Spa Curator for more information.*

## SPA GROUPS

*Let Spa by JW cater to your group needs, whether on site at our beautiful spa or by having our team come to your meeting space! From corporate events and spa-themed meeting breaks to bachelorette parties, we work with you to create a memorable experience.*

## SPA BY JW COMMITMENT TO CLEAN

*We take hygiene and cleanliness standards very seriously. You'll notice several enhancements to our practices throughout the entire hotel which include: Enhanced Public Space and Guest Room Cleaning, Social Distancing Practices, Use of Masks for all associates and the addition of Electrostatic Spraying to our cleaning protocols.*

*Pack Your Mask*



## REQUIRED

*We wear because we care - and we require all guests to do the same. The proper use of masks/face coverings is mandatory in all public areas, including Spa by JW, of the hotel.*

# HOW TO SPA

## SCHEDULING AN APPOINTMENT

*To schedule an appointment for a treatment, please speak with our Spa Curator, who will be happy to help you with your selection. Hotel guests can dial the hotel operator and request the Spa by JW. From outside the hotel, please call 407.919.6318. To ensure availability of your preferred time and service, we recommend making your reservation in advance. Online booking for spa available at [www.spabyjworlando.com](http://www.spabyjworlando.com).*

*To enjoy your spa experience to the fullest potential, please familiarize yourself with these Spa Guidelines. At time of reservation please inform the Spa Curator of the following:*

- + Allergies or medical conditions, including pregnancy*
- + If you have a gender preference for your Service Provider*
- + If you have a request for a specific Service Provider*
- + If you are celebrating any special occasions.*

## ARRIVAL TIME

*Please arrive at least 30 minutes prior to your scheduled treatment. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your service will end on time, so the next guest is not delayed. The full value of your treatment will be charged.*

## SPA ETIQUETTE

*In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using mobile devices and taking photos in the spa areas.*

## GRATUITY

*For your convenience, we customarily add a 20% Gratuity to your bill at the end of your visit. Additional gratuities may be offered at your discretion. If you have any questions, please speak with a Spa Curator.*

## CANCELLATION POLICY

*As a courtesy to other guests, we strictly adhere to the cancellation policy. Any treatment canceled less than 24 hours prior to appointment will be charged for the full service. Any appointments rescheduled within 24-hours will result in a \$25 move fee.*



BY JW

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